

# Coastal Georgia Raider Invitational



## EVENT BRIEF

Jekyll Island, Ga  
26 September 2025



A wide-angle photograph of a beach at sunset or sunrise. The sky is filled with large, white, fluffy clouds against a blue background. The sun is low on the horizon, casting a warm, golden light across the scene. The ocean is visible on the left, with gentle waves washing onto the shore. The beach is composed of dark, wet sand, reflecting the light from the sky. On the right side of the image, there is a line of dark, leafless trees and shrubs. The word "Overview" is written in a large, white, sans-serif font across the center of the image, partially obscuring the beach and the horizon line.

# Overview





Water Park

Rope Bridge

6K Ruck

Team Run

RFC / Sandbag

Camp Jekyll | Georgia  
4-H | CAES | UGA

HQ / Billeting / Awards

# Event Layout





Restroom

Bus /  
Trailer

Sandbag /  
RFC

Team Tents

HQ

Medical

Awards

Concessions

Billeting

Restroom

Beach  
Access

Facility Map



# Registration / Billeting

- Registration
  - 4H charges a conference and admin fee per person
  - \$15 per participant (including instructors)
  - Confirm team attendance NLT September 1st
  - Registration / Billeting payment can be mailed or paid on arrival
  - **Example – 14 Cadets / 2 Instructors = \$240**
  - Parents / Spectators are free
- Billeting
  - \$25 per person (including instructors / chaperones)
- Total Cost
  - Registration and Billeting (if staying on-site)
  - **Example – 14 Cadets + 2 Instructors w/Billeting = \$640 total registration cost due to Glynn Academy MCJROTC**

# Event Admin

- Check-in
  - Thursday 1600-1900 at Camp HQ
  - Friday 0600-0730 at Camp HQ
  - Hold Harmless forms will be collected
- All-Hands Brief
  - 0830 in Auditorium (Camp HQ)
  - Safety and event brief for entire team
  - Uniform for all cadets will be PT gear (team run immediately following)
- Parking
  - Adjacent lot for buses / trailers
  - Spectator parking in soccer complex
  - Parking along road but cannot interfere with path

# Camp Billeting

- 80 Total racks on first come basis
  - 48 Male / 32 Female
  - 8 Male / 4 Female Adult racks available
- Combining schools, separated by gender
- Schools bring own linen / sleeping bags
- Check-in
  - 1600-1900 Thursday, 25 September
  - Late arrivals need to coordinate with MSgt Strohsahl prior
- Checkout
  - 0730 Friday, 26 September
- **Reserve through registration form**
  - **Contact MSgt Strohsahl with estimate ASAP**
  - **Final count due September 1st**



# Camp Facilities - Billeting



**Billeting**



**Billeting**



**Cadet Racks (Pods of 4)**



**Instructor Room - Male  
Racks (x4)**



**Instructor Head - Male**



**Instructor Room - Female  
Racks (x2)**



# Medical

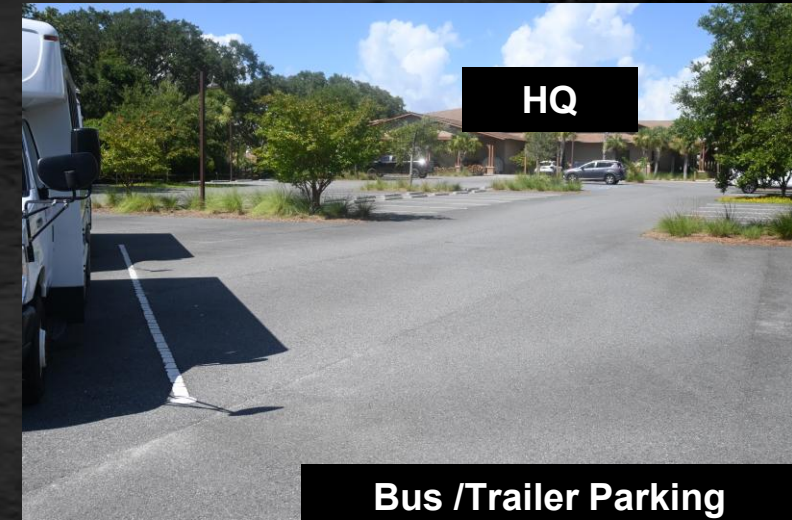
- Nurse will be on-site throughout event
- Rapid Cooling tub will be on-site
  - Located outside of the Medical Station
  - Filled with water prior to start
  - Ice / Ice Packs in Medical
- Ice water / rapid cooling kits staged at Summer Waves
- Minor injuries will be handled by team
- Moderate / Major injuries will be handled through Operations Center
  - Nurse will dispatch to location
  - EMS contacted

# Team Tent Sites

- Teams will off-load trailers at the restroom/pavilion adjacent to the soccer field
- Once off-loaded, trailers will park in the bus/trailer parking area
- Team tents must be setup in the designated tent area
- **No open flames / Grills are allowed**
- Ice is available upon request at the dining facility, adjacent to the awards field
- Dumpsters are located behind dining facility



# Camp Facilities – 4H Grounds





A wide-angle photograph of a beach at sunset or sunrise. The sky is filled with large, white, fluffy clouds against a blue background. The sun is low on the horizon, casting a warm, golden light across the scene. The ocean is visible on the left, with gentle waves washing onto the sandy beach. On the right side of the beach, there is a small cluster of dark, leafless trees or shrubs. The word "Events" is written in a large, white, sans-serif font, centered horizontally and slightly above the middle of the image.

# Events



# Team Run

- Conducted on the beach to the east of the 4-H center. The route distance is approximately 2.5 miles (4 Kilometers).
- Conducted in PT Gear and Tennis Shoes or Boots (instructor discretion)
- One member of the team will wear a numbered penny jersey to identify the school to the time-keepers.
- Teams will line up alphabetically at the start point accessible via the walkway from the 4H center.
- Teams will be released on 1-minute intervals.





# Team Ruck

- 6k (3.5 miles) total distance
- Uniform is utility trousers, team T-shirt, and boots
- Team will carry (4) Rucks for Male, (2) Rucks for Female and all bridging equipment
- The course will be an out and back from the 4H center to the Summer Waves water park.
- This event is combined with the one-rope bridge. While the team will have a separate one-rope bridge time, the team ruck is the total time to complete the movement and crossing.
- Upon completion of the rope bridge, the team will retrieve all rucks and equipment and return to the start point.
- The timer will stop when the last team member crosses the finish line.





# Team Ruck



**Start / Finish**



**Crossover Trail #1**



**Riverview Path**



**Summer Waves**



**Crossover Trail #2**



**Beachview (return) Path**



# One-Rope Bridge

- Upon arrival, each team will stage rucks at the rope-bridge site. Rucks do not cross.
- Team members will tie seats and ready the rope at the near-side Once prepared, the team captain will notify judge
- Time will start when first person touches rope
- Time will stop when team captain states "Time"
- Upon completion of the rope bridge, the team will be given the all clear to resume the ruck run
- **Teams have a maximum time of (8) minutes to construct the rope-bridge. If they are unable to meet the time, they will be stopped and receive a DQ for the rope-bridge**





# Sandbag Relay

- Team will transport 10 sandbags from point A – F and then return to start
- Cones will form circle
  - No paint used
- Refer to SOP for detailed instructions

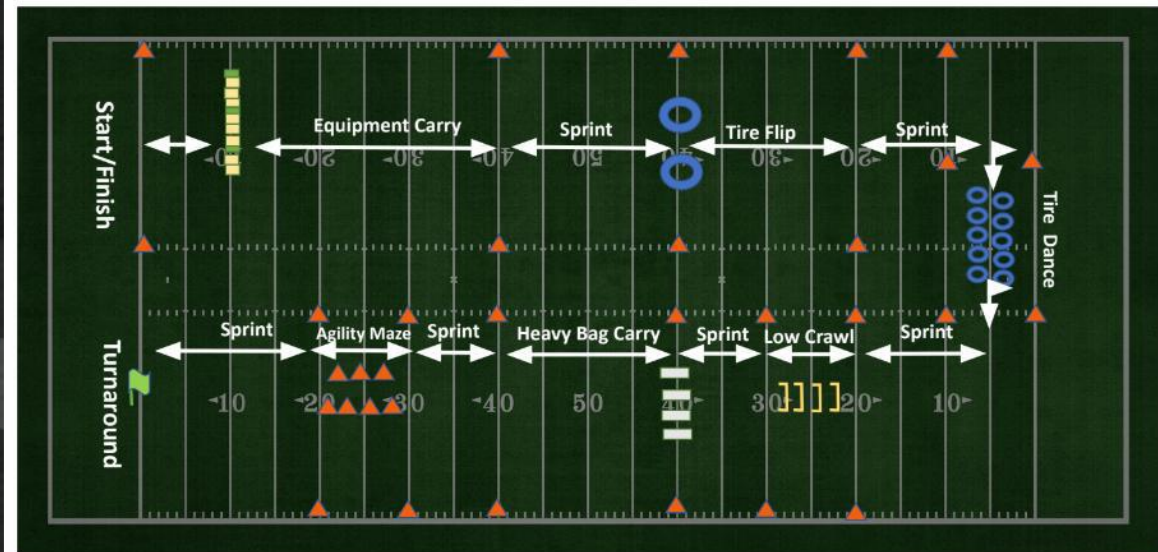


# Raider Fitness Course (RFC)

- The team score is the time it takes to complete the tasks, put all items used back in their approximate starting positions, and finishes the course with all team members.
- The course will consist of the following items in order
  - A 30- yard Water Can carry (6 cans) & 60lb. Ammo Can carry (14 cans).
  - Tire flip (2 for male/mixed, 1 for female)
  - Low Crawl
  - Tire Dance
  - Agility maze
  - Heavy bag carry (4 total)
  - Turn Around Flag/Pole



## Raider Fitness Challenge (RFC)





# Points Of Contact

## EVENT OIC

Major Clint Houchins  
Senior Marine Instructor

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912-267-4210 ext 3311



## EVENT SNCOIC

MSgt William Strohsahl  
Marine Instructor

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910-548-0042

A large, semi-transparent watermark of the Marine Corps JROTC Raiders logo is centered in the background. The logo is circular, with 'MARINE CORPS JROTC' arched across the top and 'RAIDERS' arched across the bottom. In the center of the logo is an eagle with spread wings, perched on a globe, with a mountain range in the background.

# Questions