

Seminar with Gabrielle Euteneuer

Gabrielle, born 1961, is Senior Instructor and teacher of the UHT (Universal Healing Tao).

This is a complete system of physical healing and personal development, which incorporates a number of practices.



From the age of 20 Gabrielle studied Taoism including Qigong, Tai Chi, Tao Yoga and meditations. To teach and live the taoist lifestyle, which she has done for 40 years is her life's vocation.

She is authorised to train UHT Qigong teachers and offers an education system with certification.

Investment for 6 days/ 5 nights:

Thursday 13 Nov 6pm - Tuesday 18 Nov 3pm
EarlyBird **\$950** until 15 May (value **\$1300***) includes tuition and accommodation in bunk bed rooms (sleeps 2 - 4) or day guest fee

PLUS for catering approximately **\$320**

Mainly organically grown, healthy, delicious, vegetarian food from the 5-Element nutrition cook Julja.

You will receive a confirmation email after your enrolment. More info will be sent 3 weeks before the seminar.

Bank account details:

Tao Motion 38 9006 0298478 00 Kiwi Bank
For overseas participants you can pay by wise.com (no additional fees) or by PayPal (additional fee will occur). Contact me for more info.

"Tao Qigong helps you feel the freshness of the present moment and the clarity of an open mind."



Taoyin Qigong from a previous seminar at the venue

Prerequisite: Tao Qigong Basic knowledge is required (The Six Healing Sounds). Or start learning now with videos or Audio downloads (on special, when you enrol for the retreat at the same time)

To enrol or for more info:

info@taomotion.com

Phone/text: Gabrielle 027 225 1646

www.taomotion.com

Venue:

Bellbird Heights
Living Springs, Allandale
20 minutes from Christchurch

Healing Tao Qigong Retreat



13 - 18 Nov 2025

Thursday - Tuesday

Inner Alchemy

Iron Shirt Qigong

in Living Springs
near Christchurch

Enrolment form:

Enrol me for the Inner Alchemy Qigong retreat from 13 -18 November 2025

Seminar fee* Super **Early Bird \$950** until 15 May (value \$1300)

*The seminar fee includes accommodation in bunk bed rooms (sleeps 2-4) or day guest fee.

A separate fee applies for meals.

Upgrade options for:

- ☐ Studio (plus \$230)
- ☐ Apartment 2-bedrooms (plus \$440)**
- ☐ gluten- /dairy-free diet (additional \$25-\$50)

TOTAL: _____

** apartment with two bedrooms & kitchen/lounge area can be shared and cost will be \$200 each

I paid 50% of the seminar fee of \$ _____

and will pay the balance of \$ _____
at least two weeks before the seminar.

I take responsibility for myself and I accept
the conditions of participation

Name _____

Address _____

Ph: _____

E-Mail: _____

Place	Date	Signature
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Eligibility: The registration deposit will be accepted in order of receipt of payment. The cancellation fee is \$150 until 1 August; \$290 until 1 Sept.; \$ 400 until 10 October; \$ 600 until 31 October. Thereafter, the entire seminar fee is due incl. catering. You can transfer your place to someone else.

HEALING TAO QIGONG & INNER ALCHEMY MEDITATION

Take a time-out and recharge. Allow openness for life to blossom and bring this freshness into your everyday life. The practices of Inner Alchemy enable profound processes of inner transformation. This ancient meditation system was developed and refined over many centuries.

Join me on the ancient path over these six days. We revitalising, refining and multiplying our life force. This practice leads to mental clarity, enhanced focus, and a more open and compassionate heart.

Inner Alchemy “Fusion of the 5 Elements”

13 - 18 November 2025

Thursday 6pm - Tuesday 3pm

Through the exercises we will increase health and expand nourishing life force, reaching each body cell. (Prerequisite: Knowledge of the 6 Healing Sounds)

We begin by opening the **Cosmic Orbit** and delving into the “**Inner Alchemy**”:

Fusion I “Clearing & dissolving reactive emotions”

This deep cleansing process purifies the vital organs and glands. Negative energy gets transformed into pure, white, neutral energy.

Fusion II “Raising the vibratory level of consciousness”

In Fusion II we create the “**Pearl of Compassion**”. Inner regeneration and self-healing processes are initiated at the cellular level.

Liberation of the Heart and Stillness

Through the practice of the Inner Alchemy and connecting with the heart, we reach a transformative phase. This refined energy is pure, and ascending, and capable of bringing profound healing and balance in body and mind.

The heart is the seat of love, gratitude, and the most profound joy. Connecting with the heart unfolds the subtlest energy at a deep level. It is liberating.

A natural inner calm can arise effortlessly.



The seminar also includes:

- 1.- **Iron Shirt Qigong** promotes good structure and grounding on a physical and emotional level.
- 2.- **Taoyin** - are exercises on the floor that stretch the muscles and open the spine and joints.
- 3.- **Tantien Qigong** - enhances your ability to store Qi.
- 4.- **I Ching & Tao Te Ching** - these books serve as meditation guides. The ancient text can provide a deep understanding to Taoist practices and life in general.

