

Dr. Jo-Ann Thomas, Providence College
Rhode Island, USA

CHOICE

Meets
Academic Emotions



Objectives

- What are Academic Emotions
- Evolution and the Brain
- The Six
- Why Choice
- The results
- Academic Emotions and the Performing Arts
- Choice and the Performing Arts



The Job of our Emotions

**Survive and Flourish
Gatekeepers for the Brain
Emotions let us know it is safe to learn.**

**To reproduce
To Belong and Love
To gain Power
To be Free
To Experience Enjoyment**



How the Brain Learns

- Urgency
- Relevancy
- Meaning
- Patterns
- Colors
- Curiosity
- Prediction



WHAT ARE ACADEMIC EMOTIONS?

Academic emotions are defined as emotions a student experiences in academic settings such as class-related, learning-related, and test-related situations. They are characterized by subjective control and value perceived by learners in the control-value theory.

The Six

POSITIVE

Hope

Joy

Pride

NEGATIVE

Boredom

Guilt

Shame

Why Choice?



- Everything we do as a species involves choice.
- Intrinsic Motivation
- Self Autonomy
- Confidence
- Provides a sense of control and power
- Improves Decision Making
- Improves understanding that all choice comes with consequence

Types of Choice

Product

Choice Board

Expert in the Field

Personal Goals

Process

- *Infographic*
- *Mind Map*
- *Six Hats*
- *Video*
- *Doodly*
- *Empathy Map*



The Research

CHOICE 2023

72% Prefer choice

Hope and Joy - Process

Joy and Pride - Product

29 Participants

The Research

HOPING FOR CHOICE 2024

How much Choice?

110
participants

10 Assignments

7 process

4 Product

46.8 Joy

38.6 hope



Recommended Readings

- Allison, P. (2019). Engage the brain: How to design for learning that taps into the power of emotion [Book]. ASCD.
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- Frankl, V. E. (1959). *Man's search for meaning*. Beacon Press. (1959)
- Immordino-Yang, M. H. (2016). *Emotions, Learning and the Brain*. W.W. Norton and Company.
- Marc Brackett, P. D. (2019). *Permission to Feel*. Celadon.
- Panksepp, J. (1998). *Affective Neuroscience*. Oxford University Press.
- Patall, E. A., Cooper, H., & Robinson, J. C. (2008). The effects of choice on intrinsic motivation and related outcomes: A meta-analysis of research findings. *Psychological Bulletin*, 134(2), 270-300. <https://doi.org/10.1037/0033-2909.134.2.270>
- Sousa, D. (2017). *How the Brain Learns* (5th ed.). Corwin.
- Ericsson, A., & Pool, R. (2017). *Peak*. Eamon Dolan.

Project Choice Board

Present a Ted Talk to inspire others to take action on this action.



Make an animated movie to inform others about the issue and your solution.



Build a model of a solution you designed that you believe could have a positive impact on the issue.



Create a poster that uses visuals (e.g. pictures, charts, graphs) to help others understand the problem and your solution.



Design an informative slideshow to teach people about this issue and possible solutions.



Write a children's book to raise awareness about an issue.



S U M M A R Y



IF

THEN

I wonder Summary



- Start with I Wonder statement
- Weave Summary around



PC
Piano I

Token

Name:

Purpose:

Write and Toss

Right Down a take away from
today

EMBRACING CHOICE

Jo-Ann Thomas, Ed.D.

jthoma13@providence.edu

www.embracingchoice.com

860-214-0777

