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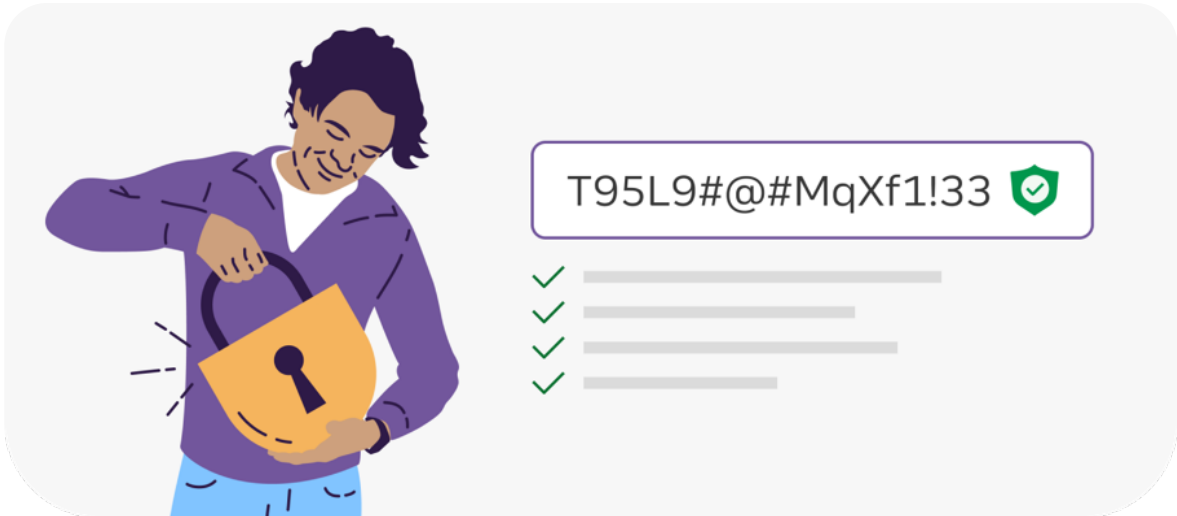
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**Subject: Essential tips for stronger passwords**

**Date: Mar 24, 2024 at 5:54:14 PM**

**To: markshelp1@gmail.com**

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## Essential tips for stronger passwords

In a world where passwords are the keys to virtually everything, it's crucial to stay ahead of savvy hackers. **Surprisingly, 83% of the most common passwords can be cracked in under a second!**

Let's bolster your security and keep your information (and finances!) safe with some easy-to-follow tips:



### **Unique and complex passwords**

Combine letters, numbers, and symbols to create words or passphrases that are hard to guess and easy for you to remember. Think "R3@dy4H3@lthN0W" instead of "123456," routinely the most stolen password.



### **Go long**

Aim for at least 16 characters. The longer, the better.



### **Avoid the obvious**

Steer clear of birthdays, pet names, children's names, or the college attended. They're too easy to guess.



### **No repeats**

Reusing passwords allows cybercriminals to try using the same stolen password on all your accounts, from social media to bank accounts -risky!



### **Keep it secret**

Never share your password with others.



### **Regular updates**

Change your passwords at least every 90 days, or immediately if you suspect a password's been compromised.



### **Multi-factor authentication (MFA)**

Add an extra layer of security like MFA and help ensure it's really you signing in. It takes less than two minutes to set up.

1. Go to [Security Central](#) and look under **Sign-in preferences**.
2. Select **Additional Security** to add the 2-step verification to your sign-on.



Your digital safety is a top priority for us. For even more tips, check out the full security checklist.

[View full security checklist](#)

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