

2026 Inaugural 5 Person Team Raider Competition
Standard Operating Procedures. (SOP)
“Bigger is Better”

SUBJECT: Rules and Regulations for the event.

GENERAL INFORMATION:

1. This Competition is hosted on Friday 24 April 2026 at Perry High School in the Raider Pit. Coaches meeting will be at 1600hrs on the raider field under the old scoreboard. First event to start approximately 1700hrs. This event will be limited to 30 teams. Teams are encouraged to bring pop-up tents for a Base Camp between events.
2. Entry Fees: \$25.00 per team. Mail in advance is the preferred method. Payment on the day of the event will be accepted by checks or cash. Checks need to be made out to: Perry High School AFJROTC. Registration form is attached in this S.O.P. Mail Checks to Perry High School AFJROTC: Attn: Chief Spears. 1307 North Avenue, Perry Ga 31069
3. Awards will be given to the top three teams in each category.
4. Team captains are required to validate all team members upon check-in. All members are required to complete the “Covenant Not to Sue” prior to competing.
5. Latrines are located at the raider field behind the softball field concessions stands and behind the baseball field. Also @ the football field in the new Gym. As well as in the old gym lobby. A Detailed map will be given to as many people as possible to help find the locations.
6. Locations for teams to set up their Tailgating “Base Camp” are identified on the enclosed maps. The team Set up areas will be in the open space AROUND the Baseball Field, and softball field.
7. In the event of rain, all events will continue as planned. In the event of severe weather (Lightning in the area), the holding area is the new school gym until the lightning has departed. Weather may cancel the event. If required, A weather call will be made by 1000hrs the day of the event. If the event needs to be postponed/cancelled due to weather, there will be no plans this semester to reschedule. Full Refunds will be given.
8. Please Park all cars in the parking area outlined on the map and around the new gym, old gym and any other open lots on campus. Vehicles carrying equipment can drop off their gear in the designated area also outlined on map. Please look for Raider assisting as guides and signs when you arrive.

9. It is encouraged to have one team member bring a stopwatch (Cell Phone) for backup timing of events.

SPECIFIC INSTRUCTIONS:

1. All teams will receive a packet at check in with the sequence of events, wristbands for each team member, and any other information needed. Wristbands are for competitors to wear for the duration of the competition. Head Judges will check for wrist bands.
2. All Teams are required to bring their own gloves if they deem gloves necessary.
3. 5 Raiders will compete in each event. Teams will consist of a maximum of 7 Raiders. Female teams can include only females. Mixed teams must have at least two females competing on each event. Male teams may include males or females.
4. Teams may substitute Raiders using only those on their roster. If an injury occurs and someone cannot compete, the team may not add anyone else to their roster. If any team drops below the required 5 Raiders, the team may continue, but without eligibility for awards on those events where there are less than 5 Raiders. Please let the event head judge know if this situation happens to your team.
5. Teams should not skip stations/events, they are to remain in assigned sequence order. Teams will be assigned to a starting location and a rotation sequence and complete each event within the time limit or risk disqualification. The “however rule” However, there is an opening due to a backlog on a single event, your team is encouraged to engage an open event.
6. Teams delayed will be skipped. They can still participate in a missed event if time allows and coordinated by PHS SASI/ASI. The intent of this rule is not for gamesmanship, but for teams to follow the assigned rotation schedule as to now create a backlog.
7. Competing Raiders will be allowed to compete on one team only.
8. Only the Raider team members will be allowed to be on the courses. Coaches, parents, or spectators must observe the events from the spectator’s area or a safe distance without interfering with competitors.
9. Judges will NOT explain each event to teams as they show up. This slows the event down tremendously. It is the responsibility of the teams to understand the event before competing. The Judges will explain the penalties only without a walk through. After each event, the team commander will go to the judge for the time and notification of any penalties assessed. **Do not argue with the Judge.** Address all concerns with Chief Spears.

10. If a team member is injured during the course of an event and cannot finish, the team will be disqualified from only that event. The team may leave one member with the injured Raider and continue along the course and inform the judge of the injured Raider. The event judge will notify the Event Organizer for medical assistance.
11. If a team decides not to compete in any event, please inform the Judge at the event so there can be a score sheet completed indicating **Did Not Compete**. All teams just complete a score sheet even if they do not compete on an event. Simply write **Did Not Compete** on the score sheet. This will prevent searching for missing scores after the event is over.
12. Unsportsmanlike conduct, such as profanity, will be subject to a 1-minute penalty each time a member of a team does not conduct themselves accordingly. Judges may disqualify a team for unsportsmanlike conduct. If incidents occur, they will be instructed to depart the school property or be escorted out by law enforcement.
13. Teams need to take care of the equipment. **Do not drop any equipment before, during, or after each event. Dropping equipment before, during, or after an event will result in a penalty.** This is to help preserve the equipment. Dropping of equipment is defined as uncontrolled contact with the ground from above the top of the participants' ankles.
14. Team captains will sign all score cards. Once the score card is signed, no protest may be submitted. Judges will inform Team Captains if there is a penalty and adjudicate it on site. If it cannot be decided within a 2-minutes, find Chief Spears to resolve the issue. Do not delay other teams.

COMPETITION EVENTS:

The Raider Competition will consist of FIVE events that are designed with minimal chance for penalty. Raider Team will rotate to each event together.

1. **Team Run-On Track:** Team members will run as a group. All 10 Cadets will begin at the same time and run 5 laps on the track. Other teams in the rotation will line up in a single file line in the outside lanes. Once the team running completes their 4th lap the next team will move into the inside lap and begin their race. Time will complete when the final cadet crosses the finish line. If a School has multiple teams their fastest teams must run first and 2nd fastest run second. And so on down the line. Male and Mixed teams will carry a 30 pound medicine ball. Female teams will carry three 8.0lb medicine balls. The ball can be switched to different teammates during the run. The ball must start and finish with the team.

-Uniform will be Team-shirt or appropriate Uniform T-shirt, ACU/OCP boots or Tennis shoes and ACU/OCP trousers. All team members must be in the same shirt.

2. Raider Fitness Challenge-On Football Field: (Please Refer to the attached Score Sheets for more detail on completing each obstacle)

This event consists of multiple challenges on the course. 5 Team members will negotiate the challenges through the course moving equipment along the way. They will then negotiate the course in reverse resetting the equipment for the next team.

Beginning with 6 Jerry Cans & wooden box (about 35 lbs.) they are to be moved approximately 25 yards and set into a clearly marked area. All equipment must be set down gently and in an upright position. There are no penalties for equipment that falls over, as long as it is set in an upright position prior to leaving the lay down area. Then moving two telephone poles a distance of 25 yards and setting them into another clearly marked area. Team members will then proceed to the Tire Stacking challenge. There are stacks of 5 tires in a clearly marked area. Each tire will need to be moved as quickly as possible to another clearly marked box and stacked as they were in the first box, a single stack of 5. The tire boxes will be approximately 25 yards apart. Next will be two sleds each with a rope. One team member will sit in each sled and be pulled approximately 25 yards around a turnaround point. Teammates can change out sled pullers if needed but may not allow the sled to be pulled forward without a Raider being seated in it. Teams are penalized for falling out of the sled, so please be sure they are seated prior to pulling. Once around the turn around point, the course will be ran backwards resetting all equipment.

The time will stop when the last Raider crosses the finish line.

Uniform will be Team-shirt or appropriate Uniform T-shirt, ACU/OCP Boots, and ACU/OCP trousers. All team members must be in the same shirt.

3. One-Rope Bridge-- At the rope bridge site each team is responsible for providing a rope and associated equipment for their use. Each team will report to the site area ready for team to sign in. Teams will put on their Swiss Seats to be ready. When the team is called forward to the start line they will be told that they have 6 minutes total to prepare and be ready for the event. Best if teams show up with Swiss Seats on. Each team will then have 7 minutes from the starting command to complete their bridge. If they exceed the 7 minutes they will be asked to stop by the judge. Ropes may be bagged or coiled. Not laid out in a large zigzag pattern Back laying the rope is not allowed. Rope bridge time will start when the cadets say "GO" or touches the rope. No extra time allowed. Knots tied and bridge construction must be safe and IAW brigade standards. After all raiders are across, all knots are cleared of the rope and the team has gathered all equipment, the time will stop. Any

team that has not completed the event inside the 13 minutes will be disqualified. Loss of equipment or using feet to propel any member on the rope will incur scoring penalties. Dangerous or unsafe acts will cause a DQ. **The distance is 45 feet for female teams and 60 for male and mixed teams.** (This is subject to change prior to event) We are considering all teams compete @ 45'. As of 10 Feb, we have not practiced on 60 feet poles for male teams.

Uniform will be Team-shirt or appropriate Uniform T-shirt, ACU/OCP Boots, and ACU/OCP trousers. All team members must be in the same shirt.

4. Obstacle Course: (Please Refer to the attached Score Sheets for more detail on completing each obstacle)

Obstacles are: (Photos attached to SOP)

1. High Stepper: Each Raider will negotiate their way over each cross bar from start to finish. At least one foot touches the ground in between bars.
2. 5' Wall onto Balance Beam. Each Raider will negotiate the wall and traverse the beam. If they fall before the WHITE area before the end of the beam, they will start over going over the wall again.
3. Monkey Bars: Each Raider will negotiate the obstacle ensuring both hands touch the first and last bar. Only 2 attempts. After two attempts, only then can the raider move to the next obstacle. Teammates can help one another. The Raider assisting must complete all bars before assisting.
4. Balance Beam: Each Raider will negotiate the balance beam from beginning to end. There are white painted areas on the beams, a foot must touch each white area.
5. Low Crawl: Each Raider will negotiate the low crawl from one end to another. The low Crawl has a 4-foot wall to traverse prior to entering the low crawl and another 4 foot wall half way through. Both walls must be negotiated by going over.
6. 8-foot Wall: Each Raider will negotiate their way over the wall.
7. Suspended Inclined Tunnel Crawl: Each Raider will negotiate through the tube from one end to the other.

8. Tire Dive. Each raider must go through any tire,
9. Rope Swing: Each Raider must use the starting platform and a rope to traverse the water pit. Each raider must cross a white line on the far side for the event to be considered complete
10. Low Crawl through 24" Tunnel: Each Raider will negotiate a low crawl from one end to the other of the crawl.
11. "A FRAME" Cargo Net Climb: All members of the team must traverse over the cargo net. Only 2 Raiders can be on either side of the net at one time. It is HIGHLY encouraged for the first raiders over to remain on the backside as a spotter for their teammates.
12. Mario Pipes: Each Raider will climb to the top of the Drainage tubes where there are two holes to drop into. One is approximately 5 feet deep and the other is approximately 4 feet deep. Once down you simply crawl out one of the two ends. Which end chosen to crawl out is optional.
13. 11 Foot Wall Climb. Each Raider will negotiate the 11' wall. Male and mixed teams will NOT be using the ropes for this event. Female teams ONLY will be utilizing the ropes. The two ropes will be hanging and there will not be any steps on the wall. Once over there is a platform. To exit the platform, there is an angled ladder used to exit the obstacle.
14. Rolling Pole/Log: There is a rolling pole each raider on the team will traverse over.
15. Tire Dance: All Raiders will negotiate the tire dance being sure not to skip any tires while continually moving forward.
16. Obstacle Course is growing, we are working on it regularly, if any more obstacles are constructed notifications will be sent.

5. **Tire Flip/Sandbag Carry**- At the start line, all Raiders will line up. At the START command, Raiders will proceed to the tire flip and flip three tires approximately 25 yards, then move 19 (Nineteen) 25LB sandbags from circle A to circle B approximately 25 yards apart. Once **ALL** 19 sandbags are in Circle B, teams can begin to reset the course by returning the sandbags to circle A and flip the tires to the tire reset line. No raider may cross the finish line until all items are reset, and ALL team members are in the 5-meter box. Once the final Raider crosses the start/finish line, time will be called.

ANNEX A - COVENANT NOT TO SUE

These forms will be collected and held by the instructors/cadre from each school.

OFF-CAMPUS TRAINING AND PRACTICAL FIELD/HIGH –RISK TRAINING

- 1. AUTHORITY:** Title 10, M.S. Code 2301. **2. PRINCIPLE PURPOSE(S):** To release The U.S. Government, the host institution, The Unified Government of Houston County Georgia and the state in which said institution is located from liability for injury, death, or damages while participating in voluntary off-campus training programs, practical field trips/exercises, drill meets, raider competition, and high risk training. **3. ROUTINE USES:** Normal personnel actions. Disclosures of information may be provided to proper authorities in actions regarding law enforcement, legal actions as a result in injury or death, and investigations of accidents resulting from such voluntary off-campus training, practical field trips/exercises, drill meets, raider competition, and high risk training. **4. MANDATORY OR VOLUNTARY DISCLOSURE AND EFFECT OF NOT PROVIDING INFORMATION:** Voluntary.

FAILURE TO COMPLETE FORM WILL DISQUALIFY STUDENT FROM PARTICIPATING IN SPECIFIC VOLUNTARY TRAINING EXERCISES.

I, _____,
RESIDING AT: _____ (TYPE OR PRINT NAME OF STUDENT)
(ADDRESS)

AGE OF STUDENT: _____ PERIOD COVERED: 24 April 2026

Do hereby agree that in consideration for being allowed to participate in the Perry High School (PHS) Raider Challenge Competition to be conducted at PHS, a supervised activity, and whereas I am doing so entirely on my own initiative, risk and responsibility: and being fully aware of the risk adhering to this type of training, hereby RELEASE AND DISCHARGE FOREVER, the United States Air Force, PHS, Houston County Board of Education, Georgia, and all its officers, agents, and employees, acting agents and otherwise, from any other claims, demands, actions, or causes of actions, on account of myself or on account of any injury to me which may occur from any cause during activity or continuances thereof, and I do further covenant and agree to hold the said Government of the United States, Paulding County Government, Georgia, SPHS and the State of Georgia blameless for any and all damages which I may cause either intentionally or through my negligence.

Type/Print Name of Parent/Guardian,
If Student is a Minor (below 18 years of age).

Signature of Parent/Guardian,
If Student is a Minor (below 18 years of age).

Relationship to Student)

(Date)

(Witness)

Signature of Student

**PHS RAIDER COMPETITION
Obstacle Score Sheet**

School: _____

Male Mix Female

Team Commander: _____

Penalties Assessed:

Penalty	Incidents	Incident Total Time
Going back after finished, once obstacle is complete, must move to next (30 sec per incident) Except Monkey Bars		
Profanity (1-minute per incident)		
Not Touching White Stripes on Balance Beam with 1 foot. (30 sec per incident)		
Any Obstacle not attempted or omitted (2:00 penalty)		
Raider failed to negotiate obstacle. 2 attempts max (1 minute)		
Monkey Bars: Not touching both hands on first and last bar (30 seconds per incident)		
Drop Out, Non Completion (5 minutes per incident)		
	Cumulative Penalty Time	

Event Time: _____ **Event Distance (if pull not completed)** _____

+

Penalty Time: _____

Total Time/Distance: _____

Head Judges Signature: _____

Commanders Signature: _____

**PHS RAIDER COMPETITION
Team Run Score Sheet**

School: _____ Male Mix Female

Team Commander: _____

Penalties Assessed:

Penalty	Incidents	Incident Total
Interferes with another team (30 seconds per incident)		
Profanity (1-Minute first incident)		
Any Raider not completing the event (DQ)		
	Cumulative Penalty Time	

Event Time: _____

+

Penalty Time: _____

Total Time: _____

Head Judges Signature: _____

Commanders Signature: _____

**PHS RAIDER COMPETITION
Sandbag Relay Score Sheet**

School: _____

Male Mix Female

Team Commander: _____

Penalties Assessed:

Penalty	Incidents	Incident Total Time
Sandbag dropped anywhere on the course (30 seconds per incident) From Higher than ankle.		
Sandbags not all the way in any circle (30 seconds)		
All Sandbags not in the marked circle before return starts (30 Seconds per incident)		
Profanity (1-minute per incident)		
Tires not flipped passed the line (30 seconds)		
All teammates not in the 5-meter finishing box (15 seconds)		
	Cumulative Penalty Time	

Event Time: _____

+

Penalty Time: _____

Total Time: _____

Head Judges Signature: _____

Commanders Signature: _____

PHS RAIDER COMPETITION Rope Bridge Score Sheet

COMMANDER: _____ Male Mix Female

SCHOOL:	MIX		
ROPE BRIDGE SCORE SHEET	Time Per Penalty	# of Penalties	Total
EQUIPMENT/PREPARATION/INSPECTION: 7 MINUTES.			
	30 SEC		
Rope improperly laid out. (Not in duffle bag and not touching the ground at start)	30 SEC		
CONSTRUCTION OF ROPE BRIDGE			
Far Side Raider –Improper Bowline or Figure 8 when crossing	30 SEC		
Far Side Raider not clipped in with snap link prior to entering dead zone	30 SEC		
Far Side Raider not belayed properly across the dead zone	30 SEC		
Far Side Raider improperly secures to far side via 180° and snap link (note 1)	30 SEC		
Far Side anchor knot not two round turns w/2 half hitches or tensionless anchor	DQ		
Improper Transport Knot: wireman’s knot or figure 8 knot with a bite	DQ		
One steel locking snap link not locked	DQ		
Two snap links in transport knot do not have opposite gate openings	DQ		
Near-side not secured w/round turn, 2 half hitches with or without quick release	30 SEC		
CROSSING			
Any Raider hooked up before near side or far side is complete	30 SEC		
Failure to face rope, mount onto rope w/snap link <i>then</i> rotate body under rope	30 SEC		
Dead zone violation (touching obstacle during loading/unloading, equipment loss)	30 SEC		
Crossing Raiders FEET or HANDS touch the dead zone and use feet or hands for momentum across the Dead Zone.	30 SEC		
More than three (3) Raiders clipped into the bridge rope at any one time	30 SEC		
BREAKDOWN OF ROPE BRIDGE			
Breaking Down rope bridge before last Raider is off rope	30 SEC		
Near Side Raider not clipped in with snap link prior to entering dead zone	30 SEC		
Near Side Raider not belayed properly across the obstacle	30 SEC		
Near Side Raider bowline w/overhand safety or figure 8 incorrect while crossing	30 SEC		
Rope or any item left in the dead zone after time is called	30 SEC		
Knots left in the Rope after bridge break down and “TIME” is called	30 SEC		
ADDITIONAL PENALTIES AND NOTES			
Improper markings on rope that are obviously an advantage	DQ		
Coaching from a non-team member	DQ		
Rope Bridge Failure	DQ		
Use of Speed Tighteners (do not twist stick or snap-links)	DQ		
LESS THAN 8 Raiders CROSS ON BRIDGE	DQ		
Sportsmanship violation/coaches and Raiders (profanity, disrespecting judge, etc) per incident	1 minute		
Note 1: snap link does not have to be used if far-side knot is tied immediately			

Judge Signature _____

Commander Signature _____

TIME	
PENALTIES	

**PHS RAIDER COMPETITION
Raider Fitness Challenge Score Sheet**

School: _____

Male Mix Female

Team Commander: _____

Penalties Assessed:

Penalty	Incidents	Incident Total Time
Dropping equipment at any point on the course (30 seconds per incident)		
Tires not being stacked in 2 piles or fallen over (30 seconds)		
Sled being moved forward without a Raider in it, (30 seconds)		
Any equipment not placed into the appropriate box (30 seconds per incident)		
Any Raider not completing the event (2 minute)		
Profanity (1-minute per incident)		
	Cumulative Penalty Time	

Event Time: _____

+

Penalty Time: _____

Total Time: _____

Head Judges Signature: _____

Commanders Signature: _____

Registration Form: PHS JROTC Raider Challenge

Information Needed	Please fill out boxes in this column
Name of School	
School Phone Numbers	
Raider Coach Name/Rank	
Phone Numbers	
E-mail Address	
Estimated Date/Time of Arrival in Perry	
School Bus coming?	Yes or No
Will your team be staying overnight?	Yes or No
Total number of teams:	\$25.00 per Team.
# Male Teams: _____ # Female Teams: _____ # Mixed Teams: _____	
Estimated number of: Raiders + Adults = Total	_____ Raiders + _____ Adults = _____ Total

Check Number:	Amount Enclosed:
POC for Check:	Phone Number:
Mailing Address for Receipt	

Checks can be mailed or brought to school on day of event:
 Make checks out to PHS AFJROTC or cash is acceptable.
 1307 North Avenue, Perry Ga 31069
 Attn: Chief Spears robert.spearsjr@hcbe.net

Events Site Photo

Working these, we have construction on campus...

Event Location Overview

Event Photos

Litter Photo



High Stepper



5 foot ball to Balance Beam:

Monkey Bars



Balance Beam Entrance Point



Balance Beam Exit Point (White)



Low Crawl:

8' Wall Front Side



8' Wall Back side (Two steps on back)



Suspended Tunnel Crawl



Tire Dive

Rope Swing

Tunnel Crawl



A-Frame Cargo Net Climb, 13' @ Top



Mario Tubes Front View



Mario Tubes Top View



11 foot wall without rope for male teams

11-foot wall with rope for female teams

Rolling Log

Tire Dance:

End of SOP.