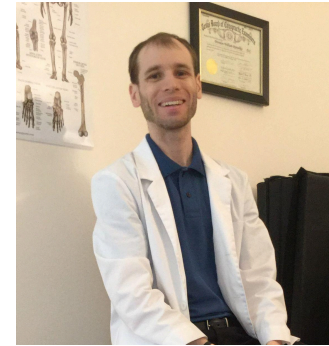
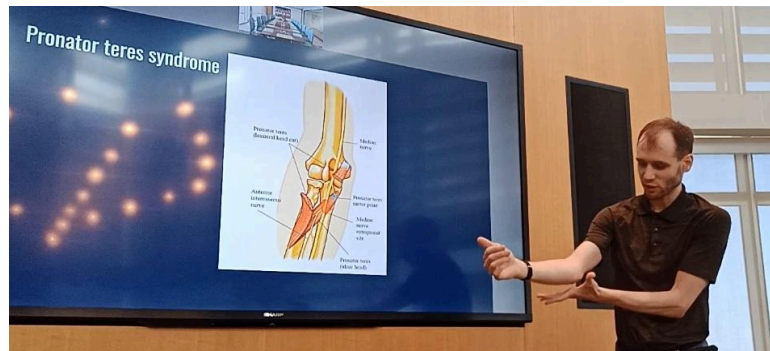


## Keynote Speaker, Talk Show or PodCast Guest

Due to frustrations with the healthcare system, Dr. Ramakko quit his long time college teaching job to relentlessly seek out answers. Now armed with knowledge and clinical experience he tries to share this wisdom as much as humanly possible so that others aren't stuck suffering like he was. He is an expert in musculoskeletal diagnosis and management with a particular emphasis on chronic pain. He tries to help educate physicians AND he tries to educate the general public. He believes patients can be more active in their health management when given basic understanding.



While starting his healthcare education with just a BS in Human Biology, he has gone on to become a board-certified neuromusculoskeletal medicine specialist, obtained physician-level certification in MSK sonography, and is a board-certified lifestyle medicine professional. Some of his credentials: MS, DC, DIANM, RMSK, and DipIBLM. In early 2024 he published his first book: "Pain is Not a Life Sentence: A Guide to Understanding and Eliminating Chronic Muscle, Joint, and Nerve Pain", an Amazon bestselling book in the musculoskeletal diseases category.



Podcast Talking Points/Questions:

- What is pain?
- What are the problems in the healthcare system that result in chronic pain?
- What are common sources and solutions of chronic pain?
- What are some common misdiagnoses by MDs?
- What are some common office worker pains and their solutions?
- A revolution in healthcare is coming: handheld MSK sonography
- Metacognition is the key to excelling in school
- Why I wouldn't trust the Canadian education system to teach my kids math and science
- What's it like living in the Cayman Islands (where I worked 2021-2023) or Indonesia (where I currently live)?

If you or a loved one has chronic pain we could use that as an example case to work through: possible causes and possible solution.

Links for More information:

[Website](#)

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