



**Department of the Army**  
**Junior Reserve Officers Training Corps (JROTC)**  
**Lakeview-Fort Oglethorpe Comprehensive High School**  
**1850 Battlefield Parkway, Fort Oglethorpe, GA 30742**  
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LFO HS JROTC

25 August 2025

MEMORANDUM FOR ALL JROTC PROGRAMS

SUBJECT: Memorandum of Instruction (MOI) 2025 Catoosa Challenge on 04 October 2025

**1. General Information.**

**a. Location.** The Lakeview-Fort Oglethorpe (LFO) Warrior Battalion will host the annual Catoosa Challenge on Saturday, 04 October 2025, on the Lakeview-Fort Oglethorpe (LFO) High School Campus. Address: 1850 Battlefield Parkway, Fort Oglethorpe, GA 30742.

**b. Venue.** Teams may compete for awards in **7 events**: team run, one-rope-bridge, gauntlet, combat casualty rescue (CCR), tire flip, water can relay and sandbag relay. A tug-o-war event will be used only for tie-breaking (if necessary). Event awards will be given to first, second and third places in each team category (Male, Female, and Mixed). NOTES: There will **NOT be overall placement awards** in order to expedite scoring for awards.

**2. Registration.** Maximum limit of 3 teams per category for a total of 9 teams. Cost is \$110.00 for one team plus \$30 per each additional team. Make **checks payable to: LFO JROTC**. Send **registration form via email** to LTC Harwart at [pharwart.LFO@catoosa.k12.ga.us](mailto:pharwart.LFO@catoosa.k12.ga.us). In the subject line type **"2025 Catoosa Challenge Registration"**. In the message include the name of your school, number/type of teams, POC name, email address, school phone and cell phone. **Print out "JROTC Contract of Release and Waiver of Liability (Agreement)" one for each raider.** Each school must turn-in the forms signed by each raider participant. Note: **You can have 14 raiders on a team roster which means we need 14 forms per team. (See Waiver Form).**

**Confirmation email.** Ensure that you receive an email confirmation from LTC Harwart to verify your entry. Bring a copy of confirmation to check-in. Updates will be sent to registered teams. Contact LTC Harwart using text and email if you have any questions.

**3. Timeline Matrix. Check-in: 0730-0800 hrs. Briefing: 0800-0835 hrs. Start: 0900 hrs.**  
A detailed schedule will be available on competition day.

**4. Team Information**

**a. Raider Team Participation.** Coaches **must** attend the meet with their team, no exceptions this year. Teams without coaches (JROTC instructors only) at your school will not be allowed to compete. **No exceptions.** Teams will consist of 10 raiders competing at all times. Each team may have up to **14 cadets** on each team roster and freely substitute within one set team before the event, but not during an event, and not freely cross-level during the meet across school teams. If there is an injury during the event a team can substitute from the 14-roster, but the cadet must start from the beginning and navigate the entire course. Female teams can include only females. Male-mixed teams must have at least four females competing on each event. Male teams may include females. If a team's number of raiders drops below the required 10 cadets or required female ratio in an event, then the team may continue to participate in the meet, but without eligibility for awards on those future events. Likewise, if during competition a school must cross-level between teams, they lose eligibility for awards on only those subsequent events. Coaches must tell the OIC/NCOIC, event head graders and the registration/scoring area as to which events they are no longer eligible for after any cross-leveling. Schools will turn in team rosters during registration. Teams will be assigned to a starting location and a rotation sequence and complete each event within the time limit or risk disqualification. Teams may skip some stations/events, but coaches must tell the graders of the station they are skipping and remain in assigned sequence order. Upon completion of an event, each team will individually move to the next event and check-in with the grader. The rest of the group will follow. Do not skip ahead of groups without permission.

**b. Uniforms and Equipment.** Competition uniform is OCP (or equivalent) pants with t-shirt, belt, socks and boots. If a team competes without everyone wearing boots( NOTE: the run is the only event that tennis shoes and PT uniform is allowed) they will not be eligible for an award in that event. No hats or uniform blouses are needed. School spirit shirts (uniformity) are authorized in lieu of the military issue t-shirt. Schools must provide all of their own uniforms, equipment including ropes, Swiss seats and snap links for rope bridges and will be responsible for damaged or lost equipment. The events will not require schools providing equipment beyond OCP pants, t-shirts and boots or shoes.

## **5. General Information.**

**a. Watching vs. Coaching During Event.** Prepare your cadets to lead their team and earn success on their own accord. **No coaching (aka giving instructions) allowed during events.** Cheering is acceptable. No one will give instructions or verbal help to raiders while competing. Penalties will be assessed. Team coaches, parents, other cadets, etc. cannot follow teams on the courses. Safety concerns are welcomed. Questions or concerns about grading should be addressed **only** to the Catoosa Challenge OIC or NCOIC. Unwelcomed comments hurt morale and will incur team penalties or disqualification. Likewise, spectators are welcome in designated areas near competition areas. Interference, directly or indirectly, will result in team penalties.

**b. Description of Events.** All events are located close together. Some events may have two or three lanes (Male, Mixed, and Female). Make sure team captains report in and inform the grader which type of team category they are competing in and how many cadets of each gender.

**1) Team Run.** Will be approximately 1.5 miles on asphalt. Run as a team and must finish with all members within arm's reach of each other. It is expected that all cadets will compete in running shoes but not mandatory.

**2a) Swiss Seat Tying** is not timed nor does it count toward awards. We will be conducting safety checks. Teams complete tying Swiss seats with snap links attached.

**2b) One-Rope Bridge** will be conducted using poles or trees. We will use 2 sets of poles or trees to conduct two bridges simultaneously. Each team will report to the holding area and send a battle buddy team to sign in at the start line. Rope bridge time will start when the grader says, "GO!" Knots tied, bridge construction, team crossing and completion must be safe and IAW your brigade standards. Any team that has not completed the event inside the 10 minutes will be disqualified. Except for the nearside and far side raider, the use of feet or hand to propel the raider across the ground in dead zone will receive DQ scoring penalties. Dangerous or unsafe acts will cause a DQ. Due to the change in 6<sup>th</sup> Brigade SOP, teams have the option of one or two snap links and thus teams from both Brigades will compete in one category. ~~The use of one snap link~~ ~~the use of a locking snap link or DQ at this raider meet.~~ Prepare accordingly.

**3) Tire Flip** will consist of half the raider team flipping a large tire approximately 30-35 yards. The other half of the team returns the tire in a similar manner to start line. Tires must flip end over end. No intentional bouncing or rolling the tire is allowed or penalties will occur. Tires must be motionless before flipping again. Tires must completely cross the line at both ends. Time stops when tire crosses line and is motionless and all cadets are seated. Gloves are optional.

**4) Gauntlet Relay** is a timed event consisting of multiple obstacles along a course. Team members will take turns negotiating around, over, and under obstacles and will carry or pull multiple heavy items through the course across a grassy field. All teams will be given a quick "walk-through" or "walk along" before negotiating the gauntlet. Before the event each team will be given instructions how to negotiate the course. When the team is called forward to the start line they will be told to "Get Ready, Get Set, and GO!" Time will stop when all members are across the finish line and seated in the finish area.

**5) Water Can Relay** is a 30-35 meters down and back relay with two filled water cans. Each team will report to the holding area and send a battle buddy team to report in at the start line. When the team is called forward to the start line they will be told to "Get Ready, Get Set, and GO!" Female teams will carry half-filled water cans. Each member will carry two cans down and back. There will be a marked area for the exchange of water cans. Teams move as quickly as possible. Time will stop after teams sit down together in designated area.

6) **Sand Bags Relay (change from last year to speed things up)** is a 15-20 meters down and back relay with 10 bags per raider. Each team will report to the holding area and send a battle buddy team to report in at the start line. Teams will stand with all ten cadets on line in ten separate lanes. All sandbags will start in lane one. At the start the first cadet will carry two sandbags 20 meters and return to drop of sand bags at lane two. Then lane one cadet will return to lane one and pick up second set of sandbags. Lane two will start as soon as lane one cadet brings two bags. Lane three starts as soon as lane two drops of two bags. Etc. Each cadet will carry sandbags 20 meters and return to the sandbags to lane three. This action will repeated on down the line till all sandbags wind up in lane eleven. When the team is called forward to the start line they will be told to "Get Ready, Get Set, and GO!". Time will stop after teams sit down together to signify that they have completed their event. **This will be a fast event.**

7) **CCR (Combat Casualty Rescue)** is a timed event consisting of a litter carry with approximately 50-60 lbs. on the litter and a few wooden blocks with handles simulating medical supply kits. Each team will navigate a course approximately 1 mile long. This challenging course is through the woods and has loose rock, tree roots, slippery and uneven surfaces. There may be muddy water areas to low crawl through. Each team will navigate the course bringing back all equipment and cadets. To begin, each team will report to the holding area and send a battle buddy team to report in at the start line. When the team is called forward to the start line they will be told to "Get Ready, Get Set, and GO!" Time will **stop when all members and equipment are across the finish line and seated in the finish area.**

**(If Needed) Tug-O-War.** This will involve top three scoring teams in the same event and category to settle tie-breakers. All the same team members compete. All must wear boots to compete. This is an optional event for all other teams and will take place after both teams have completed the events or if there is a lull in competition and the head judge calls for the teams. Tug-o-war will not count in the overall award point computation. **We will not present awards for the tug-o-war.**

**c. Awards Ceremony.** See the event timeline (to be determined). The awards ceremony will begin approximately 30 minutes after the final event is done. Tug-o-war will take place during this preparation/waiting time. Create a formation by schools keeping your teams together. Create a two person front for each team (5-6 raiders deep). Align your teams side by side. Align schools in a horseshoe formation. To expedite the ceremony, hold applause until after all three teams have been recognized with their award. Each event will be announced and the top three schools in each category. All three representatives (only one from each team named) shall run, at the same time, to the presentation area. The announcer will then state the placement order as the awards are given. Representatives ought to receive the award, shake hands and then salute once. All three are to remain up front until all three have received their awards. Cadets and guests should hold their applause and noise while announcements are made and then cheer (loudly) after all three awards are given. We will repeat this in each category. The time length of the awards ceremony will last about 45 minutes. In the event of foul weather the ceremony will be canceled and the awards will be given to the coaches. We will not be able to mail the awards, however, coaches will coordinate with LFO about making arrangements.

## **6. Administrative.**

**a. Morning Check-in.** Coaches and two cadets per school can enter the JROTC building. Bring rosters to hand in, waivers to show, and payments to hand in.

**b. Team Briefing.** A briefing will take place in the JROTC range for coaches and team captains. Ask questions prior to the meet on a 3x5 card or in email prior to competition day.

**c. Concessions Stand.** LFO may provide a light concessions stand. Many restaurants and grocery stores are located nearby.

**d. Camping and Meals.** No camping sites. Local hotels are available. Schools may grill food using their own stoves or grills only on pavement areas away at least 10 yards from any vehicles or grassy areas. For each grill used, schools must bring a current tagged fire extinguisher and have 5 gallons of water nearby to extinguish any fire. We will **not** break for lunch.

**e. Vehicles / Parking / Set-up. Due to construction parking will be limited. Watch for signs and guides.** The competition sites are behind LFO HS. Park in designated spaces only. Do not park or drive on the grass. Teams can set up pop-up tents, chairs, tables, etc., on the grass for their teams. Visiting teams are not authorized to sell any items, food or beverage, or concessions on school property. Do not enter the large main school building unless told to do so during a weather related emergency.

**f. Use of Tobacco, Drugs, and Alcohol, etc. on school property is forbidden!** This is a school event subject to school discipline policies and procedures. County School regulations also prohibit the use of alcohol or tobacco on school campus. We will not allow any tobacco related products (vaping, smoking, chewing, spitting, etc.) use on school property. No tobacco products use while in vehicles on campus. School cadre is responsible for the conduct of their personnel. Please tell parents and friends in advance. We want to avoid embarrassing anyone.

**g. Sportsmanship.** Participation in this meet requires good sportsmanship by all persons and teams attending the event. LFO HS reserves the right to deny continued participation of schools, teams, and individuals who fail to exhibit good sportsmanship or are not cooperative with others at the event venue. LFO cadre and administrators may send away spectators and participants for refusing to willingly comply with identifying themselves, rules, policies and MOI instructions including displaying negative attitudes. Persons deemed as a nuisance or interfering with the meet will be asked to leave by host cadre and law enforcement if required. Incidents will be reported through military JROTC channels and between school systems.

**h. Rest Rooms and Water/Ice.** The JROTC building rest rooms are reserved for visiting team cadre use only and are off limits to participants and spectators. The LFO field house / stadium across from the tennis courts will be available for changing and bathroom use. The rest room entrances are inside the stadium gate. Female and male latrines will be marked and monitored. There will be running water available and an ice machine for team coolers in the field house.

## 7. Administrative.

**a. Weather.** Plan for temperatures ranging from warm to hot and some possible rain. Light rain will not cancel all competition, but safety is our top priority. If weather is severe enough we will stop competition and move to safety. We will resume as soon as weather allows it. Shelter can be found inside the JROTC building and main school building which we will unlock as needed. Cadre will escort students and visitors to the buildings if bad weather dictates. A series of three blasts on vehicle horns or air horns will signal to stop training and to move quickly to the buildings. Schools will account for their personnel and notify the meet OIC/NCOIC accordingly. A signal blast of one horn indicates an “all-clear” and continuation of training. Teams should then return to their previous location when training halted. We will score only teams that complete events on Saturday. Awards will be given out accordingly to teams completing events.

**b. Dangers.** Even though we are mitigating risk during this meet, the campus woods have insects, snakes, poisonous vegetation, water obstacles, bad weather, and more. School cadre will insure that they brief/train their cadets and all other attending personnel about the dangers and procedures on the property. Keep off of the event sites and course obstacles until your competition time. Each participating raider team, IAW their own school policies, is responsible to assume their own risk, plan for medical insurance/payments, and secure applicable waivers for their own personnel while traveling to/from and while participating in the meet. The Catoosa Challenge cadre will not be responsible for medical bills or payments. Each team must have parents signed waiver forms which coaches maintain for their school records.

**c. Problems and Reporting.** Coaches will report all treated injuries/problems and anyone leaving the competition sites due to medical conditions to the Catoosa Challenge NCOIC/OIC. Serious Incident Reports (SIRS) will be submitted through the Catoosa Challenge OIC and through the participating schools' cadre. In cases of minor injuries, each school will be responsible for treating small cuts, blisters, etc. or transporting injured cadets to the hospital. We have coordinated for a combat medic and/or a qualified nurse to be on site. We will also alert local EMS to be on/near location in case of emergencies. In case of a major injury, training will immediately cease at that location. A series of two blasts on a whistle indicates that there is a problem at that location. The Catoosa Challenge OIC or NCOIC will call 911. An adult school representative from the injured cadet's school must proceed to the medical center with the cadet.

**d. Medical Center.** CHI Memorial Hospital Georgia in Fort Oglethorpe is 2.4 miles away from LFO HS. Normal travel time by automobile is 8-10 minutes. **Directions from the school:** Out the school parking lot and turn left onto GA-2 W/Battlefield Parkway (go 1.5 mi). Turn left on Lafayette Road. (go .5 mile). Take the third right onto Thomas Road (go .2 mile). The ER entrance is on the left. Address: 100 Gross Crescent' Fort Oglethorpe, GA (706) 858-2000. (see **Emergency Evacuation Route Directions and Map**) **LFO JROTC nor LFO HS nor Catoosa County Schools will not be responsible for medical costs for medical treatment. It will be up to each school to provide their own insurance coverage and medical care.**

**e. REQUIREMENT: Turn in JROTC Contract waivers for each raider participant at check-in.**

**Print and sign attachment for each raider participating. Bring completed forms to check-in.**

## Registration Form: Catoosa Challenge – 04 OCT 2025

Information Needed		Please fill in the boxes in this column	
Name of School			
School Phone Numbers			
Raider Coach Name/Rank (Coach attending with team)			
Coach Cell Phone Number			
E-mail Address			
Teams you are entering	Circle number of teams entering		
Male	0 1 2 3		
Mixed	0 1 2 3		
Female	0 1 2 3		
Total number of teams	1 2 3 4 5 6 7 8 9		
\$110 for one first team plus \$30 per extra team.	# of teams: _____	Total Cost: \$ _____	Admin Only
Check Number:		Amount Enclosed: Payable to: "LFO JROTC"	
POC for Check:		Phone Number:	
Email Address for Receipt: (We will email you a copy if you prepay)		Personal checks must have 2 phone numbers, plus a driver's license #. School checks do not need that info.	

Email this form to preregister. Send via US Postal Service this form and payment to:  
**LTC Paul Harwart, c/o LFO JROTC,**  
**1850 Battlefield Parkway, Fort Oglethorpe, GA 30742**  
**pharwart.LFO@catoosa.k12.ga.us** Cell: (423) 316-3690, Office: (706) 866-4619;  
 LFO HS Main Office (706) 866-0342



# JROTC Contract of Release and Waiver of Liability Agreement (Agreement)

## PRIVACY ACT STATEMENT

This information is collected pursuant to 5 USC 301. The purpose of this information is to form a legally binding release agreement. The information will be used to evaluate and defend potential claims against individuals concerned and the United States Government. The information could ultimately be used in civil litigation and in preparation for litigation. Supplying this information is voluntary; however, failure to provide the information could result in a denial of permission to participate in the events stated below.

Event Name (Event): \_\_\_\_\_ Event Date: \_\_\_\_\_  
School Name (School): \_\_\_\_\_ State (State): \_\_\_\_\_

Release and Waiver of Liability. I, the undersigned, (and my undersigned Guardian(s) and/or parent(s) if I am under 18 years old) acting in my own capacity and on behalf of myself, my heirs, children, wards, guardians, executors, administrators, subrogees, assigns, and estate, do hereby release the United States, U.S. Army, U.S. Army Cadet Command, State, School, and its officers, organizations, agents, and employees from any liability, claims, court actions, or causes of action for personal injury, death, property damage or other loss which I may suffer that relate or pertain to or arise from, directly or indirectly, my participating in and transporting to and from the Event. I understand and hereby accept the risk of participating in the Event.

Governing Law: The terms of this Agreement shall be governed and interpreted in accordance with the statutes and regulations of the United States, including but not limited to the regulations of the Department of Defense, Department of the Army, and U.S. Army Cadet Command, federal law, including but not limited to federal common law, and, when state law is incorporated as federal law, by the State laws.

Forum Selection: Any dispute, claim, case, or other action arising from or pertaining to participation in the Event shall be brought before and resolved before the appropriate Federal administrative and/or judicial forum. If no Federal forum is available then it shall be brought in the appropriate State forum, except to the extent applicable federal law vests subject matter jurisdiction in another forum.

Medical/Hospitalization Insurance: I represent that to the best of my knowledge I am covered by medical and hospitalization insurance or other financial assurance mechanism which will cover medical care, treatment, hospitalization, and/or emergency medical transportation which may arise during the Event. I (and my Guardian(s) and/or parents) acknowledge that participation in the Event does not entitle me to medical/hospitalization care, treatment, and/or cost payment by the United States, Department of Defense, Department of the Army, U.S. Army Cadet Command, State, or School.

Hold Harmless: I further agree to reimburse, indemnify, and hold harmless the U.S. Army, U.S. Army Cadet Command, State, School, and its officers, organizations, agents, and employees from and against any and all claims, demands, rights, and causes of action of any kind, whether known or unknown, including without limitation claims for subrogation, indemnity, contribution, or lien of any kind, or for fees, costs, expenses, survival or wrongful death that relate or pertain to or arise from, directly or indirectly, any of my acts or omissions while participating in the Event.

I enter this JROTC Contract of Release and Waiver of Liability Agreement voluntarily and accept being allowed to participate in the Event as full and complete consideration for my entry into this Agreement.

\_\_\_\_\_  
PARTICIPANT NAME

\_\_\_\_\_  
PARENT/GUARDIAN NAME

\_\_\_\_\_  
PARTICIPANT SIGNATURE

\_\_\_\_\_  
PARENT/GUARDIAN SIGNATURE  
(If Participant is Under the Age of 18)

\_\_\_\_\_  
DATE

\_\_\_\_\_  
DATE

\_\_\_\_\_  
WITNESS SIGNATURE

\_\_\_\_\_  
WITNESS NAME

\_\_\_\_\_  
DATE