Test Taking Strategies & Tips

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SECRET KEY #1 – PLAN BIG, STUDY SMALL _____

SECRET KEY #2 – MAKE YOUR STUDYING COUNT ____

SECRET KEY #3 – PRACTICE THE RIGHT WAY _____

SECRET KEY #4 – PACE YOURSELF _____

SECRET KEY #5 – HAVE A PLAN FOR GUESSING _____

TEST-TAKING STRATEGIES _____

Preparing for the Exam

1 Start Early

2 Create a Study Sschedule

3 Organize Materials

4 Use Active Study Mehtods

Some Tips

Start with the official test outline
[CRRN_Outline_2022.pdf (rehabnurse.org)](CRRN_Outline_2022.pdf)

Spread study time out- small steps, measurable goals

Avoid multitasking – keep distractions to a minimum

Maybe a Study Group can help you.

Retention is essential-
- try recalling information later, maybe flashcards
- Give the information context
- Teach a friend or coworker about something that you have learned

Practice Tests- go back to the questions
- you got wrong
- the ones you guessed on
- the ones that took you more time or more difficult.

Taking notes

- Think about the concepts
  - Most of the questions are not pure knowledge they want you to show how you put things together
  - How do you address this using rehab principles?
  - Holistic, Function, Community Reintegration, QOL
    - How does this affect the person now, in the future
  - If there are more than 1 right answer, pick the right answer for rehabilitation
    - If you don't know the answer, then guess but start by eliminating wrong answers and sometimes that can help you remember.

ARN Resources

- CRRN Candidate Handbook www (rehabnurse.org)
- Exam Content
  - Domain I: Nursing Models and Theories (8%)
  - Domain II: Functional Health Patterns (53%)
  - Domain III: The Function of the Rehabilitation Team and Transitions of Care (12%)
  - Domain IV: Legislative, Economic, Ethical, and Legal Issues (27%)
- ARN Study Resources

Nursing Certification Test Prep: CRRN Study Guides for Rehab | ARN (rehabnurse.org)

CRRN® Exam Content Outline

Domain I: Nursing Models and Theories (8%)

- Task 1: Understand nursing models and theories as a framework for rehabilitation nursing practice.
- Task 2: Incorporate relevant research, nursing models, and theories into individualized patient-centered rehabilitation care.

Domain II: Functional Health Patterns (53%)

- Task 1: Apply the nursing process to optimize the restoration and preservation of the patient's health and holistic well-being across the lifespan.
- Task 2: Apply the nursing process to promote optimal psychosocial patterns and coping and stress management skills of the patients and caregivers.
- Task 3: Apply the nursing process to optimize the patient's functional ability.
- Task 4: Apply the nursing process to optimize management of the patient's neurological and other complex medical conditions.
- Task 5: Apply the nursing process to optimize the patient's ability to communicate effectively.
- Task 6: Apply the nursing process to promote optimal nutrition and hydration.
- Task 7: Apply the nursing process to optimize the patient's elimination patterns.
- Task 8: Apply the nursing process to optimize the patient's sleep and rest patterns.

CRRN® Exam Content Outline

Domain III: The Function of the Rehabilitation Team and Transitions of Care (12%)

- Task 1: Collaborate with the interdisciplinary team to achieve patient- centered goals.
- Task 2: Apply the nursing process to promote the patient's community reintegration or transition to the next level of care.

Domain IV: Legislative, Economic, Ethical, and Legal Issues (27%)

- Task 1: Integrate legislation and regulations in the management of care.
- Task 2: Use the nursing process to deliver cost effective patient- centered care.
- Task 3: Incorporate ethical considerations and legal obligations that affect nursing practice.
- Task 4: Promote a safe environment of care for patients and staff to minimize risk.
- Task 5: Integrate quality improvement processes into nursing practice..

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Who we are

CRRN Practice Test

Prepare for your test with realistic questions.

Start Test

The Certified Rehabilitation Registered Nurse (CRRN) exam is administered by the Rehabilitation Nursing Certification Board (RNCB) to assess the general knowledge and skills of prospective rehabilitation nurses.

Click "Start Test" above to take a free CRRN practice test!

CRRN Online Course   CRRN Study Guide   CRRN Flashcards

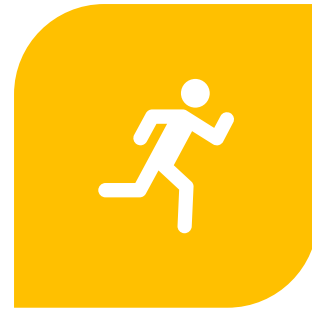## CRRN Exam Eligibility

During the Test

READ INSTRUCTIONS AND QUESTIONS CAREFULLY

MANAGE YOUR TIME

KEEP MOVING BUT DON'T RUSH

CHECK YOUR WORK

Question Strategies

1 Eliminate wrong answers

2 Answer every question

3 Read all the options carefully

4 Watch for tricky wording

5 Use common sense

Tips for Test Day

- Good night's sleep
- Eat a good breakfast
- Arrive early
- Bring all supplies
- Manage test anxiety
  - Positive self talk
  - One question at a time
  - Breathing exercises