

Massages	<u> </u>	USD
The Ultimate Aromatherapy Experience	60/90 min	120/160
Intensive Muscle Release	30/60 min	70 /120
Sleep Deeply	60/90 min	120 /160
Our Signature Fusion	60/90 min	120 /160
Traditional Thai	60/90 min	120 /160
Hot Stone	90 min	160
Foot Acupressure	30/60 min	70 /120
Bespoke Focused Add-ons Head and Scalp Back Foot	30 min 30 min 30 min	70 70 70
Massage Packages		
Members Package	10 × 60 min 10 × 90 min	960 1280
Non-members Package	10 × 60 min 10 × 90 min	1080 1440
Valid for one year from date of purcha	se	

All prices include VAT

Body Care	<u> </u>	USD
Bespoke Skin Polish	30 min	70
Body Refiner	60 min	120
Ultimate Detox Reviver	60 min	120
Hammam	<u> </u>	USD
Traditional Turkish Hammam	60 min	120
Our Signature Hammam	90 min	160
A 60 min Hammam followed by a 30 min Massag	e	
Facials	©	USD
Hydrating	60 min	120
Soothing	60 min	120
Purifying	60 min	120
Deep Cleansing	90 min	160
Ultimate Rose Infinity	90 min	200
Add-on		
Eye Repair	30 min	70
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Pregnancy Specials	<u> </u>	USD
Rose Pregnancy Massage	60 min	120
Rose Post Pregnancy Skin Nourisher	60 min	120
Essential Rose Facial	60 min	120

Gentlemen's Favorites	©	USD
Intensive Muscle Release Massage	30/60 min	70 /120
Our Signature Fusion Massage	60/90 min	120 /160
Traditional Turkish Hammam	60 min	120
Deep Cleansing Facial	90 min	160
Experiences	©	USD
The Relax Experience - Ultimate Aromatherapy Massage - Bespoke Facial	2 h	220
The Renew Experience - Traditional Turkish Hammam - Signature Fusion Massage	2 h	200
The Revive Experience The Ultimate Detox Reviver Focused Massage Eye Repair	1 h 30 min	210
The Duo Experiences - Duo Ultimate Aromatherapy Experience Massage	60/90 min	240/320
- Duo Signature Fusion Massage	60/90 min	240/320
- Duo Traditional Turkish Hammam	60 min	240
- Duo Signature Hammam A 60min Hammam followed by a 30min Massage	90 min	320

All our treatments can be booked for two people

Personal Training	<u>©</u>	USD
1 Session	60 min	40
Full-body Stretching Session	20 min	25
Welcome Package	12 x 60 min	390
 12 Personal Training Sessions (60 minutes each) Unlimited use of Gym, Sauna, Steam Room, Indoor and Outdoor Pools before or after the booked session 10% discount on Spa à la carte treatments 10% discount on Spa products 		r Pools
Valid for 2 months from date of purchase	e and non-renewable	
Training Packages		

Members Package	15 × 60 min	375
	30 × 60 min	675
Non-members Package	15 × 60 min	525
	30 × 60 min	960

Valid for one year from date of purchase

<u> </u>	USD
60 min	25
Once a week	85
Twice a week	130
	60 min Once a week

Missed sessions are not refundable

Aqua Gym	©	USD
1 Session	60 min	20
4 Sessions	Once a week	75
8 Sessions	Twice a week	130
Missed sessions are not refundable		
Swimming	©	USD
Swimming 1 Lesson	© 60 min	USD 25
1 Lesson	60 min	25
1 Lesson 10 Lessons	60 min	25 200

Please call us to inquire about scheduled classes or private sessions

Day Pass	<u> </u>	USD
Access to all Spa facilities, including the Gym	Full day	50
In-House Guests	G	USD
Access to the Sauna, Steam Room and Diwan for the In-House Guests	Full day	35

Guests Staying at Al Bustan Hotel benefit from complimentary access to the Gym, Indoor Pool, Hydro Pool and Outdoor Pool.

In-House Guests are offered a 10% discount on Spa Treatments

The Emerald Membership, yearly	<u> </u>	USD
Per person	1 year	2700
Per couple	1 year	5000

- A complimentary night in our Executive Suite with breakfast for two
- Unlimited use of Gym, Sauna, Steam Room, Indoor and Outdoor Pools
- Tailor-made personal fitness program
- 24 Complimentary Personal Training Sessions
- 10 Guest invitations
- 2 Complimentary massages (60 minutes each)
- 20% Discount on Spa à la carte treatments
- 10% Discount on Spa products
- Members-only special packages on additional Personal Training Sessions
- Complimentary freezing option (1 month)

The Turquoise Membership, yearly	<u> </u>	USD
Per person	1 year	2200
Per couple	1 year	4100

- Unlimited use of Gym, Sauna, Steam Room, Indoor and Outdoor Pools
- 6 Complimentary Personal Training Sessions
- 4 Guest invitations
- 1 Complimentary massage (60 minutes)
- 20% Discount on Spa à la carte treatments
- 10% Discount on Spa products
- Members-only special packages on additional Personal Training Sessions

3 months

950

- Unlimited use of Gym, Sauna, Steam Room, Indoor and Outdoor Pools
- 20% Discount on Spa à la carte treatments
- 10% Discount on Spa products

Per person

The Coral Membership, monthly	<u> </u>	USD
Per person	1 month	350

- Unlimited use of Gym, Sauna, Steam Room, Indoor and Outdoor Pools
- 20% Discount on Spa à la carte treatments
- · 10% Discount on Spa products

The Amber Membership, off-peak	<u> </u>	USD
Per person	1 year	1800
Per couple	1 year	3500

- Unlimited use of Gym, Sauna, Steam Room, Indoor and Outdoor Pools from 10 am to 3 pm, including Saturdays and Sundays
- 20% Discount on Spa à la carte treatments
- 10% Discount on Spa products
- $\cdot \ Members-only \ special \ packages \ on \ additional \ Personal \ Training \ Sessions$

The Made-to-measure Membership

Think of us as your fitness and well-being coach. Following your preferences, we will prepare a made-to-measure membership especially for you, with:

- Unlimited use of Gym, Sauna, Steam Room, Indoor and Outdoor Pools
- Spa treatments, a discount on Spa products
- A package of Personal Training Sessions
- A complimentary night in our Executive Suite with breakfast for two
- A complimentary freezing option (1 month)

Access to Facilities

Guests who book a treatment of one hour or more, are welcome to use the Spa facilities: Indoor Pool, Hydro Pool, Sauna, Steam Room and Outdoor Pool. The Gym is reserved for Hotel Guests, Spa members and Day Pass holders.

Opening Times

Open daily from 7 am to 9:30 pm.

Arrival

We recommend that you arrive $30\,\mathrm{minutes}$ before your first scheduled appointment to have enough time to check in.

We kindly ask you to understand that your late arrival will determine the length of your treatment time.

Cancellation Policy

In case of changes or cancellation, please inform us at least by 7 pm the day before your appointment, otherwise the full price of the treatment will be charged.

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