

Competition Size and Points List

(After AGM held on 15th January 2026)



Species	Min size in Centimetres		Points
Ballan Wrasse	40	(Catch & release)	15 **
Bass	50	(Optional catch & release)	25 Retained/40 ** C&R
Black Bream	35		15
Red Bream	30		30
Brill	35		30
Coalfish	35		30
Cod	40		30
Conger	130	(Catch & release)	50 **
Couch's Sea Bream	30		30
Dab	30		30
Bull Huss	75	(Catch & release)	40 **
Blue Shark	130	(Catch & release)	50 **
Common Eel	40		15
Flounder	30		30
Garfish	30		1/4
Gilthead Bream	35		25
Gurnard	30		30
Haddock	30		30
Hake	30		30
John Dory	30		30
Lesser Spotted Dogfish	40	(Catch & release)	03 **
Ling	40		30
Mackerel	30		1/4
Mullet, Grey Thick Lipped	45		30
Mullet, Grey Thin Lipped	50		30
Mullet, Golden Grey	30		30
Mullet, Red	30		30
Plaice	33		30
Pollack	40		15
Pouting	30		15
Porbeagle Shark	130	(Catch & release)	50 **
Rays/Skates (breadth)	36		30
Rockling, Shore	30		15
Rockling, Three Bearded	30		15
Roselet	-		1/4
Scad	30		1/4
Sole	33		30
Starry/Smooth Hound	70	(Catch & release)	50 **
Tope	130	(Catch & release)	50 **
Triggerfish	30		30
Turbot	35		30
Whiting	30		30

All other species: minimum size limit 30cms and 20 points per fish plus 4 points per pound in weight.

** In the interests of conservation, Bass (optional), Conger, Ballan Wrasse, Bullhuss, Lesser Spotted Dogfish, Smooth Hounds, Tope, Blue and Porbeagle Sharks can be returned during competitions.

Conger, Tope, Blue and Porbeagle Sharks over 130cms will be awarded 50 points only in club competitions, this rule does not apply to the summer or winter league.

All eligible catch and release fish must be properly measured upon capture preferably with a witness and/or photographic evidence. Measurements must be disclosed at the weigh in. No further points will be given for weight. However if the fish is a specimen, the competitor is encouraged to weigh it in to be eligible for any club trophy, FOM (only eligible if kept alive) or FOQ Voucher.