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Bookings should be made using the booking form available at <https://www.ican-uk.com/training-cpd/basic-training-in-the-vdtmoca>

12-month contract bookings – contact [wendy@ican-uk.com](mailto:wendy@ican-uk.com)

For enquiries and further information contact [wendy@ican-uk.com](mailto:wendy@ican-uk.com) 07870 646509

**Online learning** – see an overview of the online learning on [YouTube](#) and see system requirements on page 5)

- || Everything is in one place and easy to access 24/7 from a PC, laptops, tablets, smart phone
- || Work at your own pace
- || Track your progress
- || Access the modules at any time as many times as you want over a 4-week period
- || Blend of teaching-learning approaches
- || Narrated modules with examples from practice
- || Workbook containing all essential information and space for note writing and doing course learning exercises. The workbook is also a post-training information resource containing templates and practice examples.
- || 2 optional 30-minute Zoom opportunities to discuss any aspect of the VdTMoCA training content and application to practice with Dr Wendy Sherwood
- || Course completion certificate

## **Foundation Vona du Toit Model of Creative Ability (VdTMoCA) training for Occupational Therapists (online)**

**£355** (no VAT to add) **or up to 45 staff in a 12-month period for £4600** (see p. 5)

This is 3-day Foundation Knowledge level training The objectives, and therefore the learning outcomes are:

- || Describe and explain the Vona du Toit Model of Creative ability, its theoretical concepts and assumptions
- || Explain how creative ability is assessed and how the overall level and phase of creative ability is concluded
- || Explain how to select activities for intervention and apply the treatment principles
- || Explain how VdTMoCA-informed occupational therapy can be measured, recorded & reported
- || Describe how the application of the VdTMoCA / VdTMoCA-informed occupational therapy could be explained to others

Training Documents provided:

All documents are pdfs.

**Workbook** –to print or edit as a pdf is provides training content and a place for keeping notes. For learners who prefer to learn with others and have colleagues undertaking the training in the same time period, learning exercises can facilitate **collaborative learning**, or **shared learning** can occur

at certain stages during the training. Prompts are also provided for exploring and sharing learning in the workplace. On completion of the training, this workbook serves as a manual for the application of the VdTMoCA to practice and a resource for teaching colleagues and students.

[ICAN Levels Pack](#) – download and print.

[Creative Participation Assessment form](#) – (watermarked). Form for clinical use is made available on completion of the training.

**See general information and training content on page 3.**

## **The VdTMoCA for OT Support Workers (online)**

**£355** (no VAT to add) **or up to 45 staff in a 12-month period for £4600** (see p. 5)

This 2½- 3 day training is suitable for Occupational Therapy Support Workers supervised by Occupational Therapists who are trained/competent in the use of the VdTMoCA in clinical practice.

The training objectives, and therefore the learning outcomes are:

- Describe and explain the Vona du Toit Model of Creative ability, its theoretical concepts and assumptions
- Explain essential aspects of the Occupational Therapy assessment of creative ability
- Describe how the overall level and phase of creative ability is concluded by Occupational Therapists
- Explain how to select activities for intervention and apply the treatment principles
- Explain how VdTMoCA-informed occupational therapy can be recorded
- Describe how the application of the VdTMoCA / VdTMoCA-informed occupational therapy could be explained to others

Training Documents provided:

[Workbook](#) –to print or edit as a pdf is provides training content and a place for keeping notes. For learners who prefer to learn with others and have colleagues undertaking the training in the same time period, learning exercises can facilitate **collaborative learning**, or **shared learning** can occur at certain stages during the training. Prompts are also provided for exploring and sharing learning in the workplace. On completion of the training, this workbook serves as a manual for the application of the VdTMoCA to practice and a resource for teaching colleagues and students.

[ICAN Levels Pack](#) – download and print.

### **General information on OT and OT Support Worker training**

Both of the above training events deliver exactly the same content with the exception of the course on Assessment. The [Foundation VdTMoCA training for Occupational Therapists](#) is comprised of **21** taught modules requiring 3 days of study time, plus 2 modules of information provided in the pdf Workbook for post-training reference (how VdTMoCA-informed occupational therapy can be recorded; how the application of the VdTMoCA / VdTMoCA-informed occupational therapy could be explained to others).

The [VdTMoCA for OT Support Workers](#) course has **18** taught modules requiring a minimum of 2½ days of study, plus 2 modules of information provided in the pdf Workbook for post-training reference (how VdTMoCA-informed occupational therapy can be recorded; how the application of the VdTMoCA / VdTMoCA-informed occupational therapy could be explained to others).

Training is comprised of a blend of teaching-learning approaches including narrated and read-only power point presentations, hard copy reading material, workbooks, practice-based templates, videos, learning exercises.

All courses include narrated presentations which are particularly appreciated by participants with dyslexia, but valued by all. Many practice-based examples are provided, which are valued for bringing VdTMoCA theory and the levels of creative ability alive.

Training is accessible from the 10th of one month until the 8th of the next month. Learners can revisit modules as many times as they want, 24/7 over this period. Any training unused after the agreed end date will expire and shall be deemed used (see Terms & Conditions). Learners receive a CPD certificate for completed courses.

The amount of study time required depends on each individual's learning style and on the amount of additional reading s/he wants to do. Some information on the VdTMoCA-informed occupational therapy process is delivered in the training workbook, but is not part of an online narrated module. This information is designed to be useful post training, therefore, time taken to read this material is not included in the approximated study days. Participants should also allow some time for downloading and printing the training materials.

The training is best completed within a week or over a couple of weeks, rather than leaving long gaps between content, and best done when you know that you can apply your learning straight away i.e. not prior to taking holiday. This is comprehensive training, therefore it is advisable to study where it is possible to focus fully and take regular breaks. **It is advisable to regard the online training in the same way as face-to-face training, i.e. one would be absent from work in order to attend face-to-face training, therefore book study leave if possible in order to complete training outside of the work environment.**

The training is organised in stages of **courses**. Learning exercises which may be done individually or used for **collaborative/shared learning** are indicated in **purple**.

#### **Training materials to download and print**

##### **Course: THEORETICAL ASSUMPTIONS AND CONCEPTS**

Modules: Overview & Theoretical Assumptions  
Theoretical concepts – COMPONENTS OF CREATIVE ABILITY  
Theoretical concepts – CONCEPT FORMATION  
Theoretical concepts – NORM AWARENESS  
Theoretical concepts – TASK CONCEPT  
Occupational performance areas

##### **Course: THE LEVELS AND PHASES OF CREATIVE ABILITY**

Modules: Seeing the level in action  
Phases of creative ability  
The levels of creative ability – examples from practice

##### **Course: ASSESSMENT OF CREATIVE ABILITY**

Modules: Overview and assessment form (module differs for OT support workers)  
Observation  
Interview  
Task assessment leading to experiential session  
General tips and examples  
Completing the assessment form and analysis (not available to OTA training)  
Wilbur's assessment form (not available to OTA training)  
Using the assessment form for measurement (not available to OTA training)

##### **Course: OCCUPATIONAL THERAPY TREATMENT & INTERVENTION**

Modules: Occupational therapy treatment  
Treatment group programmes

##### **RECORDING AND REPORTING\* (\*workbook content only)**

##### **COMMUNICATING VdTMoCA-INFORMED OT TO CLIENTS AND OTHERS\* (\*workbook content only)**

## Feedback on various training

*Thoroughly enjoyed this training! Informative and hugely beneficial to my practice. I feel I have gained a better insight into my service users and will explore ways to change my approach using the knowledge and understanding from this training. I feel I can adapt and improve the service provision to meet the needs of service users, and feel I am now equipped to better support service users especially those who present on the Self-differentiation/Self-presentation levels when before I felt stumped with how to engage them."*

*The slides were presented very clearly, and I really appreciate the narration and explanation. It gives the slides more 'context'. I also appreciated the photos/pictures/video- they certainly help me to visualise much better.*

*I enjoyed the training; the narration helps to bring life to the learning. It also gives me some time to mull over the information taught- a pause button away :)*

*I feel I have a much greater understanding of the VdTMoCA and know it will be supportive to me within practice. I have already reflected and noted an improvement in my ability to observe, assess and record information, thank you!"*

*Information was concise, not too lengthy. Content broken down to chapters made things more manageable. I enjoyed the specific case examples. It's like listening to client stories. Was also great to see the actual products that clients completed.*

*Super appreciative for the course. Enlightens me on new treatment approaches with some clients that I had previously felt stuck or lost with.*

*Overall, it was a great course not only for therapists who have not used this model, but also for those who may have had some experience trying this model out. It provides a comprehensive overview of the VdTMoCA from its fundamental theoretical assumptions and concepts all the way to using this model to guide us in practice, which I feel is very helpful.*

### **12-month training contract - £4600**

#### **Online VdTMoCA training for up to 45 trainees:**

- 1) Foundation VdTMoCA training for Occupational Therapists
- 2) The VdTMoCA for OT Support Workers
- 3) A supportive clinical visit by Dr Wendy Sherwood to meet the post-training learning needs of trained OTs and support workers, or a 1-day Zoom-based consultation.
- 4) Two copies supplied of Sherwood (2024) (Ed) *Perspectives on the Vona du Toit Model of Creative Ability: practice, theory and philosophy*. **2<sup>nd</sup> edition**.

For information and booking contact [wendy@ican-uk.com](mailto:wendy@ican-uk.com) 07870 646509

## **System requirements**

The courses do not support Internet Explorer versions 6-10. If you are using any of these versions, please consider switching to Internet Explorer 11 or another browser. It is recommended that you upgrade to the latest versions of Chrome, Firefox, Safari, or Edge. Some courses include videos viewed on [www.vimeo.com](http://www.vimeo.com) therefore ability to access to this site is required.

Many modules are narrated and contain images or video footage, and are large in size. Therefore, it is probably best to view modules via a PC internet connection rather than on a mobile phone.

