



## KEEPING COBB SENIORS CONNECTED AND INFORMED FOR 54 YEARS

Welcome to the Senior Citizens Council of Cobb County e-BULLETIN.  
The Senior Citizens Council of Cobb is an all-volunteer, independent, nonprofit (501) (c)(3) organization formed to inform and empower Cobb Seniors.  
The BULLETIN has been published by the Senior Citizens Council since 1998.  
Check our website at [www.seniorsofcobb.org](http://www.seniorsofcobb.org) for the latest information



The photo above includes the 2025 Lifetime Achievement Award honorees, Senior Citizens Council Board members and Cobb County Commissioners.

## THE SENIOR CITIZENS COUNCIL OF COBB COUNTY ANNOUNCES THE 2026 NATIONAL SENIOR CITIZENS DAY CELEBRATION AND LUNCHEON

**Please come join in the Celebration!**

**Date:** September 24, 2026

**Location:** Piedmont Church Conference Center,  
570 Piedmont Road, Marietta, Georgia 30062

**Time:** 11:00 AM to 1:30 PM

**Admission includes Lunch: \$15.00**

**CLICK HERE** for the registration link which will be open from August 24th to September 23th

National Senior Citizens Day was created in 1988 by President Ronald Reagan as a day to support, honor and show appreciation to all seniors and to recognize their achievements.



## Senior Safety in Focus

In July, **Senior Safety in Focus** began a 3-part series on elder abuse - any intentional act or failure to act that causes harm or distress to an older adult. It can occur at home, in care facilities, or within the community and may be committed by family members, caregivers, friends,

professionals, or others in positions of trust.

AARP and the Social Security Administration report that "more than 1 in 10 older adults experience some form of abuse each year" and the number is "likely much higher because elder abuse is often underreported."

This month, to help prevent elder abuse and to support victims, let's dive deeper with more information on the first three of the seven types:

- Physical abuse
- Emotional or psychological abuse
- Sexual abuse
- Financial exploitation
- Neglect
- Abandonment
- Self-neglect

**Content Warning:** This article discusses elder abuse and includes descriptions, along with warning signs, that may be upsetting or difficult to read. While some of the examples are graphic or emotionally distressing, they reflect the very real experiences of older adults who are harmed or neglected. We share this information to help readers recognize the signs of abuse, support those who may be at risk, and encourage timely intervention.

### PHYSICAL ABUSE

The National Center on Elder Abuse names elder physical abuse "the intentional or reckless use of physical harm or physical coercion that may result in bodily injury, physical pain, or impairment. Under the

Older Americans Act, physical harm means bodily injury, impairment, or disease" involving persons 60 years and older.

Some Warning Signs (from the U.S. Department of Justice)

- Bruises, black eyes, welts, lacerations, or rope marks
- Bone fractures, broken bones, or skull fractures
- Open wounds, cuts, punctures, untreated injuries in various stages of healing
- Sprains, dislocations, or internal injuries/bleeding
- Broken eyeglasses/frames, physical signs of being subjected to punishment, or signs of being restrained
- Laboratory findings of medication overdose or under-utilization of prescribed drugs
- An older adult's sudden change in behavior
- The caregiver's refusal to allow visitors to see or speak to an older adult alone
- An older adult's report of being hit, slapped, kicked, or mistreated

Want to know more?

[https://ncea.usc.edu/wp-content/uploads/2025/08/Bruising-in-Older-Adults\\_-\\_Accidental-Bruising-and-Bruising-from-Physical-Abuse.pdf](https://ncea.usc.edu/wp-content/uploads/2025/08/Bruising-in-Older-Adults_-_Accidental-Bruising-and-Bruising-from-Physical-Abuse.pdf)

## **EMOTIONAL OR PSYCHOLOGICAL ABUSE**

This is the infliction of anguish, pain, or distress through verbal or nonverbal acts.

Some Warning Signs (from the U.S. Department of Justice)

- Being emotionally upset or agitated
- Being extremely withdrawn, non-communicative, or non-responsive
- Unusual behavior, such as sucking, biting, rocking
- Witnessing a caregiver controlling or isolating an older adult
- Exhibiting a change in sleeping patterns or eating habits
- Personality changes, such as apologizing excessively
- Depression or anxiety
- An older adult's report of being verbally or emotionally mistreated

Want to know more?

<https://ncea.usc.edu/wp-content/uploads/2025/09/NCEA-RB-Social-Isolation-Loneliness-and-Elder-Maltreatment.pdf>

## **SEXUAL ABUSE**

The National Center on Elder Abuse defines sexual abuse as non-consensual sexual contact of any kind with an older adult.

Some Warning Signs (from the U.S. Department of Justice)

- Bruises around the breasts or genital area
- Unexplained venereal disease or genital infections
- Unexplained vaginal or anal bleeding

- Changes in an older adult's demeanor, such as showing fear or becoming withdrawn when a specific person is around
- Evidence of pornographic material being shown to an older adult with diminished capacity
- Blood found on sheets, linens or an older adult's clothing
- An older adult's report of being sexually assaulted or raped

Want to know more?

<https://ncea.usc.edu/wp-content/uploads/2025/08/Elder-Sexual-Abuse.pdf>

If you suspect elder abuse, call Adult Protective Services (APS) at **866-552-4464, EXT #3** or file a report online at <https://aging.georgia.gov/report-elder-abuse-neglect-or-exploitation/adult-protective-services-aps>



## 2026 Cobb County International Festival

Experience a day of food, fun, and global adventure at the **2026 Cobb County International Festival** **Saturday, August 22 from 11:00 AM to 4:00 PM**

**Jim R. Miller Park.** 2241 Callaway Road, Marietta

This community favorite is back with even more flavors, performances, traditions, and hands-on experiences celebrating cultures from around the world.

You'll experience:

- More than 20 consulates from around the world
- Global cuisine from more than 30 food trucks and booths
- International handcrafted and imported merchandise
- A sports village with interactive activities
- Cultural demonstrations and exhibits
- A passport scavenger hunt for kids and adults
- Kids Zone activities

Parking and entry are free

For more information go to:

<https://www.cobbcounty.gov/parks/programs>

## 9/11 Field of Flags

The [\*\*Marietta Kiwanis Foundation\*\*](#) proudly presents the **9/11 Field of Flags**, honoring every life lost on September 11, 2001.



Displayed every five years, this moving tribute has become one of the largest commemorative events in the nation.

Throughout the event, the community is invited to participate in meaningful activities, including the Flag Parade, the placement of the flags, and the September 11 Memorial Service featuring the reading of the names of the 2,977 victims.

Join the Marietta Kiwanis to remember, reflect, and honor the lives lost—and all those whose lives were forever changed. Together, we ensure that they will never be forgotten.

### **Flag Parade & Installation**

- **Date: Saturday, August 29, 2026**
- **Gather: 9:00 a.m. at Grace Community Church, 770 Kennesaw Avenue NW, Marietta, GA**
- **Parade: 10:00 a.m. — one-mile procession to Kennesaw Mountain National Battlefield Park for flag placement Marietta**

For more information go to:

<https://www.911fieldofflags.com/>

### **Senior Citizens Council of Cobb County**

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