

KEEPING COBB SENIORS CONNECTED AND INFORMED

Welcome to the Senior Citizen Council of Cobb e-BULLETIN The Senior Citizen Council of Cobb is an all-volunteer, independent, nonprofit (501) (c)(3) organization formed to inform and empower Cobb Seniors.

This BULLETIN has been published consistently by the Senior Citizen Council since 1999.

Follow us on social media #seniorsofcobb #cobbseniors #BORNTOBEASENIOR



The Senior Citizen Council of Cobb County continues to expand, and we need a few more people to help our team develop and organize our informative events. If you have a couple of hours per month to help fellow seniors, please contact **jimdemilio@gmail.com**.



THE 2025 COBB COUNTY LEGISLATIVE DELEGATION FORUM

Please join the Senior Citizens Council of Cobb County and Cobb County Senior Services for a moderated forum with our Cobb County legislators.

Date: Tuesday April 22, 2025 Time: 10:30 AM - 12:30 PM Location: Cobb Senior Services Wellness Center 1150 Powder Springs Street, Marietta, GA 30064

DO YOU KNOW WHAT HAPPENED UNDER GEORGIA'S GOLD DOME THIS YEAR?

Meet your State of Georgia representatives and better understand how what they do impacts you, your family, and your community. All Cobb County State House Representatives and State Senators are invited.

Learn about the latest legislative session and ask questions about important senior issues like health, housing, and transportation. Stay connected, informed, and empowered.

This event is FREE, but you must register to save your seat. If you had an issue earlier, there was a glitch in our system please try again,

CLICK HERE to register for the Legislative Forum

PATIENT ADVOCACY

TAKE CHARGE OF YOUR OWN HEALTH CARE

Date: Wednesday May 28, 2025 Time: 10:30 AM - 12:00 PM Location: Sewell Mill Library (Map), 2051 Lower Roswell Road Marietta, GA 30068

Learn about patients' rights and managing one's own health care. Is your doctor really hearing you? Are you charged for services not received or requested? Do you understand your treatment plan? Who can help when you have a complaint? How do you safely reduce the number of medications you are on? When should you replace your doctor?

This event is FREE but you must register to save your seat. This was a very popular topic for Cobb seniors last time.

CLICK HERE to register for Patient Advocacy



Born to Be a Senior Ride – A Ride for a Cause!

The Senior Citizen Council of Cobb County (SCC) invites you to rev up your engines and hit the road

for the 1st Annual Born to Be a Senior Ride on Saturday, June 28, 2025!

This exciting event benefits Cobb Senior Services food drive and Must Ministries Senior Grocery Program, helping provide essential support to seniors in need.

All vehicles are welcome! Whether you ride a motorcycle, or drive a midlife crisis sports car, classic car, the family sedan, SUV or cruise in a hot rod, this is your chance to stuff your family, grandkids and friends in your car for a beautiful drive up to Cartersville. Enjoy a scenic ride, live music, delicious food, and a day of giving back—all while having an unforgettable time!

We're partnering with the **Metro Atlanta Motorcycle Riding Community**, **Southern Devil Harley-Davidson, and Williamson Bros. Bar-B-Q** to bring you a fantastic event filled with camaraderie, entertainment, and great prizes.

Event Details

□ Date: Saturday, June 28, 2025

□ Start Location: Williamson Bros. Bar-B-Q, 1425 Roswell Rd. Marietta, GA. Check-in starts at 10:30 and Williamson Bros. is open for business if you are hungry or thirsty.

□ Kickstands Up: 11:30 AM

Finish Line: Southern Devil Harley-Davidson, Cartersville, GA (12:30
PM)

CLICK HERE for more information and get your ticket

The Senior Citizen Council of Cobb focuses on **KEEPING COBB SENIORS CONNECTED AND INFORMED.** We are proud to present our list of Accomplishments in 2024. **CLICK HERE** to view or download the 4-page document.

Senior Services CLICK HERE to see the April newsletter from Cobb County Senior Services

Mark your calendars for the **Cobb County Senior Services Annual Expo**, on Wednesday, April 23 at the Cobb Civic Center. To request a vendor application, send an email to **cobbseniors@cobbcounty.org** with "Expo" in the subject line. Reserve your spot and take advantage of this opportunity to meet a wide verity of Cobb seniors.

Cobb County Annual Report

https://www.cobbcounty.org/communications/info-center/countyannual-report

Did you know that Cobb residents have a lower tax burden than other metro counties? The General Fund millage rate remains the lowest of the core counties, and the sales tax rate is tied for the lowest in the state.



Veterans Corner

CLICK HERE for the April Cobb Senior Services Veteran Connection Newsletter. **CLICK HERE** for the Woman's Veteran Connection Meeting.

Updated 2025 US Dept of Veterans Affairs Benefits Guide is now available. Don't miss out on what you've earned! CLICK HERE to access the free guide



Apple & Senior Citizen Council of Cobb

Apple and SCC have teamed up to provide dedicated Apple classes for Cobb seniors at an Apple store. These one-hour classes are taught by a seasoned 20-year Apple instructor specifically tailored for seniors. You can learn valuable skills

related to using Apple products including photos, iMovie and security. Also, the class will cover the newest emergency features like SOS which can be critical to seniors.

Email info@seniorsofcobb.org with name & phone number to reserve a spot.



iPhone Satellite Connection

Learn how to connect your Apple iPhone to a satellite connection when Cellular or Wi-Fi is not available. CLICK HERE for more instructions.



Looking to receive current information from the Social Security Administration? CLICK HERE to sign up for the SSA Newsletter Protect Yourself from Scams The Social Security Administration (SSA) Office of the Inspector General (OIG) is warning the public of a new scam tactic by criminals trying to lure potential retirement applicants to their site.

CLICK HERE for more information from SSA



Looking for Information on how to protect yourself from Medicare Scams? Make sure you go to the SMP National Resource Facebook page.

https://www.facebook.com/SMPNationalResourceCenter Empowering Seniors to Prevent Healthcare Fraud Toll Free Hotline: 877-272-8720



Salty Dog Academy

Salty Dog Academy is a community collaboration between local government services and seniors that want to learn how emergency management, 911, animal control/shelter services and the fire and emergency department work to keep seniors safe in our community.

Hurry seats are free but limited! CLICK HERE to register one or all classes. Or contact jpinto@advisewell.org

OTHER INTERESTING INFORMATION FOR SENIORS

- Thank you to GreyStone Power Foundation, Inc. for supporting the Operation Round UP program. GreyStone members can volunteer to round up their electric bills to the next dollar to provide monetary assistance for low-income customers making a tremendous difference in the lives of those who need help in our community. If you would like to participate in Operation Round Up, the Foundation's fundraising arm, simply check the "Yes" box on your GreyStone power bill. CLICK HERE for more information.
- It's that time of year again! Cobb EMC's HVAC Tuneup rebate program encourages our members to schedule annual pre-season checkups with a qualified contractor to check that HVAC systems are operating efficiently. A yearly tune-up is one of several steps that our members can take to increase the efficiency of their heating and cooling system. Vouchers are available beginning March 1, 2025, and will remain available while supplies last. CLICK HERE for more information
- **CobbLinc GO** is a new on-demand transit service tailored to improve access in South Cobb, across Austell, Powder Springs, and southwestern Marietta. Click on this link for more information **CobbLinc Go**.

Help Keep Cobb Beautiful

Community Recycling event

Saturday, **April 12**, 9 a.m. - 1 p.m. Jim R. Miller Park, 2245 Callaway Road SW, Marietta

Free on-site document shredding, electronics, metal, textiles, and Hefty Renew Program plastics will be accepted. **Register here.**

Medication Disposal event

Saturday, **April 26**, 10 a.m. - 2 p.m. Location 1: 2380 Cobb Parkway NW, Kennesaw Location 2: 4025 S. Hurt Road NW, Smyrna Location 3: Tim D. Lee Senior Center, 3332 Sandy Plains Road, Marietta Safely dispose of unused and expired medications by bringing them to this free event.

Sustainability Forum and Expo

Thursday, **April 30,** 4 - 8 p.m. Jim R. Miller Event Center, 2245 Callaway Road SW, Marietta Attend sessions, demonstrations, and interactive exhibits and hear guest speakers on green initiatives and how they affect you. Nominate your fellow neighbors for a sustainability award.

For more information on the above events, visit https://www.cobbcounty.org/keep-cobb-beautiful or call 770-528-1135.

RESOURCES FOR SENIORS

CLICK HERE for a helpful website list for seniors Additional Resources:

SEC Resources for Seniors Who do I contact - Social Security or Medicare? Frequently Accessed Online Services, SSA.gov What You Can Do online, SSA.GOV



BY THE WAY: many Cobb seniors are looking for resources to help with projects for Aging-in-Place. If you know of any qualified resources, please email the information to **info@seniorsofcobb.org**.



The Senior Citizen Council of Cobb announces our affiliation with the **Benevity Cause Portal.** Benevity is the leading global provider of social impact software, providing the only integrated suite of community

investment and employee, customer and nonprofit engagement solutions.

Please check with your current or former employer to see if you can donate to the Senior Citizen Council through Benevity. https://benevity.com/about-us

Senior Citizen Council st

Senior Citizen Council of Cobb County Mailing Address: 257 Lawrence Street, Unit 4262 Marietta, GA 30061

https://seniorsofcobb.org Feel free to contact us by email info@seniorsofcobb.org or by phone (404) 500-8601 CLICK HERE for previous e-BULLETIN'S

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