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DEPARTMENT OF THE ARMY

JONES COUNTY HIGH SCHOOL GREYHOUND BATTALION 339 RAILROAD STREET GRAY, GA 31032

JCHS-JROTC 15 May 2025

MEMORANDUM FOR Raider Coaches

SUBJECT: Memorandum of Instruction (MOI) JCHS Raider Meet – 18 October 2025

- 1. **General Information**. The competition is an open invitation to all JROTCs. There are five events (Team Run (TR), see Annex C), Raider Fitness Challenge (RFC, see Annex D), Obstacle Course (OC), see Annex E), One Rope Bridge (ORB), see Annex F), Cross Country Rescue (CCR), see Annex G), and a Raider Knock Out (RKO) before the award ceremony. RSVP by emailing (michael.mcmillan@jones.k12.ga.us) the registration form (Annex A) as soon as possible for planning purposes. You can submit your form of payment at the competition (preferred) or by mail.
- 2. **Venue/Timeline/Awards.** The Jones County High School (JCHS) Greyhound Corps host its annual JCHS Raider Meet. The top three teams overall, per division (male, coed, female), are awarded trophies, and the top three teams in each division receive streamers for each event.

0700	Grader Meeting	1500	Events Completed
0730	Coaches Meeting	1500	Raider Knockout
0800	Team Run	1515	Award Ceremony
0900	Event Schedule begins		

(See Annex B for locations).

- 3. **Registration.** Final payment is due before your team competes cash or check accepted. Schools may enter multiple teams. The **cost is \$125.00** for the first team, and **\$25.00** for **each additional team**. Make checks payable to JCHS JROTC, 339 Railroad Street, Gray, GA 31032 (see Annex J for W9). Please email the registration form (see Annex A) to CPT McMillan (michael.mcmillan@jones.k12.ga.us) as soon as possible. It will help with the planning process.
- 4. **Teams.** Male and coed teams have up to 14 teammates, only 10 can compete in any event. Coed Teams must have a minimum of (4) four females competing. Female teams have up to 12 members, but only 8 can compete in any event. Cadets will only be allowed to compete on one team; meaning a Cadet on the male team cannot be substituted for one on the coed team.
- 5. **Weather.** Safety is our top priority. If there is severe weather, the competition will stop and move to safety (see Annex H). Cadre and chaperones escort their students and visitors to the JCHS cafeteria if bad weather dictates. A series of three blasts from a

bull horn will signal to stop training and to move quickly to the auditorium. Schools will account for their personnel and notify the JCHS SAI/AI accordingly. Jones County HS SAI/AI will announce all clear, and teams will return to their previous location.

- 6. **Equipment.** Jones County HS equips the events except for the one-rope bridge. Bring enough Swiss seats, snap links, and ropes for your Cadets. Poles are 50 feet apart from each other. If your team needs equipment for the one-rope bridge, let the Jones County HS SAI/AI know. Jones County HS provides helmets to teams for the CCR and OC.
- 7. **Food.** A concession stand is open to purchase food and drinks. There are local restaurants/grocery stores to buy food, drinks, or ice.
- 8. **Parking/Tents.** There is a designated School Bus and personally owned vehicles (POV) parking (see Annex B). Busses will be guided by event personnel. Additional guests can park in designated parking lots. Please put-pop up tents in the designated areas (see Annex B).

9. Medical/Emergencies.

- a. Dangers. The school cadre will ensure they brief/train their Cadets and all other attending personnel about the dangers identified with the Risk Management Work Sheet (RMWS) (see Annex K). Each participating raider team, IAW their school policies, is responsible for assuming their own risk, planning for medical insurance/payments, and securing applicable waivers for their personnel while traveling to/from and participating in the meet. JCHS is not responsible for medical bills or costs through the covenant not to sue (see annex I).
- b. Medical. The Jones County HS Athletic Trainer is onsite to assess injuries and treat them as capable. The Athletic Trainer also has the authority to call Emergency Medical Services (EMS) if necessary (see Annex H)
- c. Problems and Reporting. Report all treated injuries/problems and anyone leaving JCHS due to medical conditions to the Jones County HS SAI/AI. Serious Incident Reports (SIRs) are submitted through the Jones County HS SAI/AI. JCHS will not provide transportation off school grounds. In case of a significant injury, training will immediately cease at that location, the casualty will be assessed, treated, and EMS will be called if necessary. An adult school representative from the injured Cadet's school should escort the Cadet to the medical center (see Annex H).

10. Event Plan.

a. **General Information.** JCHS will provide a map and a rotation schedule during registration (see Annex B for location). This happens after we receive your team rosters and payment. Teams follow the posted schedule to ensure completion by 1500. All events, except the team run, require Cadets to wear ACUs and boots. No headgear is needed. Teams will be assessed time penalties or disqualification from awards for

deviation from the course or dropped equipment, team members not completing portions of the event, foul language, instructor, or Cadet assistance/coaching, etc.

- b. Watching vs. Coaching During Event. No coaching is allowed during events. Team coaches may follow teams through the event to monitor the safety and welfare of their Cadets. Team Captains should relay their questions or concerns about grading to the grader; if the grader cannot resolve the issue, the JCHS SAI/AI will resolve it. Unwelcomed comments hurt morale and may incur team penalties or disqualification if directed toward the judges.
- c. **Use of Tobacco, Drugs, and Alcohol, etc**. This is a school event subject to school discipline policies and procedures. We will not allow tobacco, drug, or alcohol use near Cadets or the competition. The school cadre is responsible for the conduct of its personnel. Please tell parents in advance.
- d. **Uniforms**. All team members must always be in the same uniform; running shoes are authorized for the Team Run. All other events require ACU bottoms, boots, and t-shirts (Team Shirts are encouraged). ACU tops are optional, and no headgear is needed. Gloves are optional at some events. Ensure uniformity for the awards ceremony.
- e. **Scoring.** Composite score sheets are used at each event, and the overall rankings and scores will be emailed out after the event. If a tie occurs, we will use the best overall time as the tie breaker.
- f. **Events.** Teams may skip events but will not be considered for Streamers or Trophies and must remain in assigned sequence order. The map and event schedule copies will be available at the registration site (see Annex B). No team vehicles are allowed between event sites. Ensure the team captain reports and informs the grader which type of team category you are competing in.
- g. The point of contact for this memorandum is CPT McMillan, Michael, and can be reached at michael.mcmillan@jones.k12.ga.us or 478-986-5444.

MICHAEL J. MCMILLAN CPT, Retired Senior Army Instructor

ANNEX A Registration Form



DEPARTMENT OF THE ARMY
JONES COUNTY HIGH SCHOOL
GREYHOUND BATTALION
339 RAILROAD STREET
GRAY, GA 31032

JCHS-JROTC 15 May 2025

MEMORANDUM FOR RECORD

SUBJECT: Registration for the JCHS Raider Meet – 18 October 2025

School Name:
POC:
Number of Teams:
Category of Teams: Male Coed Female
Price is \$125.00 per team and \$25 for each additional team.
Amount Enclosed: (Make checks payable to Jones County High School JROTC, 339 Railroad Street, Gray, GA 31032)
Signature of POC:
Bring your form of payment to registration (preferred) on the day of the competition or mail checks to: Jones County High School Attn: JROTC 339 Railroad Street Gray, GA 31032

Please email this registration form as soon as possible to help with planning: michael.mcmillan@jones.k12.ga.us

ANNEX B ADMIN



ADMIN



ADDRESS: 339 Railroad Street, Gray, GA 31032

- PARKING: Buses have a designated area to park and additional parking opens after the team run is completed.
- TENT: Pop Up tents are authorized in designated areas.
- · CONSESSIONS: Are available for purchase
- LATRINES: Hard structure latrines are available.
- MEDICAL: The Jones County HS Athletic Trainer is on location. Piedmont Hospital is the nearest Hospital and it is 14.5 miles approx. 21 minutes.
- GRADER: Must receive event/safety brief prior to Grading.
- COACHES: Event/safety brief following the graders Brief.
- TRASH: Trash cans are located throughout the area of operation.
- SIR: All SIRs are communicated through Jones County HS SAI/AI. JCHS sends up SIRs to 6th BDE.
- RESULTS: All results are published and sent to schools the following week.
- RAIDER KNOCKOUT: Push-up competition one male and one female from each school. School Cadre Grade.
- AWARDS: Trophies for 1^{st} - 3^{rd} overall each category and Streamers for 1^{st} - 3^{rd} each event for each category.

<u>Timeline:</u> 0700: Graders Brief 0730: Coaches Brief

0800: Team Run

0900: All teams follow scheduled times

1500: Raider Knockout

1515: Awards



ANNEX C JCHS TEAM RUN (TR)

- 1.TASK: Each Team must complete a 1.78-mile Team Run over a designated marked course along a paved and unimproved terrain.
- 2.CONDITIONS: During daylight hours and under existing weather conditions, each Raider Team negotiates the 1.78-mile course consisting of paved and unimproved terrain in their prescribed Raider uniform (ACU/OCP trousers, Team, or brown t-shirt, and running shoes). Coaches, parents, chaperones, or other team members cannot run with the team.
- 3. STANDARDS: Team scores are based on the total time it takes for the Team to finish the course. All Raider Team members must cross the finish line together within the 10-meter rule (that is marked). Time stops when the last member of the team crosses the finish line. Raider Team members cannot push, pull, hold hands, or carry their teammates during the Team Run Event. At No time will a coach, Cadet, team member, parent, chaperone, or Cadre run along or "pace" a Raider Team. Any Raider Team caught violating this rule will be **DISQUALIFIED**. If a Raider Team member drops out of the Team Run Event after the run starts, the Team will ensure the Cadet is taken care of by receiving medical help or other help needed for that team member. Once help arrives, the rest of the team can finish the run if desired. Teams will incur a five (5) minute penalty for each team member who drops out of the run.
- 4. CONCEPT: Coaches and Team Captains are briefed on the task, conditions, and standards during the Coaches' meeting. Team Coaches are responsible for keeping track of their team time. Teams line up at the start line in their respective order. The order will be published with the final rotation schedule. Teams are released at 1-minute intervals. When told to report to the starting line, all teams from the school move forward, and a judge gives the command "Get Ready" and "Go." Time will stop when the last Raider of that team crosses the finish line. 10 Meter rule is in effect at the finish line.

ANNEX C JCHS TEAM RUN (TR)

Score Sheet

SCHOOL NAME			
MALE TEAM	FEMALE TEAM	COED TEAM	
10 METER FINISH BOX RULE	# of Violations	x 30 Sec	
TEAMMATE WAS PUSHED, PULLED, CARRIED, OR HOLDING HANDS	# of Violations	x 50 Sec	
DROP OUT	# of Violations	x 5 Min	
COURSE TIME			
PENALTY TIME			
TOTAL TIME			
COACH SIGNATURE	=		

ANNEX C JCHS TEAM RUN (TR)



TEAM RUN CONCEPT



- The Course is approx. 1.78 Miles.
- Running Shoes are allowed and encouraged.
- Schools line up in order at the Start. The order will be published prior to the start
- · 60 second staggered starts.
- · Stay to the right pass on the left.
- · 10-meter finish box in effect.
- O Turn around point
- Coaches time their own teams with their own stopwatch devices.

START TIMES

0800:	0807:
0801:	0808:
0802:	0809:
0803:	0810:
0804:	0811:
0805:	0812:
0806:	



ANNEX D JCHS Raider Fitness Challenge (RFC)

- 1.Task: Complete the Raider Fitness Challenge course, which is designed to examine the strength, stamina, strategy, and endurance of a team of Cadets over a course approximately ½ mile in length using various obstacles.
- 2. Conditions: During daylight hours and under existing weather conditions, each Raider Team completes the Raider Fitness Challenge. Raider Team uniform: Boots, ACU/OCP trousers, and school T-shirt with sleeves or ACU/OCP T-shirts. ACU/OCP tops may be worn depending on weather conditions.
- 3. Standards: The Team is scored on how long it takes all members to complete the course.

4. Concept:

- a. The grader will command "Get set...Go," which will start the clock. The course consists of the following items in order:
 - 1. A Low crawl obstacle.
- 2. Carry equipment for distance; Water Cans, Ammo Cans, Kettle Bells, and Sandbags (Items weigh 20-40 lbs.).
 - 3. An over or under obstacle
 - 4. A speed agility maze
 - 5. A weighted canoe to carry (canoe weighs between 150-200 lbs.).
 - 6. A burpee jump-up station.
 - 7. Repeat the course in reverse, resetting all equipment.
- b. One team at a time on the course. All equipment must be placed down and not dropped, or the team is penalized. Teams complete the course in reverse so that all items will be where you originally picked them up. Once the last Cadet crosses the finish line, time will stop.
- c. Judges move with the team to assess penalties, redirect teams if they veer off the course, and record their time on the score sheet. Judges review the score sheet with the Team Captain, and both Judge and Team Captain sign.

ANNEX D JCHS Raider Fitness Challenge (RFC)

Score Sheet

School:	_ Male Team	Coed Team	Female Team
Team Captain:			
Penalty	Incidents	Inc	ident Total
Team member fails to negotiate obstacle (30 sec per incident)			
Equipment is dropped (30 sec per incident)			
Failure to return all equipment to its original start point (30 sec per incident)			
Team member fails to attempt all 5 Burpee Jump-Ups (05 sec per incident)			
Failure to complete the course (DQ)			
Cumulative Penalt	y Time		
Event Time:			
Penalty Time:			
Total Time:			
Judges Signature:			
Team Cantain Signature:			

ANNEX D JCHS Raider Fitness Challenge (RFC)



RAIDER FITNESS CHALLENGE CONCEPT



- The Course is approx. 1/2 a mile.
- · S/F: Start and Finish
- Low Crawl Obstacle
- Carry Equipment for Distance
- Over and Under Obstacle
- Zig Zag Obstacle
- Canoe Carry
- Burpee/Jump Up Bars (pull up bars) and Turnaround Point
- Uniform: Boots, ACU/OCP trousers, school tshirt with sleeves or ACU/OCP t-shirts.
- Judges move with the team to assess penalties, redirect teams if they veer off the course, and record their time on the score sheet.



ANNEX E JCHS Obstacle Course (OC)

- 1.TASK: Teams successfully negotiate an Obstacle Course of 13 military-style obstacles.
- 2.CONDITION: During daylight hours under existing weather conditions, Raider teams negotiate the obstacle course. Raider Team uniform: Boots, ACU/OCP, helmet that JCHS provides. ACU/OCP tops may be worn. ALL team members must stay within two obstacles of each other or be penalized. This allows the grader to assess all members as they negotiate the obstacles.
- 3.STANDARDS: Team scores are based on the time it takes for the team to finish the Obstacle Course. All obstacles must be negotiated, and each Cadet has two attempts to negotiate each obstacle. Time stops when ALL Raider Team members and their equipment have crossed the finish line.
- 4.CONCEPT: Each team reports to the obstacle course ready area and will be briefed on the task, condition, and standards for the obstacle course. At this time, they will be issued helmets. The teams will be given time to prepare and conduct any last-minute planning or preparations. When told to report to the starting line, the team moves forward, and a Judge commands "GET READY" and "GO." The team will start negotiating the obstacles.

5. Obstacles Course Consists of:

- a. Tire, Over, and Under (Obstacle #1). Negotiate the tire obstacle by placing your body through the center of the tire. Negotiate the over obstacle by approaching the wall at an angle, placing a hand on the side next to the wall is placed on top of the wall, then, with a straight-arm movement, push the body weight upward. At the same time, the leg on the side next to the wall is thrown upward and over the top, followed by the other leg. In landing, your weight comes down on the landing leg first, followed by regaining your balance on both legs. The free arm serves as a balance. Negotiate the under obstacle by using a low crawl technique to move under the low rail.
- b. Belly Robber (Obstacle #2). Negotiate the obstacle by stepping on the lower log and taking a prone, stomach-down position on the horizontal logs. Crawl over logs to the opposite end of obstacle, then dismount feet first.
- c. Inclining Wall (Obstacle #3). Negotiate the obstacle by approaching the underside of the wall, jumping up, grasping the top, and pulling themselves over the top. Slide or jump down the incline to the ground.

- d. High Step Over (Obstacle #4). Negotiate the obstacle by stepping over each bar; either alternate legs or use the same leg each time while not using their hands.
- e. Six Vault (Obstacle #5). Negotiate the obstacle by vaulting, using one or both hands, or rolling over all of the logs.
- f. 10ft, 8ft, and 6ft Walls (Obstacle #6). Negotiate the obstacles by approaching the wall at a walk or a slow run. Jump upward and grasp the rope or top of the wall. Place the chest on the wall and kick vigorously upward and over with both legs. Keep your body as close to the top as possible to maintain a low silhouette. A rope and platform are available on the 10ft. wall. Cadets must climb down the 10ft. wall; jumping off the platform is NOT authorized.
- g. Easy Balancer (Obstacle #7). Negotiate the obstacle by walking up one inclined log and down the one on the other side to the ground.
- h. Parallel Bars (Obstacle #8). Negotiate the obstacle by grasping two ladder rungs and swinging yourself into the air. Negotiate the length of the ladder by releasing one hand at a time and swinging forward, grabbing a more distant rung each time.
- i. A-Frame Cargo Net Climb (Obstacle #9). Negotiate the obstacle by grasping the rope rungs overhead and stepping up on the lower rope rungs. Reach up with the right arm to grasp a higher rung while simultaneously stepping up with the left leg. Position the body over the frame and descend the net on the other side using the same technique.
- j. Culvert Tubes (Obstacle #10). Negotiate the obstacle by performing a high crawl technique. Move one hand forward while simultaneously moving the opposite knee forward. Continue moving on hands and knees alternatingly and continue this technique until you exit the tunnel.
- k. Rope Climb (Obstacle #11). Negotiate the obstacle by anchoring the feet. Stand up, pushing down with the legs. Reach overhead and re-grasp the rope. Draw your knees toward the chest. Re-anchor the feet on a higher point on the rope. Repeat sequence until your hand is parallel with Blue Marking Tape then climb down the rope.
- I. Low Crawl (Obstacle #12). Negotiate the obstacle by moving forward under the rope, on your stomach, to the end of the rope obstacle.
- m. Tires (Obstacle #13). Negotiate the obstacle by placing one foot in every tire center.

ANNEX E Obstacle Course (OC)

Score Sheet

School: I	Male Team	Coed Team	Female Team
Team Captain:			
Penalty	Incid	ents	Incident Total
Team member fails to negotiate an obstacle. (30 sec per incident).			
Parallel Bars failure to place 2 Hands First and last bars (30 sec per incident).			
10 Foot Wall jumping off the platform, did not climb down (5 minutes per incident).			
Team member drops out (5 minutes per incident).			
Team member is ahead of more than two obstacles (30 sec per incident).			
Cumulative Penalty	/ Time		
Event Time: + Penalty Time:			
Total Time:			
Judges Signature:			
Team Captain Signature:			

ANNEX E JCHS Obstacle Course (OC)

雄 OBSTACLE COURSE CONCEPT 🌉



ANNEX F JCHS One-Rope Bridge (ORB)

1. TASK: Construct a one-rope bridge spanning 50 feet.

2. CONDITIONS:

- a. Under existing weather conditions and in a field environment, each Raider Team crosses an open field on a one-rope bridge spanning 50 feet.
- b. Teams will make only one timed crossing and will compete against the clock. Time will not stop during the conduct of the event unless teams go over the 10-minute time limit. Penalties will be assessed for rule infractions and safety lapses. Total event time will be calculated from the crossing time plus any accessed penalty time.
- c. All team members must cross the obstacle on the rope except for the first and last Raider.
 - d. The uniform may be adjusted as needed depending on the heat category.
- e. Each Raider team is responsible for providing their own equipment. If a team needs equipment, contact the Jones County HS SAI/AI and we'll help to figure it out.

3. STANDARDS:

- a. Reference and IAW Standard Operating Procedures (SOP) 6th BDE JROTC Raider Challenge Competitions.
 - b. No pre-tied knots in the main rope.
- c. First and last team members are not required to wear rappel seats when they cross but must have the rope attached to their bodies.
 - d. All other members must use rappel seats and snap link.
- e. Scores will be based upon the event completion time plus penalties assessed as described further in this briefing.
- f. Time will start when the grader says "go" and will stop when the team leader yells "clear". at that time all knots must be cleared of the rope and all equipment and personnel should be on the far side to avoid penalty.

ANNEX F JCHS One Rope Bridge (ORB) Score Sheet

SCHOOL:	TM CHECK IN TIME	TEAM TYPE: Male / Female / Coed
Disqualification Penal	ties: ts or less than four females and 2 n	nales on a Cood Toam
Walking/Running Rope Bridge Fail	across obstacle vs. crossing on ropure	De.
Use of Speed Tig More than four R	htener (twisting dowel/stick or the saiders snapped into the rope bridge	snap links in the knot.) at one time.
Only 9 competitoDQ-Intentionally	rs 50 second penalty taking Penalties to save Time.	
	s: 20 second TEAM penalties per fety, or Figure 8 not used for Far-Si	
Far-Side Raider f	rails to cross IAW TC 9-97.61 Estak not belayed while crossing the dead	olishing the Far Anchor
Incorrect far-side minimum of 4 wraps)	knot anchor knot (round turn w/2 h	alf hitches –or- tensionless anchor with a
Single locking sn	tie a proper wireman or figure 8 sli ap link not 9kn or higher and prope	rly locked.
locked and away from t	he loop)	steel carabineer opening gate must be up,
forming an "X" when de		pap link) are not opposed with the gates
Any Raider is sna Crossing Penaltie Danger area viola	apped into the bridge rope prior to thes: 20 second penalties per ation(s)	ne near side knot being completed.
Failure to bring a	lers snapped into the rope bridge at Il rope bridge equipment and gear r o back feed the rope is not part of r	not grounded in staging area across. (Duffle
Near-Side or Far Near-Side Raide Near-Side Raide	ties: 20 second TEAM penalties pro-Side knots untied prior to last Raid refails to cross IAW TC 3-97.61 Estar not belayed across the danger are snap links are not out/off rope prior	er being removed from rope. ablishing the Far Anchor a.
TOTAL TEAM PENAL	TIES ROPE BRIDAGE: x 20	seconds =Minute(s),Seconds
RAW TIME:Mir	nute(s),Seconds,10	Oths of Seconds
FINAL TEAM ADJUST	ED TIME :Minute(s),	-Seconds,10ths of Seconds.
Judge Name/Signature	:	
Team Captain Name/S	gnature	

ANNEX G JCHS Cross Country Rescue (CCR)

- 1.TASK: Raider Team transports a simulated casualty, using a litter, over a .73-mile course on unimproved terrain. There are three obstacles (10- and 8-foot walls, culvert tubes, and an over-and-under obstacle) that all Team members with weighted assault bags (NOT the Litter) must negotiate along the route. The objective is to complete the course in the shortest time.
- 2. CONDITIONS: Raider Team uniform: Boots, ACU/OCP trousers, school T-shirts with sleeves or ACU/OCP T-shirts, helmet (JCHS provides). Each Raider Team must begin and end this event with the same members. No substitutes are allowed after the event starts. Each raider team will carry a litter weighing approximately 95 pounds and three assault bags weighing 25 pounds over a marked course. Each raider team will be given time to prepare for this task. There are three obstacles that all team members, with the assault bags, must negotiate along the route. The litter is placed next to the obstacle and retrieved after negotiating the obstacle.
- 3. STANDARDS: Raider Teams check in with the graders, and the grader will notify the team when the preparation time begins. Teams start and finish from the same location. Upon the command "GO" each Raider Team will transport the weighted litter and the assault bags through the course in the fastest possible time. Upon reaching the three obstacles, all team members must negotiate the obstacles to include team members with assault bags. The litter is placed next to the obstacles and retrieved after negotiation of the obstacle. Raiders are NOT allowed to jump off the 10-foot wall platform and must climb down the obstacle, or a penalty is added per incident. All member equipment and team members must cross the finish line before time is stopped.
 - a. Equipment will not be thrown or dragged.
 - b. The assault bags will not be carried on or attached to the litter in any manner.
- c. Each Raider Team Captain may task organize their Teams and decide how many Cadets carry the litter and who is carrying the assault bags, and how they switch off during the actual event.
- d. A raider team member can place their equipment down prior to crossing the finish line and go back to aid their team members. If a Raider crosses the finish line, they may NOT go back and help their team.
- e. Once ALL Raiders and all equipment have crossed the finish line time will STOP. A five (5) minute penalty is added for any equipment not past the finish line.

ANNEX G JCHS Cross Country Rescue (CCR)

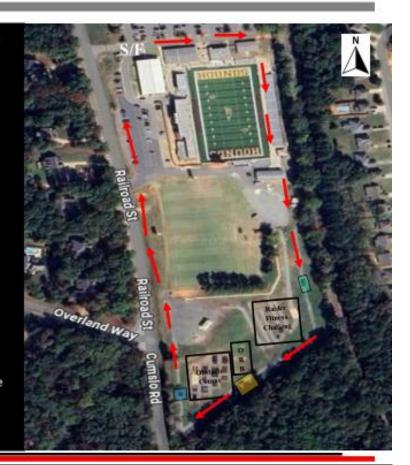
Score Sheet

School:	Male Team Coed	Team Female Team
Team Captain:		
Penalty	Incidents	Incident Total
Team member fails to negotiate an obstacle (30 sec per incident).		
10 Foot Wall jumping off the platform, did not climb down (5 minutes per incident).		
Failure to complete the course (DQ).		
Equipment is thrown (30 sec per incident).		
REQUIRED Equipment not across the finish line after time has stopped (5 min per incident).		
Cumulative Penalty T	ime	
Event Time:		
Penalty Time:		
Total Time:		
Judges Signature:		
Team Captain Signature:		

ANNEX G JCHS Cross Country Rescue (CCR)

₫CROSS COUNTRY RESCUE CONCEPT

- The Course is approx..73 mile in length.
- · S/F: Start and Finish
- 10-foot and 8-foot Wall Obstacles
- Culvert Tube Obstacle
- Over and Under Obstacle
- Uniform: Boots, ACU/OCP trousers, school t-shirt with sleeves or ACU/OCP t-shirts, helmet.
- Upon reaching the three obstacles all team members must negotiate the obstacles to include team members with ruck sacks.
- The litter is placed next to the obstacles and retrieved after negotiation of the obstacle.
- Raiders are NOT allowed to jump off the 10-foot wall platform and must climb down the obstacle or a penalty is added per incident.



ANNEX H Severe Weather and Medical Concept



SEVERE WEATHER AND MEDICAL CONCEPT



CONCEPT OF THE OPERATION:

This is a three-phase operation.

Phase I, Phase I, planning and preparation, begins with reviewing 2024 AAR and ends with rehearsal. Critical to this phase is confirming the Athletic Trainer is scheduled. SAI/AI reconfirms all equipment, personnel, and procedures are in place prior to the competition. Prior to schools' checking in and at check in schools receive Severe Weather and Medical Concept. SAI/AI, execute a rehearsal prior to execution of the event. SAI/AI answers RFIs prior to the start time.

Phase II, execution, begins with making a weather call, if necessary, the day prior and ends with the last school leaving school grounds. Critical to this phase is reacting appropriately to the situation. Graders and coaches receive a safety/event brief from SAI/AI prior to the first team executing the event. The medical and severe weather

plan is disseminated at this brief.

Medical: The host school Athletic Trainer is located at the medical tent near the obstacle course. The trainer is available to assess and treat injuries as capable. The trainer can recommend or call EMT as necessary and the Host and visiting School SAI/AI are notified. If evacuated from the school grounds by EMT or visiting school transportation the closest hospital is Piedmont Hospital, in Macon, GA (14.5 miles,

approx. 21 minutes).

Severe Weather: When severe weather is imminent a call is made and announced to all personnel at the competition. An Announcement is made for all people to move to the cafeteria and the Greyhound Staff assist visitors with the fastest route to the cafeteria. After the severe weather has passed SAI/AI make the call to continue the

competition or cancel the remaining events.

SIRs: The SAI/AI send SIRs to 8 BDE as they occur.

Phase III, recovery, begins after the last has left the host school rounds and ends when all recovery tasks are complete. Critical to this phase is confirming all SIRs have been sent to 6th BDE. Greyhound staff secure all equipment. A formal AAR is conducted the following week

- TASK ORG:
 SAI/AI: CPT McMillan/SFC Kingston Staff: Greyhound BN and
- Medical: Jones County HS Athletic
- EMT: Local

SUSTAINMENT:

- CLASS I
- Food and water sold at concession
- Visiting schools provide their own
- CLASS VIII
- 1 x First Aide Bag at Medical Tent - Arm Immersion
- UNIFORM:

TASK TO SUBORDINATE UNITS:

- Athletic trainer notifies SAI/AI o injuries, any MEDEVAC/EVAC. - Greyhound

- ACU/OCP trousers,

d Staff assist visito encase of severe w		- School t-shirt t-shirts.	with sleev	es or ACU/OCP	
raining Model Training I Certify Leaders a Reconnaissance Order e	2. Gra 3. SA 4. Gre 5. Gre 6. Rai	yhound Staff Brief yhound BN der Competition mal AAR	1. 2. 3. 4. 5. 6. 7.	Date APR-17 OCT 2025 18 OCT 2025 28 SEP 2025 JUL 2025 17 OCT 2025 18 OCT 2025 20 OCT 2025 18 OCT 2025	



PH I: P	lanning and Preparation	PH II: Execution	PH III: Recovery
17 OCT	17 OCT	18 OCT	20 OCT
0830-1500:Staff Rehearsal	1600 LITC : Presetup	0630: Setup complete 0700: Graders Brief 0700: Graders Brief 0730: Coaches Brief 0800: Ahletic Trainer available 1600: All schools have left the grounds and the Athletic Trainer is not available	0800-1500:AAR

ANNEX I Covenant Not to Sue

Covenant Not to Sue Statement Required by Privacy Act of 1974

1. AUTHORITY. Title 10, US Code 2102

(relationship to Cadet)

(signature of witness)

- 2. PURPOSE. To release the U.S. Government, service Junior ROTC, and any high school or school district from liability for injury, death, or damages for Junior ROTC Cadets participating in voluntary training programs.
- 3. ROUTINE USES. Normal personnel actions. Disclosure of information may be provided to proper authorities in actions regarding law enforcement, legal actions as a result of injury or death, and investigations of accidents resulting from such voluntary training.
- 4. Mandatory or voluntary disclosure and effect on individual not providing information: disclosure is voluntary. Failure of the individual to complete this form will disqualify the Junior ROTC Cadet from participating in specific voluntary training. I (parent/guardian), _____, residing at (street address, city, state, zip) do hereby agree that in consideration for allowing my child to participate in the Jones County High School Junior ROTC Raider competition conducted at Jones County High School, and whereas she/he is doing so entirely on her/his own initiative, risk and responsibility; and being fully aware of the risks adhering to this type of training, I hereby RELEASE AND DISCHARGE FOREVER the United States Government, the State of Georgia, any high school and associated school district and all of their officers, agents, and employees, acting officially or otherwise, from any and all claims, demands, actions, or cause of action, on account of my child or on account of any injury to my child which may occur from any cause during said activity or continuances thereof; and I do further covenant and agree to hold the said organizations above, their officers, agents, and employees blameless for any and all damage which my child may cause either intentionally or through his/her negligence. (signature of participating Cadet) (signature of parent or quardian) (print name of parent or guardian) (print name of participating Cadet)

(date of signature)

ANNEX J JCHS W9

Request for Taxpayer Give Form to the W-9 **Identification Number and Certification** requester. Do not (Rev. October 2018) send to the IRS. trees of the Trees ➤ Go to www.irs.gov/FormW9 for instructions and the latest information. n an your income tax return). Name is required on this line; do not leave this line blank ONES COUNTY BOARD OF EDUCATION Tones County High School

3 Check appropriate box for federal lax stastistation of the person whose name is entered on line 1. Check only one of the following seven boxes. 4 Exemptions (codes apply only to certain entities, not indi-instructions on page 3: ☐ Individual/solo proprietor or ☐ C Corporation ☐ S Corporation ☐ Partnership single-member LLC 8 Exampl payee code (if any) Print or type. In Instructions □ Limited liability company. Enter the tax classification (C=C corporation, S=S corporation, P=Partnership) > Note: Check the appropriate box in the line above for the tax classification of the single-member owner. Do not check LLC if the LLC is classified as a single-member LLC that is classified to a single-member LLC that is not disregarded from the owner for U.S. federal tax purposes. Otherwise, a single-member LLC the is disregarded from the owner should check the appropriate box for the tax classification of its owner. Examption from FATCA reporting code (if any) GOVERNMENT ✓ Other (see Instructions) Requester's name and address (options) 5 Address (number, street, and apt. or suite no.) See instructions. 125 STEWART AVENUE City, state, and ZIP code **GRAY, GA 31032** List account number(s) here (optional) Taxpayer Identification Number (TIN) Enter your TIN in the appropriate box. The TIN provided must match the name given on line 1 to avoid backup withholding. For individuals, this is generally your social security number (SSA), However, for a resident allen, sole proprietor, or disregarded entity, see the instructions for Part I, inter. For other entities, it is your employer identification number (EIN). If you do not have a number, see How to get a TIN, later. Note: If the account is in more than one name, see the instructions for line 1. Also see What Name and Number To Give the Requester for guidelines on whose number to enter. 0 2 7 2 0 0 8 Parisil Certification Under penalties of perjury, I certify that: 2. I am not subject to backup withholding because: (a) I am exempt from backup withholding, or (b) I have not been notified by the internal Revenue Service (iRS) that I am subject to backup withholding as a result of a failure to report all interest or dividends, or (c) the IRS has notified me that I am no longer subject to backup withholding; and The number shown on this form is my correct texpeyer identification number (or I am waiting for a number to be issued to me); and 3. I am a U.S. citizen or other U.S. person (defined below); and The FATCA code(s) entered on this form (if any) indicating that I am exempt from FATCA reporting is correct. Certification instructions. You must cross out item 2 above if you have been notified by the IRS that you are currently subject to backup withholding because you have tailed to report all interest and dividends on your tax saturn. For real estate transactions, Item 2 does not apply. For mortgage interest paid, acquisition or abandomment of secured property, cancellation of debt, contributions to an individual retirement arrangement (IRA), and generally, payments of the interest and dividends was an order of child before the contributions. other than interest and dividends, you are not required to stop tips certification, but you must provide your consect TIN. See the instructions for Part II, later. Sign Signature of U.S. person > Here Form 1099-DIV (dividends, including those from stocks or mutual **General Instructions** Form 1099-MISC (various types of income, prizes, awards, or gross Section references are to the Internal Revenue Code unless otherwise noted. proceeds Future developments. For the latest information about developments related to Form W-9 and its instructions, such as legislation enacted after they were published, go to www.irs.gov/FormW8. Form 1099-B (stock or mutual fund sales and certain other transactions by brokers) Form 1099-S (proceeds from real estate transactions) Form 1099-K (merchant card and third party network transactions) Purpose of Form Form 1098 (home mortgage interest), 1098-E (student loan interest). An individual or entity (Form W-9 requester) who is required to file an information return with the IRS must obtain your correct taxpayer identification number (TIN) which may be your social security number (SSN), individual taxpayer identification number (TIN), adoption taxpayer identification number (ATIN), or employer identification number (ITIN), to report on an information return the amount paid to you, or other amount reportable on an information return. Examples of information Form 1099-C (canceled debt) Form 1099-A (acquisition or abandonment of secured property) Use Form W-9 only if you are a U.S. person (including a resident allen), to provide your correct TIN. If you do not return Form W-9 to the requester with a TIM, you might be subject to backup withholding. See What is backup withholding.

Cat. No. 10231X

returns include, but are not limited to, the following. . Form 1099-INT (Interest earned or paid)

later.

ANNEX K RISK ASSESSMENT WORKSHEET

PREVIOUS EDITION IS OBSOLETE.

	4. SUBTASK/SUBSTEP OF MISSION/TASK	5. HAZARD	6. INITIAL RISK LEVEL	7. CONTROL	8. HOW TO IMPLEMENT/ WHO WILL IMPLEMENT	9, RESIDUAL RISK LEVE
+	School adjust trisk manageme worksheet as o change i.e. we (Stoems, hot, o availability, ex - Dress Approp Hydrate Night category/monit BULB every b - Arm interest H are available for injury mitigation of the conclust and		- SAI/Al from Host School adjust the daily risk management work sheet as conditions change i.e. weather (Storms, hot, cold), cadre availability, etc. - Dress Appropriate/ Hydrate Night Prior/heat category/monitoe WET BULB every beur. - Arm immersion tanks are available for heat injury mitigation.	How: - Conduct Risk Assessment Safety Briefing at the Grader and Coaches Brief Check wet bulb readings hourly through the Perry Weather App Treatment assistance provided by the Host High School Athletic Trainer Direct Supervision by all Cadre and chaperons. Who: - Graders	м	
				Couches and Graders are briefed on the location of arm immersion tanks and the athletic trainer location prior to the start of the event. Vhaded areas are utilized when available. Should an injury occur assess the situation, call	- All Cadre - Chaperons - Event Staff - SAI/AI	
Raider Meet Events + - Team Run (TR)	М	911, treat the cassalty. - SAI/AI from Flost School adjust the daily risk management worksheet as conditions change i.e. weather [Storms, bot, cold), cadre model-liby, on - Conduct weather checks; instruct Graders, Coaches, and event staff current conditions.	Henar - Conduct Risk Assessment Safety Briefing at the Grader and Coaches Brief. - Check Weather App for changing weather readings. Direct Experies by all Cadre and chaperons. - Amounte changing conditions. Who:	L		
			Knowledge and use of Lightning Protection Areas (LPA), Jones County HS Carfeeria. Encase of imminent severe weather an amouncement is made and move all personnel is the JCHS Cafeteria.	- SAB/AI - All Cadre and Chaperons. - Event Staff		
		- Conduct reconnaissance of Team Bun Route and check for and remove any hazards. - Mark any hazard that cannot be removed and provide an alternate route. - Close off mute to vehicle movement. Notify foral Shriff? Police and request route security assistance.	How: - Safety and event Brief prior to execution of the munt - Walk or drive route and remove any hazards Use traffic cones to block off route Request sheriff/police to practide personne at fittelian points.	L		
			Who: - SAI/AI - Sheriff - Police			

	4. SUBTASK/SUBSTEP OF MISSION/TASK	6. HAZARD	6. INITIAL RISK LEVEL	7. CONTROL	8. HOW TO IMPLEMENT/ WHO WILL IMPLEMENT	9. RESIDUAL RISK LEVE
•	One Rope Bridge (ORB)	- Rope Burns - Falls during event	М	Maintain proper wear of equipment. Brief task, condition, standards. Coaches train their Cadets on proper procedures.	How: - Safety and event Brief price to execution of the event. Back brief from team captains Cadre and Grader control and constant supervision. Who: - Visiting Cadre - Graders - SAI/AF	L
*		- Bodily injuries Due to improper negotiation of	м	Conduct reconnaissance of RFC Route, check for and remove any hazards. Mark any hazard that cannot be removed and provide an alternate route. Brief task, Conditions, Standards, Grader moves with team to ensure safety standards are met.	How: - Walk the route and remove or mark hazards. - Safety and event Brief prior to execution of the event. Back brief from team captains. - Grader follow the team to ensure safe and proper execution of events.	L
					Who: - Graders - SAI/AI	
•	Cross Country Resoue (CCR)	Injury due to terrain Bodily injuries Due to improper negotiation of obstacles.	М	- Conduct recennalissance of CCR Route, check for and remove any bazards Mark any hazard that cannot be removed and provide an alternate route Brief task, Conditions, Standards, station event staff at the walls to ensure safety standards are met Provide helmets for comporing Cadets Obstacles have import reducing material under and surrounding the obstacle IAW FM 7-22 (2012) Ropes, a platform, and handles assist Cadets negotiating the 10ft wall obstacle Cadets will not negotiate obstacles with the litter.	How: - Walk the route and remove or mark hazards. - Safety and event Brief price to execution of the event. Back brief from team captains. - Cadets wear helmets during the event. - Mark off area to place the litter at each obstacle and brief the Cadets not to negotiate an obstacle with the litter.	L
					Who: - Graders - Event Staff' - SAI/AI - JCHS provides helmets	

Athletic Trainer's location.

	4. SUBTASK/SUBSTEP OF MISSION/TASK	5. HAZARD	4. INITIAL RISK LEVEL	7. CONTROL	8. HOW TO IMPLEMENT/ WHO WILL IMPLEMENT	9. RESIDUAL RISK LEVE
+	Obstacle Course (OC)	Injury due to terrain Bodily injuries Due to improper negotiation of obstacles. Falls or rope burns during the Rope Climb obstacle.	м	- Conduct recommissance of OC Route, check for and remove any hazards Mark any hazard that cannot be removed and provide an alternate mute Brief task, Conditions. Standards, Grader moves with team to ensure safety standards are met; - Provide belimets for competing Cadets Obstacles have impact reducing material under and surrounding the straught of the property The rope climb has knots in the rope to assist in the climb. Crash Pads are placed below the ropes, plus the impact seducing material Ropes, a platform, and handles assist Cadets negotiating the 10th wall obstacle.	How: - Walk the route and temove or mark hazards. - Safety and event Brief prior to execution of the event. Back brief from team captains. - Cadets wear helmets during - Grader follows the team to ensure safe and proper execution of events. the event. Who: - Graders - Event Staff - SAI/AI - JCHS provides helmets	i.E.
10. OV	ERALL RESIDUAL RISK I	EVEL (All controls imple	mentedy:			
	EXTREMELY HIGH	HIGH		⊠ MEDIUM	LOW	
etc SAI/A Non-M - Safety executi Rope B - Grade - Helmo	RALL SUPERVISION PLAN And adjust the daily rish man all conducts inspection of all ission Capable (NMC) and a Brief and event execution on brief to Raider teams provided. The provided and worn of	AND RECOMMENDED CO- agement reveloped to or ill equipment for services Inform all Coaches, Gra is briefed by SAI/Al du- for to the execution of the Raider Fitness Challenge during the execution of the	militions change billity and routes ders, and Team ring the graders a e Obstacle Coun- maintain a visua ne Cross Country	i.e. weather (Storms, hot, for hazards prior to execu- Captains of NMC obstach and coaches brief. Grader se, Cross Country Rescue al of the team to ensure sa Rescue and Obstacle Co	sold), malfimations, oadra ation. Clearly mark all obst es. s conduct a Safety Brief an , Raider Fitness Challenge, afety protocols are being fo	acles that a d event and the Or llowed.