

# GENTLE SENSORY

## Early Childhood Key Worker Program

### **What is a Key Worker?**

A Key Worker is a dedicated professional who provides guidance and support to families with children aged 0-7 years, helping them achieve their goals in a way that fits naturally into their daily lives. A Key Worker is there to ensure your child receives the right support in the right way, making a positive impact on their growth and development.

### **Key Responsibilities of a Key Worker:**

- Supporting child aged 0-7 years
- Working with the child, family and key individuals to develop and achieve your child's goals
- Regularly reviewing Therapeutic Support Plans to ensure continue improvement
- Provides tailored supports implemented within the family routine, home, school and community.
- Empowers and build parent/caregiver confidence
- Engage in early years childcare, kinder and school programs to ensure continuity of care
- Engage with care team professionals to ensure collaboration

### **Benefits of a Key Worker Approach:**

- Provides a single point of contact for families ensuring consistent support
- Reduces stress by simplifying access to services and resources
- Encourages collaboration between families, professionals, and community services
- Builds confidence in parents and caregivers through shared decision-making
- Enhances early childhood development by supporting learning in natural environments
- Strengthens family relationships by integrating support into daily routines

## What to Expect?

### Stage 1: Initial Intake/ Assessment

- Completion of initial parent consultation with key worker
- Completion of in-home observation
- Completion of in-care observation
- Completion of Assessment, if applicable
- Completion of care team meeting and consultation with all engaging professionals

### Stage 2: Development of Therapeutic Support Plan

- Key worker collates all internal and external observations, assessments, reports and if applicable, NDIS goals.
- Formulates a therapeutic support plan based on collated information and evidence research.
- Therapeutic Support Plan reviewed by industry consultants (OT, Psychotherapists) for professional endorsement.

### Stage 3: Therapeutic Engagement

- Therapeutic Support Plan implementation
- Sessions occur as per support plan

## What Makes Gentle Sensory's Program Different?

We know that the foundational years of life (0- 7 years old) is extremely important for development, and due to this, it is important that approaches are heavily informed by evidence to minimise unnecessary harm and avoidable delays. This is what makes our program different. Gentle Sensory prides itself on developing programs that are consistent and reflective of the latest research and evidence-based practices.