

CONVI CUISINE

Oriental sweet & sour chicken



wholesome ingredients

fuel your body

tantalise your taste buds

ALLERGEN INFORMATION

Oriental Sweet & Sour Chicken

Nutrition

	Per Serving (g)	Per 100g
Energy (kcal)	602	172
Protein	32	9
Carbohydrate	73.5	21
of which sugars	8.1	2.3
Fat	19.3	5.5
of which saturates	2.1	0.6
Fibre	0.0	0
Salt	1.2	0.34

Ingredients

Cooked Rice (29%), [Water, Rice], Sweet and Sour Sauce (29%), [Water, Malt Vinegar (from **Barely**), Erythritol, Sugar, Modified Starch, Worcestershire Sauce (Malt Vinegar (from **Barley**), Spirit Vinegar, Molasses, Sugar, Anchovies (**Fish**), Tamarind Extract, Onions, Garlic, Spices, Flavourings], Colour Carmine, Paprika Extract), Panko Breaded Chicken (25%) [Chicken Breast (66%), Salt, Water, Panko Bread-crumbs [**Wheat** Flour, (Calcium Carbonate, Iron, Niacin (B3), Thiamin (B1), Water, Yeast) Rapeseed Oil, White Pepper], Red Peppers (8%), Julienne Carrots (7%), Spring Onions (1%)]. Produced in a factory that handles Nuts, Peanuts and Sesame.

Allergens

Barley

Fish

Wheat