



Celebrating our 52-year history of
KEEPING COBB SENIORS CONNECTED AND INFORMED

Welcome to the Senior Citizen Council of Cobb e-BULLETIN
The Senior Citizen Council of Cobb is an all-volunteer, independent, nonprofit (501) (c)(3) organization formed to inform and empower Cobb Seniors.

This BULLETIN has been published consistently by the Senior Citizen Council since 1999.

Follow us on social media
[#seniorsofcobb](#) [#cobbseniors](#)



CLICK HERE to help us fund the Vial of LIFE (LIFESAVING INFORMATION FOR EMERGENCIES) medical information program for 2025

Upcoming meetings and events

You will find our monthly meetings and events which are open to the public at: <https://www.seniorsofcobb.org/>

PATIENT ADVOCACY TAKE CHARGE OF YOUR OWN HEALTH CARE

Date: Friday March 21, 2025

Time: 10:30 AM - 12:00 PM

Location: Sewell Mill Library ([Map](#)),

2051 Lower Roswell Road Marietta, GA 30068

Learn about patients' rights and managing one's own health care. Is your doctor really hearing you? Are you charged for services not received or requested? Do you understand your treatment plan? Who can help when you have a complaint? How do you safely reduce the number of medications you are on? When should you replace your doctor?

FREE entry but you must register to save your seat.

This was a very popular topic for Cobb seniors last time so **CLICK HERE** to register.

Take charge of your health brochure

March 14, 2025, General Board Meeting open to Cobb seniors, either in person or via Zoom

- **CLICK HERE** for more information and Zoom link
- Date: 3/14/2025, 11:30 AM - 1:00 PM
- Location: Cobb Senior Services Wellness Center ([Map](#))
- 1150 Powder Springs Street, Marietta, GA

The Senior Citizen Council of Cobb focuses on **KEEPING COBB SENIORS CONNECTED AND INFORMED**. We are proud to present our list of

Accomplishments in 2024.

[CLICK HERE](#) to view or download the 4-page document.



[CLICK HERE](#) to see the March newsletter from Cobb County Senior Services

Cobb County is partnering with **FINDHELP** to assist residents in finding resources near them. Search for free or reduced-cost services like medical, food, job training and more. [CLICK HERE](#) for more information.

Mark your calendars for the **Cobb County Senior Services Annual Expo**, on Wednesday, April 23 at the Cobb Civic Center. To request a vendor application, send an email to cobbseiors@cobbcounty.org with "Expo" in the subject line. Reserve your spot and take advantage of this opportunity to meet Cobb seniors.

Cobb County Annual Report

<https://www.cobbcounty.org/communications/info-center/county-annual-report>

Did you know that Cobb residents have a lower tax burden than other metro counties? The General Fund millage rate remains the lowest of the core counties, and the sales tax rate is tied for the lowest in the state.

Mobile market starts soon

Cobb County Senior Services is hosting the March Mobile Market, providing free groceries to seniors in our community. **March for Meals** is a nationwide campaign highlighting the importance of senior nutrition programs in fighting hunger and isolation. If you are age 60 and above, join Cobb County Senior Services 10 - 11 a.m. Thursday, **March 13**, at the Austell Senior Center located at 4915 Austell Powder Springs Road, Austell. Limit one per household and car. Valid ID required. [View the flyer here.](#)



Veterans Corner

[CLICK HERE](#) for the March Cobb Senior Services Veteran Connection Newsletter.

[CLICK HERE](#) for the Woman's Veteran Connection Meeting.

Updated 2025 US Dept of Veterans Affairs Benefits Guide is now available. Don't miss out on what you've earned!

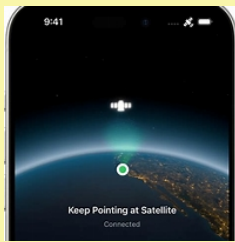
[CLICK HERE](#) to access the free guide



Apple & Senior Citizen Council of Cobb

Apple and SCC have teamed up to provide dedicated Apple classes for Cobb seniors at an Apple store. These one-hour classes are taught by a seasoned 20-year Apple instructor specifically tailored for seniors. You can learn valuable skills related to using Apple products including photos, iMovie and security. Also, the class will cover the newest emergency features like SOS which can be critical to seniors.

Email info@seniorsofcobb.org with name & phone number to reserve a spot.



iPhone Satellite Connection

Learn how to connect your Apple iPhone to a satellite connection when Cellular or Wi-Fi is not available.

CLICK HERE for more instructions.



Looking to receive current information from the Social Security Administration?

CLICK HERE to sign up for the SSA Newsletter

Protect Yourself from Scams

The Social Security Administration (SSA) Office of the Inspector General (OIG) is warning the public of a new scam tactic by criminals trying to lure potential retirement applicants to their site.

CLICK HERE for more information from SSA



Looking for Information on how to protect yourself from Medicare Scams?

Make sure you go to the SMP National Resource Facebook page.

<https://www.facebook.com/SMPNationalResourceCenter>

Other information from Senior Medicare Patrol:

Ask SMP Newsletter - January 2025

OTHER INTERESTING INFORMATION FOR SENIORS

- **Thank you to GreyStone Power Foundation, Inc.** for supporting the Operation Round UP program. GreyStone members can volunteer to round up their electric bills to the next dollar to provide monetary assistance for low-income customers making a tremendous difference in the lives of those who need help in our community. If you would like to participate in Operation Round Up, the Foundation's fundraising arm, simply check the "Yes" box on your GreyStone power bill. **CLICK HERE** for more information.
- **Keep Marietta Beautiful**, to host free document shredding
From Cobb Courier: It's that time of year before Tax Day when we need to dispose of stacks of no longer needed records, but we want to do it in a way that avoids identity theft or other fraud. **CLICK HERE** for more information.
- It's that time of year again! **Cobb EMC's HVAC Tuneup rebate** program encourages our members to schedule annual pre-season checkups with a qualified contractor to check that HVAC systems are operating efficiently. A yearly tune-up is one of several steps that our members can take to increase the efficiency of their heating and cooling system. Vouchers are available beginning March 1, 2025, and will remain available while supplies last. **CLICK HERE** for more information

- **Enhanced Standard Tax Deduction:** For the 2025 tax year, seniors aged 65 or older will receive an increased standard deduction. Single filers or heads of household will get an additional \$2,000, while married couples filing jointly will receive an extra \$1,600 per spouse. [CLICK HERE](#) for more information.
- **Updated Senior Citizen Discounts on Utilities:** Georgia Power offers a monthly discount of \$24.00 plus up to \$9.50 fuel credit for eligible seniors. Liberty Utilities and Atlanta Gas Light provide discounts on the base charge portion of gas bills for qualifying seniors. [CLICK HERE](#) for more information from the Georgia Public Service Commission.
- **CobbLinc GO** is a new on-demand transit service tailored to improve access in South Cobb, across Austell, Powder Springs, and southwestern Marietta. Click on this link for more information [CobbLinc Go](#).
- **Uber Caregiver** can help manage daily care for loved ones, letting you arrange transportation, track trip progress, and communicate with your loved one's driver, all in one place. In just a few steps, request a ride for your loved one immediately or schedule transportation for later, helping them get to appointments, family events, or errands. [CLICK HERE](#) for more information on how to set up Uber Caregiver.
- **GA Elder Care Law Update & Caregiver Education Series.** This March 10th program will share tips on how to navigate your path from basic estate and incapacity planning to asset protection. This talk will help you gain a better understanding of advance planning and public benefits to help pay for care. You'll hear tips on where to start, what to look for, and how to align your legal documents with current GA law. [CLICK HERE](#) to register.

RESOURCES FOR SENIORS

[CLICK HERE](#) for a helpful website list for seniors

Additional Resources:

[SEC Resources for Seniors](#)

[Who do I contact - Social Security or Medicare?](#)

[Frequently Accessed Online Services, SSA.gov](#)

[What You Can Do online, SSA.GOV](#)



BY THE WAY: many Cobb seniors are looking for resources to help with projects for Aging-in-Place. If you know of any qualified resources, please email the information to info@seniorsofcobb.org.



The Senior Citizen Council of Cobb announces our affiliation with the **Benevity Cause Portal**. Benevity is the leading global provider of social impact software, providing the only integrated suite of community investment and employee, customer and nonprofit engagement solutions.

Please check with your current or former employer to see if you can donate to the

Senior Citizen Council St

Senior Citizen Council of Cobb County
Mailing Address: 257 Lawrence Street, Unit 4262
Marietta, GA 30061

<https://seniorsofcobb.org>

Feel free to contact us by email info@seniorsofcobb.org
or by phone (404) 500-8601

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