

AUGUST 2024







Hello Everyone,

Firstly, we must express our gratitude for all the support we've received.

If you visited the center in July, you would have noticed the many changes. Our new equipment has arrived, making it easier and more efficient to serve the older adults in our community. We are immensely grateful for the Healthy Aging Grant and the Charles M. Pugliese & Thelma M. Pugliese Charitable Foundation.

A heartfelt thank you to all the volunteers who have supported Our Place; we couldn't achieve what we do without you.

Thank you to our members for renewing your memberships. We are excited about our continued growth and plans we have for the future.

We also thank the Jefferson County Senior Coalition members for their contributions not only at Our Place but also at the various locations we coordinate within Jefferson County.

August promises to be a busy month. We're hosting our first evening dance on Tuesday, August 13th, featuring the Twice As Nice band from 6 - 9 pm. This event is open to the public, so please bring a friend and help us spread the word. On August 29th, we'll have our Summer Splash party, which is sure to be a blast.

The Parkinson's Support Group will meet on Tuesday, Aug. 13th, at 10:00 am with a speaker from the Parkinson's Foundation of Western Pennsylvania. This group is open to the public.

Stay tuned for details about our September event. Save the date of Thursday, September 19th - you won't want to miss it.

We are eager to continue our mission of:

Living-Learning-Sharing-Caring

Together As We Age

Cynthia R. Morris Administrator



CONTACT US!

P.O. Box 524 235 N. Fourth St. Steubenville, Ohio 43952 740-520-0120

ourplacejeffersoncounty.com







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Living-Learning-Sharing-Caring
Together As We Age

YOUR VOTE COUNTS!

According to the AARP article written by Tamara Lytle in the May addition the 2024 Election hangs on the diverse attitudes of Americans over 50.

Post-election data showed 53% of the electorate was age 50 and above in the last presidential election. The range of concerns for those age 50+were ... 80% want the economy strengthened; 76% worry about defending against terrorism; 73% want to make Social Security system financially sound; 71% thought dealing with immigration was important.

The experts agree the older vote will be decisive. It is important that the candidates address their concerns.

Caregiving is an important topic to many voters. 87% of women support paid family leave benefits for caregivers. Women who work are not confident they will have enough money to retire (54%). This is why, they feel, Social Security and Medicare Programs need to be stabilized. Older voters should not be taken for granted, especially in a close election. They could decide who takes office in a very close election.



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ACTIVITIES BIRTHDAYS

BINGO

Every Tuesday & Thursday 12:15 pm - 1:30 pm

BLOOD PRESSURE CLINIC

Every

Tuesday **10:30 am - 11:15 am**

CHAIR VOLLEYBALL

Every

Wednesday, 12:15 pm - 1:00 pm

COFFEE CLUB SOCIAL

Every

Tuesday, 8:00 am - 10:00 am

CRAFT CLASS

Every

Wednesday, 9:30 am - 10:30 am

CROCHET SOCIAL

Every

Tuesday, 9:00 am

EUCHRE

Every

Wednesday 9:00 am

EXERCISE CLASS

Every

Tuesday, 9:00 am - 10:00 am Thursday, 9:00 am - 10:00 am

LINE DANCING

Every

Wednesday 12:30 pm - 1:30 pm Thursday 10:00 am - 11:00 am

LUNCH

Tuesday, Wednesday & Thursday

11:30 am - 12:00 pm

August 1	Cherryl Thompson	
August 3	Barbara Halm	
	Carolyn Nicholas	
August 5	Janie Dorsey	
	Marlene Dunn	
August 8	Barbara Lyons	
August 9	Terry Ramsey	
August 10	Carolyn Bickerstaff	
August 12	Ruth Masters	
August 14	David Lamb	
August 15	Deborah Booth	
August 18	Sharon Sampson	
August 22	Susan Thompson	
	Mary Jo Thomas	
August 23	Joe Porter	
August 24	Patricia Cramblett	
August 27	Nancy Medcalf	
August 28	Mary Alice Meyer	
August 31	Linda Masters	
	Evelyn Grimm	

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MENU AUGUST 2024

TUESDAY	WEDNESDAY	THURSDAY
Our Place of Jefferson County Inc. ACTIVITY & RESOURCE CENTER 50+	Living-Learning-Sharing-Caring Together As We Age	1 Ham & Swiss on Croissant w/Lettuce & Tomato Potato Salad Fresh Fruit
Beef Patty w/Mushroom Gravy Mashed Potatoes Broccoli Chocolate or Vanilla Pudding Bread	7 Chicken Cobbler Coleslaw Warm Apples Bread	8 Vegetable Lasagna Side Salad w/Tomato Banana Bread
Sausage w/Peppers & Onions on Bun Steak Fries Peas & Carrots Cookie	14 Chicken Tenders w/Dip French Fries Broccoli w/Cheese Sauce Bread Fresh Fruit	Chef Salad (Lettuce, Tomato, Eggs, Ham, Turkey, Cheese, Onions) Crackers Cake
Breaded Chicken Breast w/Lettuce & Tomato on Bun Sweet Potatoes Three Bean Salad Sherbet	Cabbage Roll Mashed Potatoes Green Beans Bread	Chicken Salad on Bun Tomato Soup Cottage Cheese w/Peaches Cake
Taco Salad (Lettuce, Tomato, Cheese Onions, Taco Meat) Sour Cream—Salsa—Chips Warm Pineapple Crumble	Chicken Stuffed w/Broccoli & Cheese Roasted Potatoes Vegetable Medley Bread	PARTY "Summer Splash" Meatloaf Mashed Potatoes w/Gravy Mixed Vegetables Bread
* Menu is subject to change.		

AUGUST 2024 ACTIVITIES-EVENTS-SPEAKERS

TUESDAY	WEDNESDAY	THURSDAY
		1 9 - 12 CHANGE, Inc. Mobile Medical Unit 9:00 Exercise 10:00 Line Dancing 10:30 - 11:30 Library Bookmobile 11:30 Lunch 12:15 Bingo
6 8-10 Coffee Club Social 9:00 Exercise 11:30 Lunch 12:15 Bingo	9:00 Euchre 9:00 Crochet Social 9:30 Craft Class 11:30 Lunch 12:15 Chair Volleyball 12:30 Line Dancing	8 9:00 Exercise 10:00 Line Dancing 10:00 Jefferson Co. Historical Museum Linda Hilty 11:30 Lunch 12:15 Bingo - Michelle Howard Dixon Healthcare
8-10 Coffee Club Social 9:00 Exercise 10:00 Parkinson's Support Group Speaker with Parkinson's Foundation Western PA 11:30 Lunch 12:15 Bingo	9:00 Euchre 9:00 Crochet Social 9:30 Craft Class 10:00 Dealing w/Isolation & Loss Pam Cox 11:30 Lunch 12:15 Chair Volleyball	9:00 Exercise Class 10:00 Line Dancing 11:30 Lunch 12:15 Bingo/Dan Curtis SouthernCare Hospice Services
20 8-10 Coffee Club Social 9:00 Exercise 11:30 Lunch 12:15 Bingo	9:00 Euchre 9:00 Crochet Social 9:30 Craft Class 12:15 Chair Volleyball 12:30 Line Dancing	9:00 Exercise Class 9:30 Healthy Smoothies with Susan Tar A&B/Diamond Pharmacies 10:00 Line Dancing 11:30 Lunch 12:15 Bingo/Susan Tarr A&B/Diamond Pharmacies
27 8-10 Coffee Club Social 9:00 Exercise 11:30 Lunch 12:15 Bingo	9:00 Euchre 9:00 Crochet Social 9:30 Craft Class—Capital Health Nursing & Rehabilitation Centers 12:15 Chair Volleyball 12:30 Line Dancing	9:00 Exercise Class 10:00 Line Dancing 11:30 Lunch 12:15 Bingo

COMMUNITY INVOLVEMENT



Public Library of Steubenville & Jefferson County Bookmobile Eric Heeton

Thursday, August 1

Parkinson's Support Group

Tuesday, August 13th 10:00 am

Capital Health Nursing & Rehabilitation Centers Alisa Delguzzo Craft Class

Wednesday, August 21st 9:30 am

CHANGE, Inc. Mobile Clinic

Thursday, August 1

Jefferson County Historical Museum Linda Hilty

Thursday, August 8th 10:00 am

Dealing with Isolation & Loss Pam Cox

Wednesday, August 14th 10:00 am

Healthy Smoothies A&B/Diamond Pharmacies Susan Tarr

Thursday, August 22nd 9:30 am

CHANGE, Inc. Aimee Livingston

See you in September

Dixon Healthcare Michelle Howard—Bingo

Thursday, August 8th Noon

SouthernCare Hospice Dan Curtis—Bingo

Thursday, August 15th Noon

A&B/Diamond Pharmacies Susan Tarr—Bingo

Thursday, August 22nd Noon





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Dance - Dance - Dance



Twice As Nice

Tuesday, August 13th 6-9 PM

You do not have to be a member. Open to the public.

\$5 per person

Provided: Hot Dogs (all beef) - Punch - Coffee You may bring table munchies & items for dessert table Individual pop and bottled water for sale \$1

Location: 235 N 4th Street, Steubenville First Westminster Presbyterian Church Fellowship Hall 50/50 Raffle

Tables of 6 - 8 may be reserved if prepaid Credit card for table RSVP accepted by phone 740-520-0120



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P.O. Box 524 Steubenville, Ohio 43952

Summer Splash



Thursday, August 29th

10:00 - 1:00

Menu Homemade Meatloaf w/Mashed Potatoes & Gravy Mixed Vegetables - Strawberry Shortcake Punch - Coffee - Hot Tea

Music By Rich Grimm 50/50 - Auction Table - Monthly Raffle - Door Prizes

Members \$5 Guests \$7

Reserved Tables of 6-8 only 235 N. 4th Street, Steubenville 740-520-0120