

KEEPING COBB SENIORS CONNECTED AND INFORMED

Welcome to the Senior Citizen Council of Cobb e-BULLETIN The Senior Citizen Council of Cobb is an all-volunteer, independent, nonprofit (501) (c)(3) organization formed to inform and empower Cobb Seniors. CLICK HERE to donate to the Senior Citizen Council of Cobb County. You will find our monthly meetings which are open to the public and events at: https://www.seniorsofcobb.org/

The BULLETIN has been published by the Senior Citizen Council since 1999

Follow us on Social Media #seniorsofcobb #cobbseniors





Wishing you peace, joy, and love this holiday season and always.



The Senior Citizen Council of Cobb would like to wish all Cobb seniors a very happy and joyful Holiday Season

Please note there will not be an e-BULLETIN in December.



Holiday Message from the President

The Senior Citizen Council of Cobb is proud to reflect on a successful year dedicated to keeping our seniors connected and informed. With 14 engaging events and meetings covering a diverse range of topics, we hope we have played a part in

fostering a vibrant community of seniors in Cobb.

Our monthly e-bulletin keeps growing with over 3,000 subscribers and **this year we** expanded our outreach with the addition of our presence on the major social media platforms. The links are above so please "follow us" for current information.

The community is noticing us which has led to increasing attendance at the numerous events we sponsor. The annual National Senior Citizens Day luncheon at which the Lifetime Proclamation awards for outstanding senior volunteers are presented was sold out and is always the highlight of the year. But just as important, are the informative seminars and briefings we present with such topics as Downsizing and Decluttering, being your own Patient Advocate in the Healthcare

System, How to Choose the Best Medicare Plan for You, Elder law including Wills and Trusts, Safety Issues Seniors Need to Know. The public is welcome to all events, and they are usually free.

We recently conducted a **Membership Satisfaction survey** of our subscribers and members, and **82% of respondents scored themselves as** <u>Very satisfied or</u> <u>satisfied with SCC and member loyalty was rated as</u> <u>excellent</u>. This e-BULLETIN was rated as <u>very informative or informative</u>.

Our motto is **"Keeping Cobb Seniors Connected and Informed".** If any senior has skills in project management, social media, Salesforce, website management or newsletter publishing (Constant Contact), we could use your expertise as we continue to grow our outreach to Cobb seniors.

Nonmembers are also invited to our monthly board meetings which are in person and on Zoom the second Friday of each month. They are listed on our website. Hopefully, getting to know us will catch your interest and you will choose to join as a paid member which is only \$12 a year.

We want to thank everyone for their support as we begin our 52nd year with a special note of appreciation to our members, sponsors, and donors for their participation in 2024. We are sure 2025 is going to be another wonderful year with lots of fun and surprises planned for the SCC!

Jim D'Emilio, President, The Senior Citizen Council of Cobb.



National Wreaths Across America Day

December 14, 2024, Cobb Veterans Memorial Foundation will be helping Marietta National Cemetery to Remember and Honor our veterans by laying Remembrance wreaths on the graves of our country's fallen heroes.

Please help honor and remember as many fallen heroes as possible by sponsoring remembrance wreaths, volunteering on Wreaths Day, or inviting your family and friends to attend with you.

Thank you for supporting Cobb Veterans Memorial Foundation and Wreaths Across America!

CLICK HERE for more information **CLICK HERE** for the Cobb Veterans Memorial Story



Cobb Senior Services Veteran Connection is once again excited to honor the wonderful Veterans of Cobb County with a Christmas Luncheon on December 11th at Cobb Senior Services on Powder Springs Road. For those of you who have joined us in the past, you have experienced the great food, amazing entertainment, very delicious desserts, and fantastic camaraderie.

PLEASE RSVP by December 4th to be sure that there is enough delicious food (and seats) for all.

CLICK HERE for the RSVP information

Cobb Senior Services Veteran Connection

Join the Veteran Connection November 20th for Raymond Fordyce's presentation, "Moving Targets: Tech, Tactics and Trickery", a riveting discussion of the World War 2 air war in Europe and the Pacific. Location: Wellness Center on Powder Springs Road

CLICK HERE for the Veteran Connection Newsletter. ALSO: If you know a Veteran or other person in need, please share the information regarding the American Legion Post 160 food giveaway.

CLICK HERE for more information



Apple Corp. & Senior Citizen Council of Cobb

Apple and SCC have teamed up to provide dedicated Apple classes every Friday at the Apple Lenox Mall Store. These one-hour classes are taught by a seasoned 20-year Apple instructor specifically

tailored for seniors.

- The Apple Store address if 3393 Peachtree Rd NE, Atlanta.
- Class starts at 11:00 AM.
- There is free parking right in front of the Apple Store.
- You can learn valuable skills related to using Apple products including photos, iMovie and security.

Also, the class will cover the newest emergency features like SOS are critical to seniors.

Email **info@seniorsofcobb.org** with name and phone number to reserve a spot in 2024



Participants will receive 2 digital files ready for sharing or printing. Register here for this FREE photo event:

Start the new year with a family portrait

The Senior Citizen Council of Cobb and the Cobb Photographic Society invite you to a collaborative event to welcome in 2025 with a photographic keepsake.

We will be providing a New Years portrait for your family members.

Participants will receive 2 professional digital portraits ready for sharing.

CLICK HERE to REGISTER

Santa's Elves for Seniors Nominate a senior or

adopt a senior

Since 2005, Santa's Elves for Seniors has been brightening the holidays for isolated Cobb County seniors who might not otherwise receive a gift or visit. Do you know a senior (age 55+) living in Cobb County who could use some extra cheer this year? To adopt a senior contact andrea.rapowitz@cobbcounty.org

To nominate a senior, use the link below:

https://cobbcounty.seamlessdocs. com/f/fqhya20ib3bt

> Monday, November 18th 2024 12pm-1pm EST Please register for the Zoom link tinyurl.com/ALZResearch1124

For 24/7 Alzheimer's care and support call 800.272,3900 or visit alz.org.





Advancing the Science: The latest in Alzheimer's and Dementia Research

Learn the latest in the exciting research that is taking place to address Alzheimer's disease. This is a FREE webinar.

Presented by jill Disney, Senior Director, Programs and Services, Alzheimer's Association

CLICK HERE for the Zoom link:



Nominate a Distinguished Older Georgian!

GCOA is accepting nominations from November 1st -December 1st for the Distinguished Older Georgian Award.

CLICK HERE for the latest GCOA newsletter

UPDATED RESOURCES FOR SENIORS CLICK HERE for a helpful website list for seniors

Additional Resources: SEC Resources for Seniors Who do I contact - Social Security or Medicare? Frequently Accessed Online Services, SSA.gov What You Can Do online, SSA.GOV



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CareBuilders at Home provides comprehensive home care solutions for those in need of assistance with activities of daily living. We work directly with our clients and their families to develop individualized care



plans designed to meet the specific needs of each client, and their budget to ensure client safety, promote independence, and improve quality of life for those we serve.

CLICK HERE for more information

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Senior Citizen Council of Cobb County NEW Mailing Address: 257 Lawrence Street, Unit 4262 Marietta, GA 30061 https://seniorsofcobb.org Feel free to contact us by email info@seniorsofcobb.org or by phone (404) 500-8601 CLICK HERE for previous e-BULLETIN'S

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