



Celebrating our 52-year history of
KEEPING COBB SENIORS CONNECTED AND INFORMED

Welcome to the Senior Citizen Council of Cobb e-BULLETIN
The Senior Citizen Council of Cobb is an all-volunteer, independent, nonprofit (501) (c)(3) organization formed to inform and empower Cobb Seniors.

This BULLETIN has been published consistently by the Senior Citizen Council since 1999.

Follow us on social media
[#seniorsofcobb](#) [#cobbseiors](#)
[#BORNTOBEASENIOR](#)



The Senior Citizen Council would like to thank GreyStone Power Corporation and Cobb EMC for their grant funding which will help us continue ongoing important projects for Cobb seniors.

As we continue to expand, we need a few more people to help our team develop and organize our informative events. If you have a couple of hours per month to help fellow seniors, please email jimdemilio@gmail.com.



PATIENT ADVOCACY TAKE CHARGE OF YOUR HEALTH CARE

Date: Wednesday, May 28, 2025

Time: 10:30 AM - 12:00 PM

Location: Sewell Mill Library ([Map](#)),
2051 Lower Roswell Road Marietta, GA 30068

Learn about patients' rights and managing one's own health care. Is your doctor really hearing you? Are you charged for services not received or requested? Do you understand your treatment plan? Who can help when you have a complaint? How do you safely reduce the number of medications you are on? When should you replace your doctor?

This event is FREE, but you must register to save your seat.

This was a very popular topic for Cobb seniors last time.

CLICK HERE to register for Patient Advocacy



Born to Be a Senior Charity Ride – A Ride for a Cause!

The Senior Citizen Council of Cobb County (SCC) invites you to join the excitement at the **1st Annual Born to Be a Senior Ride on Saturday, June 28, 2025!** We know that there are many seniors who are

suffering from food insecurity so this incredible event will support Cobb Senior Services and Must Ministries senior programs helping provide essential resources for Cobb seniors in need.

☐ **All vehicles are welcome!** Whether you're cruising in a classic car, a midlife-crisis sports car, the family SUV, or even a hot rod—this event is for everyone! Pack up your family, grandkids, and friends for a beautiful drive up to Cartersville.

What's in Store?

- **A scenic ride through stunning landscapes**
- **Live music to keep the vibes alive**
- **Mouthwatering food from Williamson Bros. Bar-B-Q**
- **Great prizes and a whole lot of fun!**

We're proud to partner with the **Metro Atlanta Motorcycle Riding Community, Southern Devil Harley-Davidson, and Williamson Bros. Bar-B-Q** to bring you an unforgettable day filled with camaraderie, entertainment, and giving back.

Don't miss out on this chance to make memories while making a difference. Mark your calendars and get ready to ride!

Event Details

- ☐ **Date:** Saturday, June 28, 2025
- ☐ **Start Location:** Williamson Bros. Bar-B-Q, 1425 Roswell Rd. Marietta, GA. Check-in starts at 10:30 and Williamson Bros. is open for business if you are hungry or thirsty.
- ☐ **Kickstands Up:** 11:30 AM
- ☐ **Finish Line:** Southern Devil Harley-Davidson, Cartersville, GA (12:30 PM)

CLICK HERE for more information and get your ticket
Follow us **HERE** on our Facebook event page



THE 2025 COBB COUNTY LEGISLATIVE DELEGATION FORUM

The 2025 Cobb Legislative Forum on April 22 was a big success. The Senior Citizen Council collaborated with Cobb County Senior Services to present this moderated forum with our Cobb County Senators and Representatives.

CLICK HERE for a summary of the Forum

CLICK HERE to see the reposting of the Marietta Daily Journal article on the Legislative Forum



CLICK HERE to see the May newsletter from Cobb County Senior Services

Vaccine Clinic

Cobb and Douglas Public Health will visit Tim D. Lee Senior Center to get you up to date with the shingles

Vaccine Clinic #46095

Friday, May 2
10:00 am – 2:00 pm
Bring Insurance Information; Registration required
Our friends from Cobb and Douglas Public Health will be back to get you up to date with the Shingles vaccine as well as Flu and Covid (Pfizer and Moderna).



Located at the Tim D. Lee Senior Center
3332 Sandy Plains Rd, Marietta, GA 30066
Senior Services
COBB COUNTY

vaccine as well as flu and COVID (Pfizer and Moderna).
Friday, May 2 | 10:00 am – 2:00 pm | Bring Insurance Information;
Registration required
CLICK HERE TO REGISTER or call 770-509-4900.
Tim D. Lee Senior Center | 3332 Sandy Plains Road, Marietta, GA 30066



Hear what's in store for the county

Look ahead to Cobb's future with Chairwoman Lisa Cupid at the State of the County 6:30 p.m. Wednesday, **May 14** at Riverside EpiCenter, 135 Riverside Parkway, Austell.

☐ Hear about the vision and remarkable strides Cobb has made.

☐ Enjoy light refreshments

☐ Connect with local leaders and neighbors

Be part of Cobb's exciting future! **RSVP to attend**



Veterans Corner

Cobb County Senior Services Veteran Connection is sponsoring a trip on May 20 to the Coolidge National Medal of Honor Heritage Center in Chattanooga.

RSVP to **andrea.rapowitz@cobbcounty.org**.

CLICK HERE for more information on the trip.

CLICK HERE for the May Senior Services Veteran Connection Newsletter.

CLICK HERE for the May Woman's Veteran Connection Meeting.

May is Military Appreciation Month

The Board of Directors of the Senior Citizen Council of Cobb County want to honor and recognize the contributions, sacrifices, and service of the members of the armed forces, past and present.

Join us as we honor the service and sacrifice of members of

the **Army**, **Navy**, **Air Force**, **Coast Guard**, **Marines**, **Space**

Force and **National Guard** as well as the contributions of their **spouses** and families.

CLICK HERE for more information

Updated 2025 US Dept of Veterans Affairs Benefits Guide is now available. Don't miss out on what you've earned!

CLICK HERE to access the free guide



Looking for Information on how to protect yourself from Medicare Scams?

Make sure you go to the SMP National Resource Facebook page.

<https://www.facebook.com/SMPNationalResourceCenter>

Empowering Seniors to Prevent Healthcare Fraud

Toll Free Hotline: **877-272-8720**



Living Legends Senior Brunch

The City of Mableton announces the 2nd annual living legends senior brunch will be **May 30, 2025, from 9:00 AM - 11:00 AM** located at the **Mableton Banquet Hall - 6116 Mableton Pkwy, Mableton Georgia 30126**

[CLICK HERE](#) to register



Call for Senior Issues

Each year, the Georgia Council on Aging (GCOA) invites submissions to propose priority issues for the upcoming legislative session. Your submissions are crucial for identifying and addressing challenges impacting older adults

across Georgia. Many past submissions have successfully influenced legislative action, leading directly to improvements in senior care and support statewide.

[Submit your Issue HERE](#)



Older Americans Month

Every May, the Administration for Community Living (ACL) leads the nation's observance of Older Americans Month (OAM), a time to recognize older Americans' contributions, highlight aging trends, and reaffirm our commitment to serving older adults.

The 2025 theme, **Flip the Script on Aging**, focuses on transforming how society perceives, talks about, and approaches aging. It encourages individuals and communities to challenge stereotypes and dispel misconceptions. This year, join us in honoring older adults' contributions, exploring the many opportunities for staying active and engaged as we age, and highlighting the opportunities for purpose, exploration, and connection that come with aging.

[CLICK HERE](#) for more information

OTHER INTERESTING INFORMATION FOR SENIORS

- **Thank you to GreyStone Power Foundation, Inc.** for supporting the Operation Round UP program. GreyStone members can volunteer to round up their electric bills to the next dollar to provide monetary assistance for low-income customers making a tremendous difference in the lives of those who need help in our community. If you would like to participate in Operation Round Up, the Foundation's fundraising arm, simply check the "Yes" box on your GreyStone power bill. [CLICK HERE](#) for more information.
- It's that time of year again! **Cobb EMC's HVAC Tuneup rebate** program encourages our members to schedule annual pre-season checkups with a qualified contractor to check that HVAC systems are operating efficiently. A yearly tune-up is one of several steps that our members can take to increase the efficiency of their heating and cooling system. Vouchers are

available beginning March 1, 2025, and will remain available while supplies last. [CLICK HERE](#) for more information

- Did you know? "How do your fingers know where to "home"! The little bumps on F and J are like miniature bumpers, guiding touch-typists back to center stage without even looking. So next time you're speed typing that Yelp review, use the 50-year-old typewriter tech at your fingers' disposal." From The Current by [Kim Komando](#)

How do you like this e-BULLETIN?



RESOURCES FOR SENIORS

[CLICK HERE](#) for a helpful website list for seniors

Additional Resources:

[SEC Resources for Seniors](#)

[Who do I contact - Social Security or Medicare?](#)

[Frequently Accessed Online Services, SSA.gov](#)

[What You Can Do online, SSA.GOV](#)



BY THE WAY: many Cobb seniors are looking for resources to help with projects for Aging-in-Place. If you know of any qualified resources, please email the information to info@seniorsofcobb.org.



The Senior Citizen Council of Cobb announces our affiliation with the **Benevity Cause Portal**. Benevity is the leading global provider of social impact software, providing the only integrated suite of community investment and employee, customer and nonprofit engagement solutions.

Please check with your current or former employer to see if you can donate to the Senior Citizen Council through Benevity. <https://benevity.com/about-us>

Senior Citizen Council St

Senior Citizen Council of Cobb County
Mailing Address: 257 Lawrence Street, Unit 4262
Marietta, GA 30061

<https://seniorsofcobb.org>

Feel free to contact us by email info@seniorsofcobb.org
or by phone **(404) 500-8601**

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