

**MAKE IT A**

**SEPTEMBER**

**TO REMEMBER**

*Dr. Gerhard le Roux*



**REMEMBER: 2024 IS A YEAR OF GROWTH!**

**“... growing in every way more  
and more like Christ...”**

**(Ephesians 4:15)**

**REMEMBER: THE ACRONYM “GROW”**

**In 2024 I am going to GROW in:**

**G - Putting GOD First**

**R - My RELATIONSHIP with God and people**

**O - OBEDIENCE**

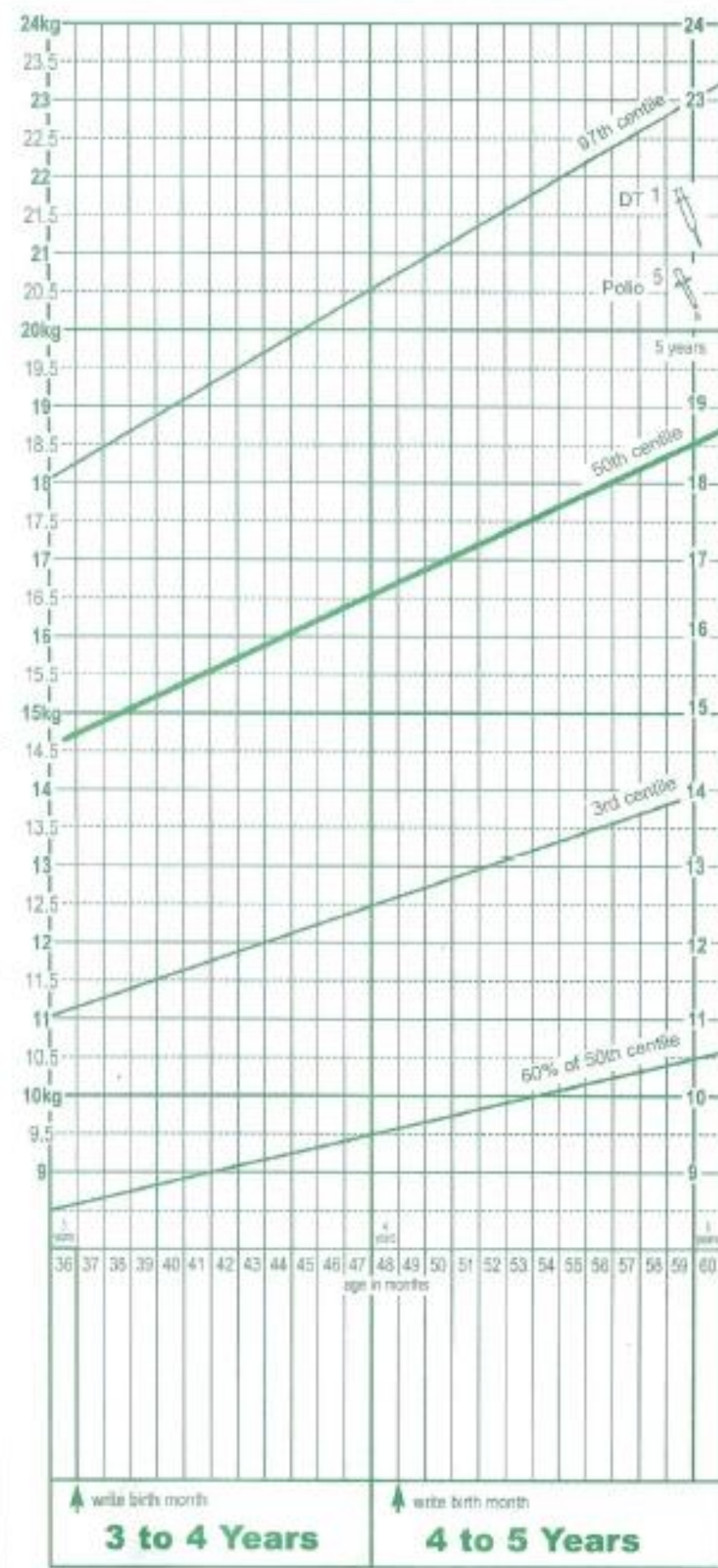
**W - Acting on God's WORD**

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“God’s word is not just to be heard and repeated; it is to be breathed, lived, and emulated with each action.”

- **Steve Maraboli**





## Road to Health Chart

**IMPORTANT:** Always bring this chart when you visit any health clinic, doctor or hospital and present the chart on school entry

Department of Health

GW 8/123

Child's name: \_\_\_\_\_ boy  girl

Child's ID number: \_\_\_\_\_

Date of birth: \_\_\_\_\_ Place of birth: \_\_\_\_\_

Birth weight: \_\_\_\_\_ Birth length: \_\_\_\_\_ Birth head circumference: \_\_\_\_\_

Problems during pregnancy / birth / neonatally: \_\_\_\_\_

AGPAR 1 min: \_\_\_\_\_ Gestational age (wks): \_\_\_\_\_ Mother's Serology: \_\_\_\_\_

AGPAR 5 min: \_\_\_\_\_

Mother's file numbers: \_\_\_\_\_ Antenatal: \_\_\_\_\_ Delivery: \_\_\_\_\_

RTHC information given by: \_\_\_\_\_

Mother's name: \_\_\_\_\_

Father's name: \_\_\_\_\_

Who does the child live with? \_\_\_\_\_

How many children has the mother had?  
 Number born: \_\_\_\_\_ Number alive now: \_\_\_\_\_ Date information given: \_\_\_\_\_

Reason(s) for death(s): \_\_\_\_\_

### Visual screening

Pencil test (>6 weeks)  
 Result: L:  yes  no R:  yes  no Date tested: \_\_\_\_\_

Snellen Chart test: conduct with E-chart (>2 years)  
 Result: L: \_\_\_\_\_ R: \_\_\_\_\_ Date tested: \_\_\_\_\_

### Hearing screening

Does baby appear to listen when someone is talking or singing? (at 3 months)  
 Result:  yes  no Date tested: \_\_\_\_\_

Does baby turn to a loud noise? (at 6 months)  
 Result: L:  yes  no R:  yes  no Date tested: \_\_\_\_\_

Voice test: Hearing impairment (>12 months)  
 Result:  Normal hearing  Moderate impairment  Severe impairment Date tested: \_\_\_\_\_

### IMMUNISATION

	Vaccine	Site	Date give	
			day / month /	year
<b>PRIMARY SCHEDULE</b>	BCG	Right arm	/	/
	Polio 0	Oral	/	/
	Polio 1	Oral	/	/
	DTP 1	Left thigh	/	/
	Hib 1	Left thigh	/	/
	Hep B 1	Right thigh	/	/
	Polio 2	Oral	/	/
	DTP 2	Left thigh	/	/
	Hib 2	Left thigh	/	/
	Hep B 2	Right thigh	/	/
	Polio 3	Oral	/	/
	DTP 3	Left thigh	/	/
<b>BOOSTERS</b>	Hib 3	Left thigh	/	/
	Hep B 3	Right thigh	/	/
	Measles 1	Right thigh	/	/
	Polio 4	Oral	/	/
	DTP 4	Left arm	/	/
	Measles 2	Right arm	/	/
Polio 5	Oral	/	/	
DT 1	Left arm	/	/	
BCG Repeat	Right arm	/	/	
Other ( )				
Other ( )				

In need of special care (mark ✓)

Was the baby less than 2.5kg at birth?  yes  no Are any brothers/sisters under 5 years?  yes  no

Is the baby a twin?  yes  no Is the baby born to a single parent?  yes  no

Household TB contact?  yes  no Does the mother have TB?  yes  no

Are there any reasons for taking extra care?  yes  no (for example single parent)

### Address of clinic(s) visit

Clinic 1: \_\_\_\_\_ Clinic 2: \_\_\_\_\_

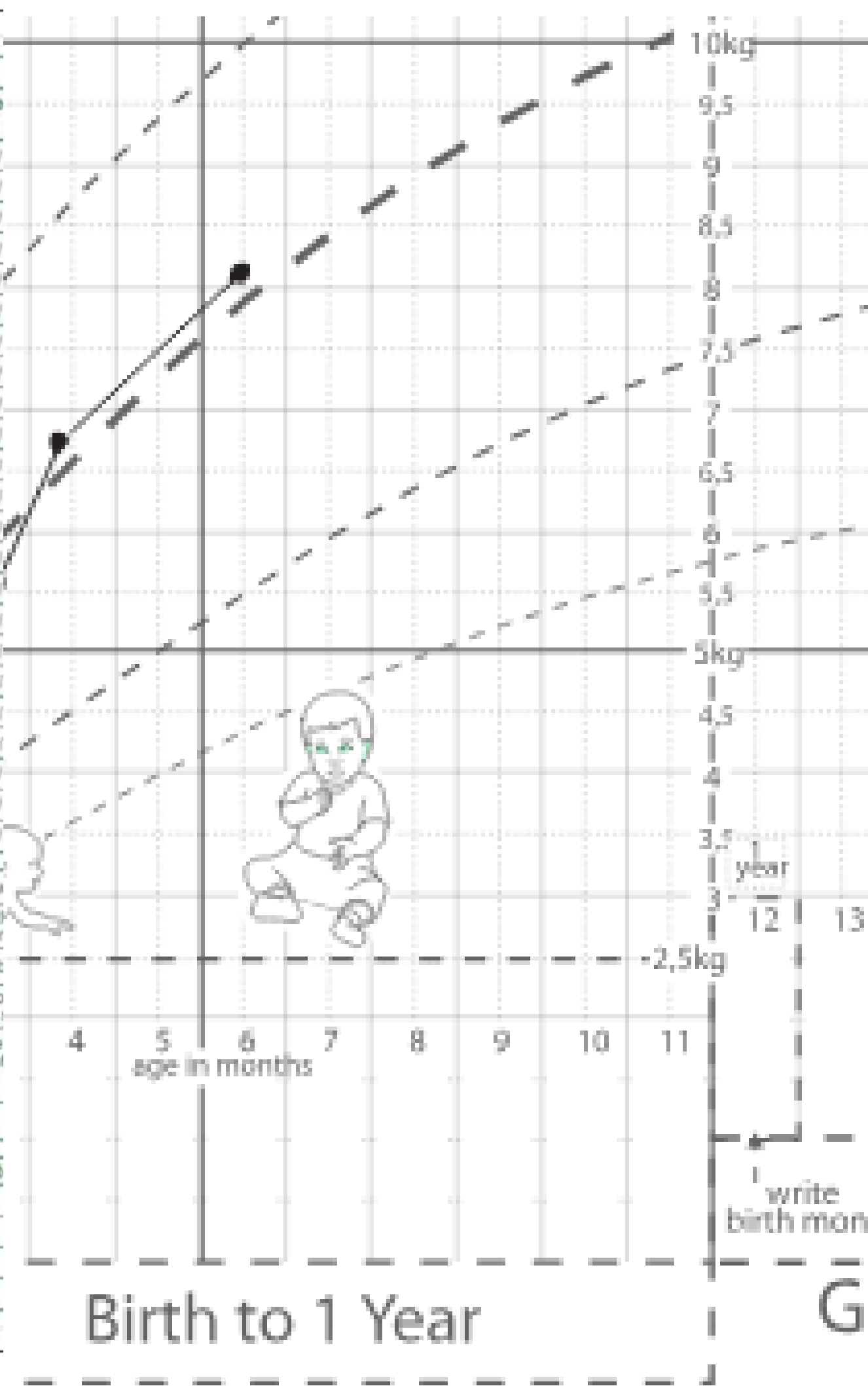


FIGURE 1-A1: Road-to-Health Card.

## John 4:9-13 (NKJ)

<sup>9</sup>Then the woman of Samaria said to Him, "How is it that You, being a Jew, ask a drink from me, a Samaritan woman?" For Jews have no dealings with Samaritans.

<sup>10</sup> Jesus answered and said to her, "**If you knew the gift of God, and who it is who says to you, 'Give Me a drink,' you would have asked Him, and He would have given you living water.**"

<sup>11</sup> The woman said to Him, "**Sir,** You have nothing to draw with, and the well is deep. **Where then do You get that living water?** <sup>12</sup> Are You greater than our father Jacob, who gave us the well, and drank from it himself, as well as his sons and his livestock?" <sup>13</sup> Jesus answered and said to her, "Whoever drinks of this water will thirst again,



## John 4:14-20 (NKJ)

***14** but **whoever drinks of the water that I shall give him will never thirst. But the water that I shall give him will become in him a fountain** of water springing up into everlasting life."*

***15** The woman said to Him, "Sir, give me this water, that I may not thirst, nor come here to draw."*

***16** Jesus said to her, "**Go, call your husband, and come here.**"*

***17** The woman answered and said, "**I have no husband.**"*

*Jesus said to her, "You have well said, 'I have no husband,' **18** for you have had **five husbands, and the one whom you now have is not your husband; in that you spoke truly.**"*

***19** The woman said to Him, "**Sir, I perceive that You are a prophet.** **20** Our fathers worshiped on this mountain, and you Jews say that in Jerusalem is the place **where one ought to worship.**"*



## John 4:31-34 (NKJ)

<sup>31</sup> In the meantime His disciples urged Him, saying, "Rabbi, eat."<sup>32</sup> *But He said to them, "I have food to eat of which you do not know."*<sup>33</sup> *Therefore the disciples said to one another, "Has anyone brought Him anything to eat?"*<sup>34</sup> *Jesus said to them, "My food is to do the will of Him who sent Me, and to finish His work."*

## **FOUR NEEDS WERE ADDRESSED IN JOHN 4:**

- **The Need of love and acceptance v18**
- **The Need to Worship v20**
- **The Need for Living Waters v13-15**
- **The Need for Food v31-34**

## 1 Pet 2:2 (NKJ)

<sup>2</sup> as **newborn babes**, desire the **pure milk of the word**, that you may grow thereby, <sup>3</sup> if indeed you have tasted that the Lord *is* gracious.

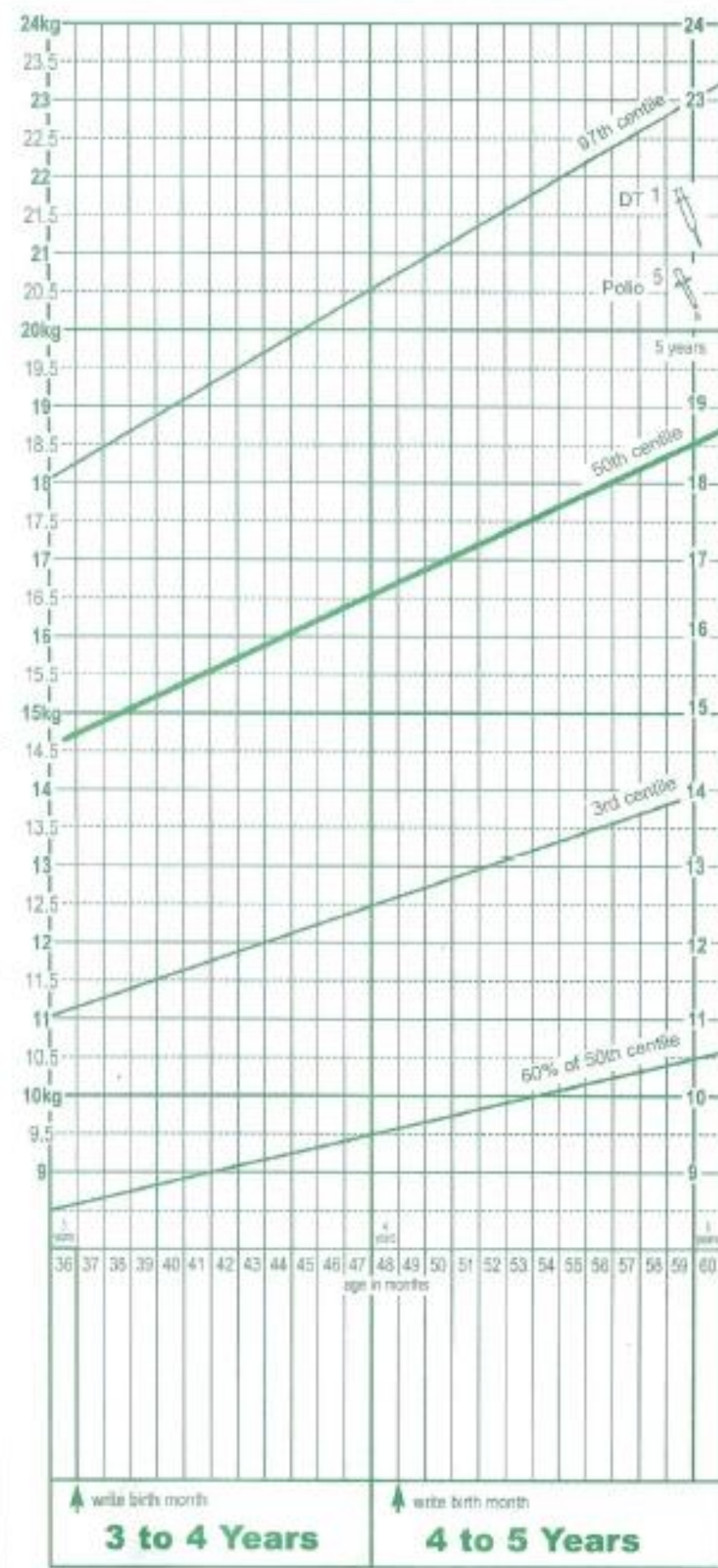
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## Heb 5:12-14 (NKJ)

*<sup>12</sup> For though **by this time** you **ought to be teachers**, you need someone to **teach you again** the **first principles** of the oracles of God; and **you have come to need milk** and **not solid food**. <sup>13</sup> For everyone who partakes only of milk is **unskilled in the word** of righteousness, for **he is a babe**. <sup>14</sup> But **solid food** belongs to those **who are of full age**, that is, **those who by reason of use** have **their senses exercised** to discern both good and evil.*





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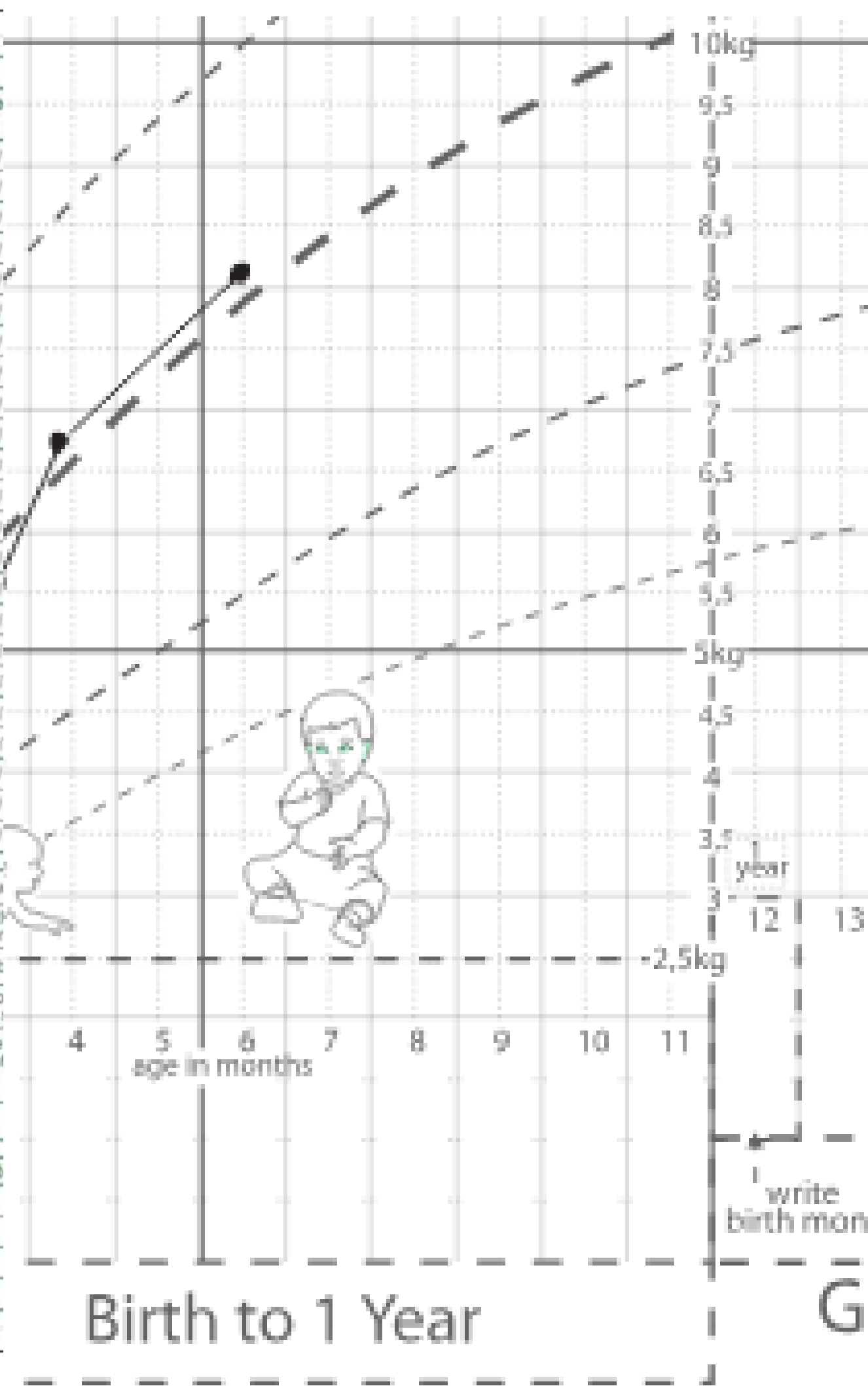


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## Joh 15:2 (NKJ)

*<sup>2</sup> Every branch in Me **that does not bear fruit** He takes away; and every branch that bears fruit He prunes, that it may bear more fruit.*



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