

wholeseme ingredients

fuel your body

tantalise your taste buds

suitable for halal diet



ALLERGEN INFORMATION

Tender Chicken Tikka Protein Wrap

Nutrition

	Per Serving (g)	Per 100g
Energy (kcal)	315	290
Protein	20.4	11.6
Carbohydrate	37.2	21.24
of which sugars	8.23	4.7
Fat	9.4	5.4
of which saturates	4.1	2.3
Fibre	2.7	1.5
Salt	1.07	0.61

Ingredients

Filling ((Chicken (19%) (Chicken, Salt), Mixed Peppers, Red Onion, SOYA, Onion, Tomato, Oll, Paprika, Chilli Powder, Cumin Powder, Salt, Citric Acid, Red Chilli Powder, Black Pepper), Tortilla (Fortified WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin (B3), Thiamin (B1)), Water, Vegetable Oils (Palm Oil, Rapeseed Oil), Sugar, Raising Agents (Sodium Carbonates, Diphosphates, Malic Acid), Salt), Cheese (40% Mozzarella (MILK), Palm Oil SG*, Potato Starch, Emulsifier: Trisodium Citrate, 40% Analogue: Water, Palm Oil SG*, Modified Potato Starch, MILK Protein Powder, Potato Starch, Emulsifying Salt: Trisodium Citrate, Salt, Tricalcium Phosphate, Acidity Regulator: Citric Acid, Colour: Beta Carotene. 20% White Cheese, Water, MILK Proteins, Butter, Modified Starch, Salt, Emulsifier: Trisodium Citrate, Fibre, Acidity Regulator: Citric Acid,

Preservative: Potassium Sorbate. Anti-Caking Agent (Cellulose))

Allergens WHEAT SOY MILK