



Celebrating our 51-year history of KEEPING COBB

SENIORS CONNECTED AND INFORMED

Welcome to the Senior Citizen Council of Cobb e-BULLETIN
The Senior Citizen Council of Cobb is an all-volunteer, independent, nonprofit (501)(c)(3) organization formed to inform and empower Cobb Seniors.

CLICK HERE to join us as a paid member to help support Cobb seniors.

CLICK HERE to donate to the Senior Citizen Council of Cobb County.

PLEASE NOTE our new website: <https://www.seniorsofcobb.org/>

CLICK HERE for our monthly Board meetings and events in person and on Zoom which are open to Cobb seniors

The BULLETIN has been published by the Senior Citizen Council for 25 years



TAKING CHARGE OF YOUR OWN HEALTH CARE

Our next event is one to which I think you might be able to relate if you have been served by the U.S. Healthcare system in any way. A professional Patient Advocate has worked hard to create an interactive presentation especially for our attendees who are concerned about:

- Is your doctor really hearing you?
- Are you charged for services not received or requested?
- Do you understand your treatment plan?
- Who can help you if you have a complaint?
- How to safely reduce the number of medications you are taking?
- When should you replace your doctor?
- Are you being overcharged for services?
- How to handle a doctor who doesn't listen well to senior patients?
- Who to call upon when a hospital stay isn't going well?

There will be ample time for questions, and we've even built in some role-playing to illustrate what goes right and wrong during a visit to the doctor.

DATE: Friday August 16

TIME: 10:30 AM -12:30 PM

**LOCATION: Ron Anderson Recreation Center
3820 Macedonia Rd, Powder Springs,**

BRING A FAMILY MEMBER!

CLICK HERE to register for this no cost seminar.

By the way... While in Powder Springs stop by the Seven Springs Museum at the Bodiford House at 4355 Marietta Street, Powder Springs. The Bodiford Home was purchased by the City of Powder Springs in 2014. It is a two-story Queen Anne home with designs of the late 19th century. Lots of artifacts and pictures from the area. The original core of the home dates back to the 1800's.

<https://sevenspringsmuseum.org/>

The Senior Citizen Council will continue to plan these interactive presentations and events on topics relevant to improving the well-being of Cobb seniors.

- August 9, 11:30 to 1:00 Board Meeting, open to Cobb seniors
- August 24. 11:00 AM to 4:00 PM Cobb International Festival
- September 11, 11:00 to 1:30 National Senior Citizen Day celebration and awards
- November 1, We Care Vet Fair 11/1/2024 09:00 AM - 05:00 PM
- September 20, Senior Day at North Georgia State Fair 09:00 AM - 1:00 PM
- October 5, SCC Senior EXPO
- October 10, Senior Safety 10:30 AM - 1:30 PM

CLICK HERE for future events.



Cobb County Home Repair Program

The Cobb County Home Repair Program is available for all income-eligible Cobb County residents. Allowable work includes, but is not limited to:

Roof, HVAC, Electrical, Plumbing

Accessibility modifications (ADA standards)

Code violations, Exterior work (driveways, walkways)

Pre-registration session at Mt. Pisgah Baptist Church, 851 South Gordon Rd SW, Austell, GA 30168. (770) 948-5443 September 21, Saturday, 10 am—3 pm

To request an application, go to www.mowatl.org/homerepairs

Or contact: Meals on Wheels Atlanta, Home Repairs

homerepairs@mowatl.org

(404) 351-3889, extension 310



Cobb Senior Services Newsletter

CLICK HERE for all the information on Senior Services programs in one place

Cobb Senior Services Veteran Connection

CLICK HERE for the August Veteran Connection meetings.



Cobb Senior Services Aging Mastery Program Workshop

Tired of fighting the aging process? Learn how to age on purpose! Aging Mastery is an interactive ten session workshop designed to prepare you to grow older with understanding of what you need to live a fulfilling life and how to be proactive in setting up your future self for success! With lessons and tools from this workshop, you will learn to masterfully navigate aging. **First class attendance is required to remain in series.**

Tuesdays, August 27 - October 29 | 10:00 am – 11:30 am | FREE

Senior Wellness Center | 1150 Powder Springs Street, Marietta, GA 30064

Register at <https://tinyurl.com/37ck6m26> or call 770-528-5355.

CLICK HERE for the brochure.



Ever wish you were better at using your Apple iPhone?

The Apple stores conduct learning sessions on iPhone, iPad, photos and other technologies. Whether you're new to Apple or need a refresher on the latest products and features, these sessions will get you up and running quickly.

CLICK HERE to schedule a training on Apple products at Cumberland Mall



Voter Education

KNOW BEFORE YOU GO...

SCC Partners With Cobb County Senior Services Department to Provide Election Information

CLICK HERE for more information



Technology Scams

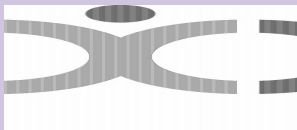
Cobb County has received reports of text messages claiming to be from Cobb Elections and Voter Registration. The messages direct recipients to apply for an absentee ballot via a link to the Georgia Secretary of State's office. While the link is legitimate, the text

messages are NOT from Cobb Elections, and the phone number is a spoof.

Important safety tips:

- Never click on links in emails or texts unless you know the sender's identity.
- Spoof websites can look identical to the real ones. Always verify by typing the URL directly into your browser.
- Read more about spoofing, scams, and **cyber security here**.

Source: Cobb County Weekly



Cobb Mentoring Matters

Cobb Mentoring Matters is a school-based mentoring program matching Cobb students ages from 10 to 18 with volunteers from our diverse community

CLICK HERE for more information

Cobb and Douglas Public Health Grant to help homeowners pay septic fees

Using an American Rescue Plan Act grant, Cobb and Douglas Public Health will provide a one-time water bill credit of up to \$250 to primary Cobb homeowners who get their septic tanks pumped. Homeowners who participate in the program will receive a credit of up to \$250, based on the actual cost of service, after having their septic tank pumped by a state-approved provider.

Eligible services must be completed by Sept. 30, 2026, or until grant funds are exhausted, whichever comes first. This initiative aims to encourage regular septic tank maintenance, preventing system failures, protecting water quality, and ensuring a cleaner, healthier environment for all. Homeowners interested in the program can enroll by clicking here.

For more information,

Email cdph.environmentalhealth@dph.ga.gov or call 770-435-7815.



Georgia Council on Aging

Click the buttons below to access PowerPoint presentation slides from both MaryLea Boatwright Quinn, Division of Aging Services and Spencer Hardin, PhD, Alzheimer's Association presented during the July 2024 CO-AGE meeting.

**Division of Aging Services Update PowerPoint Slides
Supported Decision-Making: An Alternative to Guardianship**

RESOURCES FOR SENIORS

CLICK HERE for a helpful website list for seniors

CLICK HERE for List of Senior Discounts at Restaurants in 2024

CLICK HERE for 14 Supermarkets that Give Seniors a Discount



Senior Citizen Council St

**Senior Citizen Council of Cobb County
NEW Mailing Address: 257 Lawrence Street, Unit 4262
Marietta, GA 30061**

<https://seniorsofcobb.org>

**Feel free to contact us by email info@seniorsofcobb.org
or by phone (404) 500-8601**

[CLICK HERE](#) for previous e-BULLETIN'S

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