

Life Compass

A Guided Life Assessment and Design Workbook



"The key difference between successful and unsuccessful people is that successful individuals imagine their future, plan for it, and then work to make it a reality, whereas unsuccessful individuals do not."

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Introduction

Dear Reader,

Thank you for downloading/purchasing the Life Compass: A Guided Life Assessment and Design Workbook.

As a life legacy coach, my goal is to help you create a plan for your life that will enable you lead a more fulfilling life, and leave a positive impact on your family, and your world.

I want to guide you in identifying your personal life vision, mission, values, beliefs, unique strengths, etc. Set clear goals and create actionable plans to take so that you can live a fulfilling life and leave a meaningful legacy.

Everyone needs a life legacy plan because it helps us make the most of our time on Earth and ensures that we leave behind something valuable for future generations.

By setting goals in the critical areas of our lives, and creating a life legacy plan, we can clarify our priorities, identify opportunities, make a positive impact on others, and ensure that our positive values and wisdom are passed on to those who come after us.

I'm so excited to guide you on this journey.

Ogo Ogbueli

Life Legacy Coach

Exercise 1

Personal Vision, Mission and Purpose Guide

Crafting your personal life vision, mission, and purpose statement can help you set clear goals and direction for your life.

1. Personal Life Vision:

Your vision statement describes what you want to achieve or become in the future. It's like a mental picture of your ideal life. To create your personal life vision statement, ask yourself: "What do I aspire to accomplish in the long run?" Example: "My vision is to live a balanced and fulfilling life where I make a positive impact on others and continuously grow in all areas of my life."

2. Personal Life Mission:

Your mission statement outlines what you will do to achieve your vision. It reflects your values and the actions you will take to fulfil your vision. When crafting your personal life mission statement, consider what you believe in and what you are passionate about. Example: "My mission is to inspire and empower others through personal development resource creation, distribution and mentorship, while continually seeking personal and professional development."

3. Purpose Statement:

Your purpose statement explains why you want to achieve your vision and how it aligns with your values and passions. It's about understanding the impact you want to have on the world and the legacy you want to leave behind. Example: "My purpose is to use my creativity and compassion to bring joy and positive change to the lives of those around me, leaving a legacy of kindness and resilience."

When creating these statements, it's important to be authentic and true to yourself. Consider your strengths, values, and what brings you joy. These statements can serve as guiding principles for your life, helping you make decisions and take actions that align with your long-term goals and aspirations.

Personal Life Vision, Mission, and Purpose Worksheet

1. Personal Life Vision:

What is your long-term goal for your life? What do you aspire to achieve or become in the future?

My vision is to

2. Personal Life Mission:

What actions will you take to achieve your vision? What values and passions will guide your actions?

3. Purpose Statement:

Why do you want to achieve your vision? How does it align with your values and passions? What impact do you want to have on the world?

Reflection:

Consider your strengths, values, and what brings you joy. Reflect on how your vision, mission, and purpose statements align with who you are and what you want to accomplish in life. Remember, these statements are personal to you, so take your time to think deeply about your responses. Once you have completed the worksheet, review and refine your statements until they truly reflect your aspirations and values.

Exercise 2

Personal Values Guide

Personal values are the things that are most important to you in your life. They are the principles and beliefs that guide your behaviour and choices. Personal values help you make decisions, prioritize your time, and live in a way that is true to yourself. They can be different for each person and can change over time as you grow and have new experiences.

Note that, personal values are unique to each individual and may evolve or change over time. It's important to regularly reflect on and reassess your values to ensure they align with your authentic self and guide your actions and choices.

Personal Values Worksheet

Instructions:

1. Reflect on the list of personal values provided. (Appendix 1: A – Z Personal Values)
2. Choose five values that resonate with you the most.
3. Write down the selected values in the spaces provided.
4. For each value, write a brief description of what it means to you and why it is important.
5. Consider how you can incorporate these values into your daily life and actions.

Selected Values:

1. Value: _____
Description: _____
Importance: _____
Actions: _____

2. Value: _____

Description: _____

Importance: _____

Actions: _____

3. Value: _____

Description: _____

Importance: _____

Actions: _____

4. Value: _____

Description: _____

Importance: _____

Actions: _____

5. Value: _____

Description: _____

Importance: _____

Actions: _____

Remember, this activity is meant to be a reflective exercise to deepen your understanding of your values and how they can guide your actions and decisions in life.

Exercise 3

Belief System (Limiting and Empowering Beliefs) Guide

Belief System:

A belief system is a set of beliefs or principles that a person holds to be true. It's like a collection of ideas that guide how someone sees the world and makes decisions. For example, a person's belief system might include the idea that honesty is important, or that hard work leads to success. These beliefs can come from many sources, such as family, culture, religion, or personal experiences.

Limiting Beliefs:

Limiting beliefs are ideas or thoughts that hold you back or prevent you from reaching your full potential. They are beliefs that create self-doubt and limit what you think is possible for yourself. For instance, if someone believes they are not smart enough to succeed in school, that's a limiting belief. Another example could be someone thinking they are not good enough to pursue their dream career. These beliefs can stop people from taking risks or trying new things because they believe they will fail.

Empowering Beliefs:

On the other hand, empowering beliefs are thoughts or ideas that support and motivate you to achieve your goals. They are beliefs that make you feel capable and confident. An empowering belief could be the idea that hard work pays off, or that mistakes are opportunities to learn and grow. For example, someone who believes they can learn from their failures and keep improving has an empowering belief that can help them overcome challenges.

In summary, a belief system is a collection of ideas that guide your thinking and behaviour. Limiting beliefs hold you back, while empowering beliefs support and motivate you to reach your potential.

Changing Limiting Belief Worksheet

1. Identifying Limiting Beliefs (You can explore options from the list of limiting beliefs in Appendix 2)

Think about an area of your life where you feel held back or limited. Write down the specific belief or thought that is holding you back. For example, "I'm not good enough to pursue my dream career" or "I'll never be able to lose weight."

2. Challenging the Limiting Belief

Write down evidence that contradicts the limiting belief. For instance, if your limiting belief is "I'm not good enough to pursue my dream career," you might list your achievements, skills, and positive feedback you've received from others.

3. Creating an Empowering Belief (You can explore options from the list of empowering beliefs in Appendix 3)

Rewrite the limiting belief into a more empowering belief. For example, "I have the skills and determination to pursue my dream career, and I can learn and grow along the way."

4. Affirming the Empowering Belief

Write down the empowering belief as an affirmation. Repeat this affirmation to yourself regularly, especially when you notice the old limiting belief creeping in.

5. Taking Action

Identify one small step you can take to act on your empowering belief. This could be signing up for a course related to your dream career, or starting a new exercise routine if your limiting belief was related to weight loss.

6. Reflection

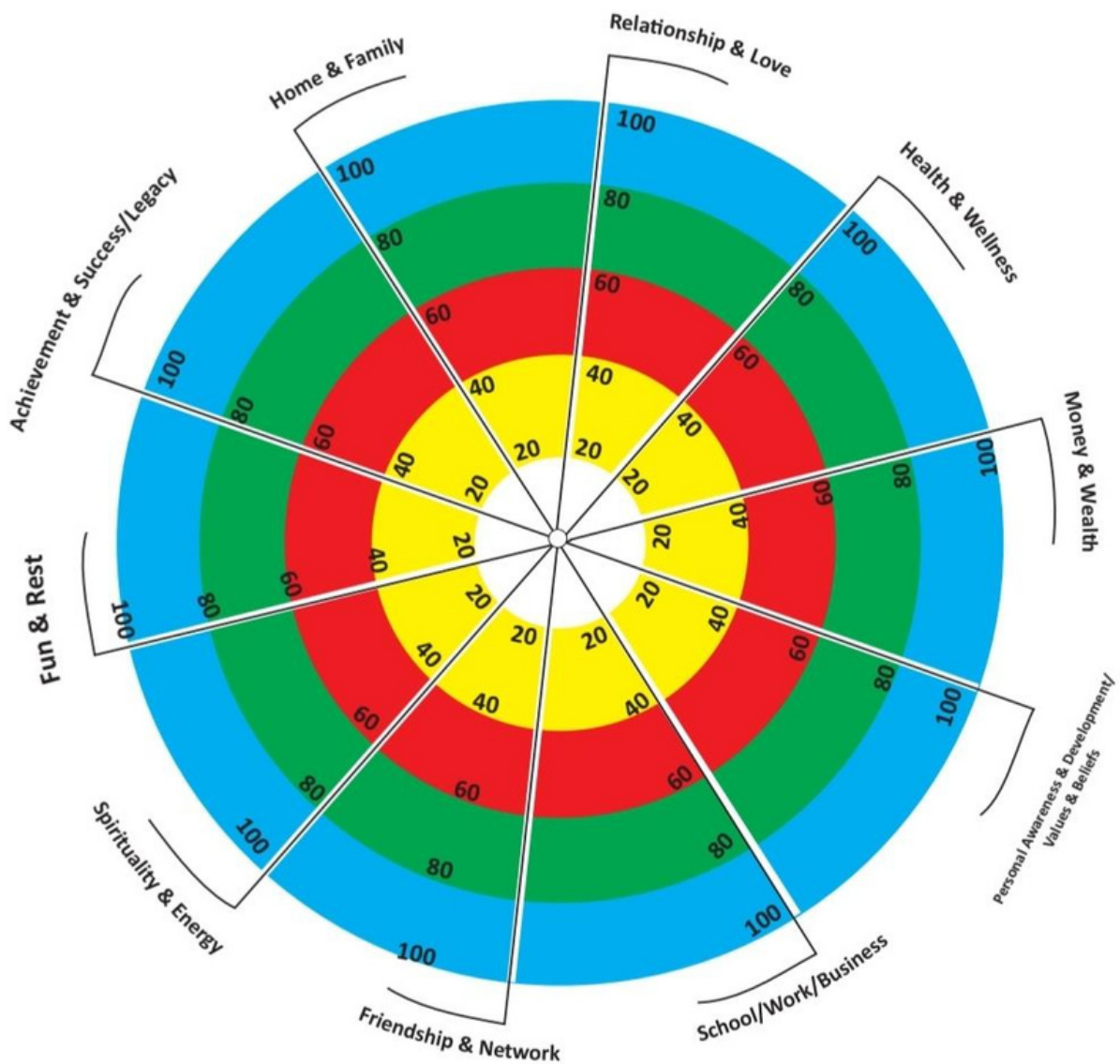
After taking action, reflect on your progress and any changes in your mindset. Write down any new evidence that supports your empowering belief and any positive outcomes you've experienced.

Remember, changing limiting beliefs takes time and effort, so be patient with yourself as you work through this process. And feel free to revisit this worksheet whenever you need to address other limiting beliefs in the future.

Exercise 4

Wheel of Life Assessment Worksheet

LIFE ASSESSMENT WHEEL



The Wheel of Life assessment is a tool used to evaluate different areas of your life and see how harmonious they are. It consists of a circle divided into sections, each representing a

specific category. By assessing each category, you can identify areas that need improvement and create goals to bring more harmony and fulfilment to your life.

Let's go through each category, and rate yourself from 0 to 100. 0 representing total dissatisfaction and 100 representing total satisfaction.

1. Home and Family: This category focuses on the quality of your relationships with your family members and the environment in which you live. It involves evaluating how satisfied you are with your living situation and the level of harmony and support in your family relationships.

2. Relationships & Love: This category refers to your romantic relationships and connections with others. It assesses the quality of your relationships, including trust, communication, and emotional intimacy.

3. Health & Wellness: This category is about your physical and mental well-being. It involves assessing your overall health, including exercise, nutrition, stress management, and self-care practices.

4. Money & Wealth: This category pertains to your financial situation and how well you manage your money. It involves evaluating your income, savings, spending habits, and financial goals.

5. Personal Awareness & Development/Values & Beliefs: This category focuses on your personal growth, self-awareness, and the alignment of your actions with your values and beliefs. It involves assessing how well you know yourself, your strengths, and areas for improvement.

6. School/Work/Business: This category relates to your educational pursuits, career, or business endeavours. It involves evaluating your satisfaction with your work or studies, your professional growth, and your goals in these areas.

7. Friendship & Network: This category refers to the quality of your friendships, social connections, and support network. It involves assessing the depth and breadth of your relationships outside of your family and romantic partners.

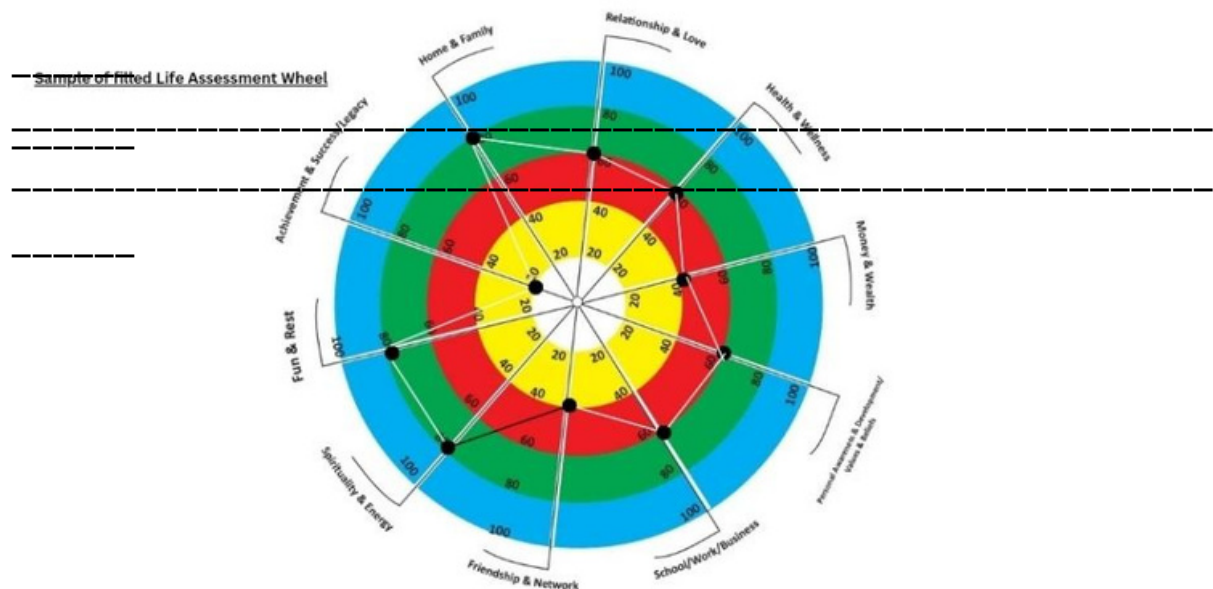
8. Spirituality & Energy: This category relates to your spiritual beliefs, practices, and connection with God. It involves assessing your level of spiritual fulfilment and the energy you bring into your life.

9. Fun & Rest: This category focuses on leisure activities, hobbies, and how well you recharge and take breaks. It involves assessing the balance between work and play, and the level of enjoyment and relaxation in your life.

10. Achievement & Success/Legacy: This category pertains to your accomplishments, goals, and the impact you want to make in the world. It involves evaluating your achievements and aspirations, as well as considering the legacy you want to leave behind.

By assessing these categories, you can gain a clearer picture of which areas of your life may need attention and create a plan to improve them. The goal is to create a more harmonious and fulfilling life overall.

- Rate each category from 0 to 100: Go through each category and rate your satisfaction or fulfilment level on a scale of 0 to 100. 0 represents complete dissatisfaction, while 100 represents complete satisfaction. Mark a point on each section of the wheel that corresponds to your rating.
- Connect the dots: Once you've rated all the categories, connect the dots on the wheel using a line. This will create a visual representation of your current life balance.
 - Reflect on the results: Take a moment to observe the shape of the wheel. Notice if it appears lopsided or uneven. Reflect on the areas that need improvement and those that are already strong. Ask yourself how satisfied you are with your current life balance.
 - What will your experience be if you traveled in a car with wheels this shape (use 5 words to describe this experience)?



Exercise 5

Home and Family Worksheet

A successful home and family life can vary from person to person, as everyone has different values, goals, and circumstances. But I believe everyone wants the same thing, which is peace, and harmony at home.

Goal – *What do you want, and by when?*

- What does a successful home and family mean to you? What does it look like? Describe below

- What would you like your home and family to look like? By when? (Put a specific time)

Reality

- What is your current situation in relation to this goal?

- What progress have you already made towards this achievement?

- What challenges or obstacles are you currently facing? What is stopping you?

Options

- What are the things you need to achieve this goal?

Write 8 - 10 things you can do or being doing now to enable you achieve this goal. (We have a list of suggested options below you can explore in addition to options specific to your need.)

1. **Effective Communication:** Communication is the foundation of any successful relationship. It's important to establish open, honest, and respectful communication within your family.
2. **Quality Time:** Make an effort to spend quality time together as a family. This could involve activities such as family meals, game nights, outings, or shared hobbies.
3. **Mutual Respect:** Respect is essential in maintaining a healthy family dynamic. Treat each family member with kindness, empathy, and consideration.
4. **Shared Responsibilities:** Distribute household chores and responsibilities among family members. Teaching children to contribute to the household fosters a sense of responsibility and teamwork. It also reduces the burden on a single individual and strengthens family bonds through collaboration.
5. **Support and Encouragement:** Offer support and encouragement to each family member's goals, dreams, and endeavours. Celebrate achievements and provide emotional support during challenging times. Create an environment where everyone feels valued, loved, and accepted for who they are.
6. **Harmonising Work and Family:** Strive for a healthy harmony between work and family life. Prioritize spending time with your loved ones and create boundaries to ensure that work or other commitments don't overshadow family time.

Remember that these are only suggested options to inspire you to create the options that will work for you, we understand that every family is unique, and what works for one may not work for another. It's important to tailor your options to your family's specific needs, values, and circumstances.

With these option ideas provided and more, write 8 things that will help you achieve your goal.

1. _____
2. _____
3. . _____
4. . _____
5. . _____
6. . _____
7. . _____
8. . _____

Which of these options would help you to achieve this goal faster?

Way Forward

Based on the options outlined, what specific actions will you take to move you closer to your goal?

What will be your first step, and when will you take it?

~~Who would hold you accountable to ensure you follow through? An individual or an accountability group? (Write name of individual or group.)~~

When will you call this individual or join the accountability group? Specify date.

Finally, take a moment. Relax on your chair or bed, and create a mental picture (imagine/ visualize) your dream home and family.

Write what you see and feel.

Create a sentence affirmation from your goal as if it were already done. E.g. ("I am enjoying love, peace and harmony in my home.")

Affirmation.

Exercise 6

Relationship and Love Worksheet

A successful relationship and love are built on a foundation of mutual respect, trust, communication, and understanding.

Goal - *What do you want, and by when?*

- What does a successful relationship and love life mean to you? What does it look like? (Describe it below)

- What exactly do you want for your relationship and love, and by when?

Reality

- What is your current situation in relation to this goal?

- What progress have you already made towards its achievement?

- What challenges or obstacles are you currently facing? What is stopping you?

Options

- What are the things you need to achieve this goal?

We have a list of suggested options below you can explore in addition to options specific to your need.

1. **Communication:** Open and honest communication is essential in any successful relationship. Both partners should feel comfortable expressing their thoughts, feelings, and needs, and be willing to listen to and understand each other.
2. **Trust:** Trust forms the backbone of a strong relationship. Both partners should trust each other and feel secure in the knowledge that they can rely on each other.
3. **Respect:** Respect for each other's feelings, boundaries, and individuality is crucial. Both partners should honour each other's opinions, choices, and autonomy.
4. **Support:** A successful relationship involves partners supporting each other through both the good times and the bad. This means being there for each other, offering encouragement, and providing a safe space for emotional expression.
5. **Compromise:** Compromise is an essential part of any healthy relationship. Both partners should be willing to make concessions and find solutions that work for both of them.
6. **Shared values and goals:** While it's okay to have differences, having shared values and long-term goals can help strengthen the bond between partners.
7. **Intimacy:** Intimacy goes beyond physical attraction. Emotional intimacy, intellectual compatibility, and shared experiences are all important aspects of a successful relationship.
8. **Quality time:** Spending quality time together, engaging in meaningful activities, and creating positive memories can help strengthen the bond between partners.
9. **Patience and forgiveness:** No relationship is perfect, and it's important for partners to be patient and forgiving with each other. Mistakes will happen, and the ability to move past them is crucial.

10. Individual growth: Supporting each other's personal growth and allowing space for individual interests and pursuits is key to a successful relationship. Both partners should be able to grow as individuals while growing together as a couple.

It's important to remember that every relationship is unique, and what works for one couple may not work for another. However, these principles can serve as a general guide for building and maintaining a healthy, successful relationship and love.

With these option ideas provided and more options specific to you, write 8 - 10 things that will help you achieve your goal.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

What resources or support can you leverage to aid in your success? (Do you need a coach, mentor, books, a community, etc)

Which of these options would lead you to achieving this goal faster?

Way Forward

Based on the options discussed, what specific actions will you take to move you closer to your goal?

What will be your first step, and when will you take it?

Who would hold you accountable to ensure you follow through? An individual or an accountability group? *(Write name of individual or group.)*

When will you call this individual or join the accountability group? Specify date.

Finally, take a moment. Relax on your chair or bed, and create a mental picture (imagine/ visualize) your achievement of this goal.

Write what you see and feel.

Create a sentence affirmation from your goal as if it were already done. E.g. ("*I have a beautiful and harmonious relationship and love life.....*")

Affirmation.

Exercise 7

Health and Wellness Worksheet

Achieving and maintaining successful health and wellness involves a holistic approach that encompasses physical, mental, and emotional well-being.

Goal - *What do you want, and by when?*

- What does health and wellness mean to you?

- What exactly do you want for your health and wellness, and by when?

Reality

- What is your current situation in relation to this goal?

- What progress have you already made towards this achievement?

- What challenges or obstacles are you currently facing? What is stopping you?

Options

- What are the various ways you could approach achieving this goal? We have a list of options below you can explore in addition to options specific to your set health and wellness goal.

1. Regular Physical Activity: Engage in regular physical activity that suits your abilities and preferences.
2. Balanced and Nutritious Diet: Adopt a balanced and nutritious diet that includes a variety of whole foods such as fruits, vegetables, whole grains, lean proteins, and healthy fats.
3. Adequate Sleep: Prioritize quality sleep. Aim for 7-9 hours of uninterrupted sleep each night. Establish a consistent sleep routine.
4. Mental and Emotional Well-being: Pay attention to your mental and emotional health. Practice self-care, engage in activities that bring you joy and fulfillment.
5. Regular Health Check-ups: Schedule regular check-ups with healthcare professionals to monitor your overall health. Attend preventive screenings, vaccinations, and follow medical advice.

With these option ideas provided and more options specific to you, write 8 - 10 things that will help you achieve your goal.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

What resources or support can you leverage to aid in your success?

Which of these options would lead you to achieving this goal faster?

Way Forward

Based on the options discussed, what specific actions will you take to move closer to your goal?

What will be your first step, and when will you take it?

Who would hold you accountable to ensure you follow through? An individual or an accountability group? (Write name of individual or group.)

When will you call this individual or join the accountability group? Specify date

Finally, take a moment. Relax on your chair or bed, and create a mental picture (imagine/ visualize) your achievement and success/legacy goal achieved.

Write what you see and feel.

Create a sentence affirmation from your goal as if it were already done. E.g. ("I am enjoying perfect health and wellness, maintaining my ideal weight of 65kg.")

Affirmation.

Exercise 8

Money and Wealth Worksheet

Achieving success in money, finance, and building wealth involves a combination of financial knowledge, disciplined habits, and long-term planning.

Goal

- What does money and wealth mean to you?

- What specific goal would you like to achieve in terms of money and wealth?
(Specify amount, assets, etc, when you will have it, and what you will offer for it.)

Who is this goal for? Why do you want it?

Reality

- What is your current money and wealth situation?

- What progress have you already made towards the achievement of this goal?

- What challenges or obstacles are you currently facing? What is stopping you from achieving this goal?

Options

- We have a list of options below you can explore in addition to options specific to your set legacy goals

1. Financial Education: Invest in your financial education. Learn about personal finance, budgeting, investing, and wealth creation.
 2. Budgeting and Financial Planning: Create a budget and stick to it. Track your income, expenses, and savings goals.
 3. Get a job, start a business or learn a skill.
 4. Investing and Wealth Building: Develop an investment strategy aligned with your goals.
 5. Professional Advice: Consider seeking advice from financial professionals.
6. Create an innovative product or service.
 7. Generosity and Giving: Cultivate a mindset of generosity and giving back. Support causes and organizations that align with your values. Giving not only benefits others but also brings a sense of fulfilment and purpose to your financial journey.

With these option ideas provided and more options specific to you, write 8 - 10 things that will help you achieve your money and wealth goal.

1. _____
2. _____
3. _____
4. _____
5. _____

6. _____
7. _____
8. _____
9. _____
10. _____

Which of these options would lead you to achieving your goal faster?

Way Forward

Based on the options stated, what specific actions will you take to move closer to your goal?

What will be your first step, and when will you take it?

~~Who would hold you accountable to ensure you follow through? An individual or an accountability group? (Write name of individual or group.)~~

When will you call this individual or join the accountability group? Specify date.

Finally, take a moment. Relax on your chair or bed, and create a mental picture (imagine/ visualize) your achievement of this goal.

Write what you see and feel.

Create a sentence affirmation from your goal as if it were already done. E.g. ("I have earned and received 100 Million Naira from happy customers who subscribed to my online programs, by December 20th 2024 .")

Affirmation.

Exercise 9

Personal Development and Awareness Worksheet

Successful personal development and awareness involve a continuous process of self-improvement, self-discovery, and growth.

Goal

- What does personal development and awareness mean to you?

- What do you want to achieve in this area specifically? By When?

- How will you know you have achieved it? (*What will be evident?*)

Reality

- What is your current situation in relation to this goal?

- What progress have you already made towards this achievement?

- What challenges or obstacles are you currently facing? What is stopping you?

Options

- What are the various ways you could approach achieving this goal. We have a list of options below you can explore in addition to options specific to your set legacy goals

1. Self-reflection: Taking the time to reflect on your thoughts, emotions, actions, and experiences is crucial for personal development. Self-reflection helps you gain insight into your strengths, weaknesses, values, and goals.

2. Continuous learning: Embracing a mindset of continuous learning and seeking new knowledge helps expand your perspective and adapt to change. This can involve formal education, self-study, skill building, and seeking out new experiences.

3. Personal values and purpose: Clarifying your personal values and defining your sense of purpose can provide a strong foundation for personal development. Understanding what matters most to you can guide your decision-making and actions.

4. Self-discipline and habits: Cultivating self-discipline and positive habits can help you achieve your goals and maintain consistency in your personal development efforts.

5. Gratitude and positivity: Practicing gratitude and maintaining a positive mindset can enhance your overall well-being and perspective on life. It can help you focus on the present moment and appreciate the good in your life.

6. Community or Network: Placing yourself in a community of Growth minded individuals can inspire your own personal growth.

With these option ideas provided and more options specific to you, write 8 - 10 things that will help you achieve your goal.

1. _____

2. _____

3. _____

4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

Which of these options would lead you to achieving this goal faster?

Way Forward

Based on the options discussed, what specific actions will you take to move closer to your goal?

What will be your first step, and when will you take it?

Who would hold you accountable to ensure you follow through? An individual or an accountability group? (Write name of individual or group.)

Note that you can have one or different accountability systems for each of your goal

When will you call this individual or join the accountability group? Specify date

Finally, take a moment. Relax on your chair or bed, and create a mental picture (imagine/ visualize) your achievement of this goal.

Write what you see and feel.

Create a sentence affirmation from your goal as if it were already done. E.g. ("I have successfully achieved my goal(s), leaving behind a powerful legacy, and basking in the fulfilment of unprecedented success in every aspect of my life.")

Affirmation.

Exercise 10

School/ Work/ Business Worksheet

Success in school, work, and business requires a combination of hard work, strategic thinking, effective communication, and the ability to adapt to changing circumstances.

Goal

- What does success in school/ Work/ Business mean to you?

- What specific thing would you like to achieve in this area of your life? By when?

- Why do you want this goal achieved?

Reality

- What is your current situation in relation to this goal?

- What progress have you already made towards this achievement?

- What challenges or obstacles are you currently facing? What is stopping you?

Options

- What are the various ways you could approach achieving this goal?

We have a list of options below you can explore in addition to other options specific to your goals

1. Continuous learning and skill development: Embracing a mindset of continuous learning and skill development is crucial for staying competitive and adapting to evolving demands. This can involve formal education, professional training, and self-study.
2. Effective time management: Managing time efficiently and prioritizing tasks is essential for productivity and success. This includes setting deadlines, minimizing distractions, and delegating when necessary.
3. Strong work ethic: A strong work ethic, characterized by diligence, reliability, and a commitment to excellence, is a fundamental aspect of success in school, work, and business.
4. Collaboration and teamwork: In school, work, and business, the ability to collaborate effectively with others and leverage collective strengths is essential for achieving common objectives.
5. Networking and relationship building: Building and maintaining a strong network of connections can create opportunities for collaboration, mentorship, and professional growth.
6. Adaptation of technology: Embracing and effectively utilizing relevant technologies can enhance productivity, streamline processes, and create a competitive advantage in the modern world. You can do so much with AI these days

With these option ideas provided and more options specific to you, write 8 - 10 things that will help you achieve your goal.

1. _____

2. _____

3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

Which of these options would lead you to achieving this goal faster?

Way Forward

Based on the options outlined, what specific actions will you take to move closer to your goal?

What will be your first step, and when will you take it?

~~Who would hold you accountable to ensure you follow through? An individual or an accountability group? (Write name of individual or group.)~~

When will you call this individual or join the accountability group? Specify date

Finally, take a moment. Relax on your chair or bed, and create a mental picture (imagine/ visualize) your goal achieved.

Write what you see and feel.

Create a sentence affirmation from your goal as if it were already done. E.g. ("I have successfully achieved my goal(s), leaving behind a powerful legacy, and basking in the fulfilment of unprecedented success in every aspect of my life.")

Affirmation.

Exercise 11

Friendship and Network Worksheet

Successful friendships and professional networks are built on trust, mutual respect, and genuine connections.

Goal

- Describe your ideal friendship and network.

- What exactly do you want to gain from these friendships and networks?

Where can you find these friendships and networks?

- Why is this goal important to you, and by when do you want to achieve it?

Reality

- What is your current friendships and networks like?

- What progress have you already made towards achieving your friendship and network goal?

- What is stopping you from joining these networks or starting these friendships?

Options

- What are the various ways you could approach achieving this goal? You must first become/ embody the kind of people you'll like to

We have a list of options below you can explore in addition to options specific to you.

1. Being Authentic: Being genuine and authentic in your interactions is crucial for building meaningful connections. Authenticity fosters trust and lays the foundation for strong friendships and professional relationships.
2. Identifying your interests and values
3. Giving Support and empathy: Providing support and empathy, and being there for others during both good and challenging times.
4. Being a Positive influence: Surrounding yourself with individuals who have a positive influence on your life, values, and aspirations can contribute to personal and professional growth.
5. Prioritizing Contribution and value exchange: Contributing value to each other, whether through knowledge sharing, mentorship, or introductions.
6. Identifying the individuals
7. Identifying the network or community

With these option ideas provided and more options specific to you, write 8 - 10 things that will help you achieve your goal.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

Way Forward

Based on the options listed, what specific actions will you take to move closer to your goal?

What will be your first step, and when will you take it?

When will you achieve this goal? (Write a specific date).

Who would hold you accountable to ensure you follow through? An individual or an accountability group? (Write name of individual or group.)

When will you call this individual or join the accountability group? Specify date

Finally, take a moment. Relax on your chair or bed, and create a mental picture (imagine/ visualize) your goal achieved.

Write what you see and feel.

Create a sentence affirmation from your goal as if it were already done. E.g. ("I have successfully achieved my goal(s), leaving behind a powerful legacy, and basking in the fulfilment of unprecedented success in every aspect of my life.")

Affirmation.

Exercise 12

Spirituality and Energy Worksheet

A successful spiritual and positive energy life involves nurturing inner peace, gratitude, a sense of purpose and constant awareness of God's presence at all times.

Goal

- What does spirituality and energy mean to you?

- What specific success would you like in your spiritual life? By when?

Reality

- What is your current state of your spiritual life?

- What progress have you already made towards this goal?

- What challenges or obstacles are you currently facing? What is stopping you?

Options

- What are the various ways you could approach achieving this goal?

We have a list of options below you can explore in addition to options specific to you.

1. Scheduled Bible study time: By studying the Bible, you can gain a deeper understanding of the teachings and principles it contains. This can help you develop a stronger spiritual foundation and provide guidance for living a more fulfilling and purposeful life.

2. Meditating on the word of God: Taking time to reflect on and internalize the teachings and messages of the Bible can help you connect more deeply with your faith. This practice can bring about a sense of peace, clarity, and spiritual awareness.

3. Prayer: Prayer allows for direct communication with God, offering an opportunity to express gratitude, seek guidance, and ask for help. Engaging in prayer can foster a sense of connection to a higher power and provide comfort and strength during challenging times.

4. Confessing scriptures: Confessing scriptures involves speaking and affirming the promises and truths found in the Bible. This practice can help reinforce positive beliefs, build faith, and cultivate a more positive mindset.

5. Reading faith books: Reading books that explore faith, spirituality, and personal growth can provide valuable insights, encouragement, and practical wisdom for navigating life's challenges and deepening your spiritual understanding.

6. Listening to Christian messages: Listening to sermons, talks, or messages from Christian leaders and speakers can offer inspiration, encouragement, and fresh perspectives on faith-related topics. Engaging with these messages can help reinforce your beliefs and motivate you to live out your faith more intentionally.

7. Engaging in these practices can help individuals feel more connected to their faith, gain a deeper understanding of spiritual principles, find strength and comfort in their beliefs, and experience a greater sense of purpose and energy in their spiritual lives.

8. Community and support: Joining and participating in a supportive community/ church of like-minded individuals who share your spiritual and positive energy values can provide encouragement and a sense of belonging.

- 9. Obedience and self discipline: Being able to be a doer of the word, and carrying out specific instructions God is giving you per time.
- 10. Join FaiththinZ Community and participate in the activities.

With these option ideas provided and more options specific to you, write 8 - 10 things that will help you achieve your goal.

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____
- 6. _____
- 7. _____
- 8. _____
- 9. _____
- 10. _____

Where can you get these resources to aid in your success?

Which of these options would lead you to achieving this goal faster?

Way Forward

Based on the options listed, what specific actions will you take to move closer to your goal?

What will be your first step, and when will you take it?

Who would hold you accountable to ensure you follow through? An individual or an accountability group? (Write name of individual or group.)

When will you call this individual or join the accountability group? Specify date

Finally, take a moment. Relax on your chair or bed, and create a mental picture (imagine/ visualize) your goal achieved.

Write what you see and feel.

~~Create a sentence affirmation from your goal as if it were already done. E.g. ("I have successfully achieved my goal(s), leaving behind a powerful legacy, and basking in the fulfilment of unprecedented success in every aspect of my life.")~~

Affirmation.

Exercise 13

Fun and Rest Worksheet

A successful model for fun and rest involves achieving a balance between work, relaxation, and engaging in enjoyable activities.

Goal

- What does fun and rest mean to you?

- How important is it for you to incorporate fun and rest into your life?

- What specific outcome do you aim to achieve in terms of fun and rest?

Reality

- How would you describe your current level of fun and rest in your life?

- What activities do you currently engage in for fun and relaxation?

- What are the current barriers preventing you from having more fun and rest?

Options

- What are some new activities you could try to bring more fun and rest into your life?

We have a list of options below you can explore in addition to options specific to your set legacy goals

1. **Setting boundaries:** Establish clear boundaries between work and personal time. Avoid letting work encroach on your leisure time, and vice versa, to ensure that you have dedicated moments for fun and rest.
2. **Engaging in hobbies and activities:** Identify hobbies and activities that bring you joy and relaxation. Whether it's reading, gardening, painting, or playing a musical instrument, finding activities that you genuinely enjoy can contribute to a sense of fulfillment.
3. **Socializing and connecting:** Spending quality time with friends and loved ones can be an enriching way to unwind and have fun. Meaningful social connections contribute to overall happiness and well-being.
4. **Unplugging and disconnecting:** Take breaks from technology and digital devices to give your mind a rest and allow yourself to be fully present in the moment.
5. **Take vacations and or daycations**
6. **Quality sleep:** Prioritize getting sufficient and restful sleep. Quality sleep is essential for physical and mental rejuvenation.
7. **Laughing and humor:** Embrace opportunities for laughter and humor. Watching a comedy, sharing jokes with friends, or engaging in light-hearted activities can help reduce stress and boost mood.

With these option ideas provided and more options specific to you, write 8 - 10 things that will help you achieve your goal.

1. _____
2. _____
3. _____

4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

How can you schedule time for fun and rest without sacrificing your other commitments?

Which of these options would lead you to achieving this goal faster?

Way Forward

What steps will you take to ensure you make time for fun and rest?

What will be your first step, and when will you take it?

How committed are you to making changes to prioritize fun and rest? On a scale of 1 to 10

Who would hold you accountable to ensure you follow through? An individual or an accountability group? (Write name of individual or group.)

When will you call this individual or join the accountability group? Specify date

Finally, take a moment. Relax on your chair or bed, and create a mental picture (imagine/ visualize) your achievement and success/legacy goal achieved.

Write what you see and feel.

Create a sentence affirmation from your goal as if it were already done. E.g. ("~~I have successfully achieved my goal(s), leaving behind a powerful legacy, and basking in the fulfilment of unprecedented success in every aspect of my life.~~")

Affirmation.

Exercise 14

Achievement and Success/ Legacy Worksheet

Consider how you want to be remembered and actively plan the legacy you wish to leave behind. This may involve philanthropy, mentorship, or other forms of contribution.

Creating a success plan for achievement and leaving a lasting legacy involves a multifaceted approach that encompasses personal development, goal setting, leadership, and impact.

Goal

- What does achievement and success/ legacy mean to you?

- What specific achievement or success would you like to focus on?

- What legacy would you like to leave behind?

Reality

- What is your current situation in relation to this goal?

- What progress have you already made towards this achievement?

- What challenges or obstacles are you currently facing? What is stopping you?

Options

We have a list of options below you can explore in addition to options specific to your set legacy goals.

Self-awareness and Personal Development:

Understand your strengths, weaknesses, values, and passions. Self-awareness is the first step toward personal development and achieving success.

Continuously develop your skills, knowledge, and character through learning, mentorship, and self-improvement.

Vision

Define a clear vision for what you want to achieve and the legacy you want to leave behind. Your vision should be inspiring and aligned with your values and passions.

Resilience and Adaptability:

Cultivate resilience and the ability to adapt to change. Success often involves overcoming obstacles and setbacks, so resilience is key to staying on course.

Embrace a growth mindset that sees challenges as opportunities for learning and growth.

Leadership and Influence:

Develop strong leadership skills to inspire and empower others. Your ability to lead and influence people will be critical in building a lasting legacy.

Lead by example, demonstrate integrity, and build trust with those around you.

Impact and Contribution:

Identify how you can make a positive impact in your community, industry, or the world at large. Consider how you can use your skills and resources to contribute to meaningful causes.

Seek to leave a lasting, positive legacy that extends beyond your own personal achievements.

Continuous Learning and Innovation:

Stay curious and open-minded, continuously seeking new knowledge and innovative ideas.

Embrace innovation, as it is often the key to creating lasting change and leaving a significant legacy.

Relationships and Collaboration:

Cultivate meaningful relationships with others who share your values and vision. Collaboration and teamwork can amplify your impact and help you achieve greater success.

Build a network of supporters, mentors, and peers who can provide guidance, support, and opportunities for collaboration.

With these option ideas provided and more options specific to you, write 8 - 10 things that will help you achieve your goal.

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____
- 6. _____
- 7. _____
- 8. _____
- 9. _____
- 10. _____

What resources or support can you leverage to aid in your success?

Which of these options would lead you to achieving this goal faster?

Way Forward

Based on the options discussed, what specific actions will you take to move closer to your goal?

What will be your first step, and when will you take it?

When will you achieve this goal? (Write a specific date).

Who would hold you accountable to ensure you follow through? An individual or an accountability group? (Write name of individual or group.)

When will you call this individual or join the accountability group? Specify date

Finally, take a moment. Relax on your chair or bed, and create a mental picture (imagine/ visualize) your achievement and success/legacy goal achieved.

Write what you see and feel.

Create a sentence affirmation from your goal as if it were already done. E.g. ("I have successfully achieved my goal(s), leaving behind a powerful legacy, and basking in the fulfilment of unprecedented success in every aspect of my life.")

Affirmation.

Appendix 1: A to Z Personal Values

- **Authenticity:** Being true to oneself and others, without pretense or falsehood.
- **Ambition:** Having a strong desire and determination to achieve goals and success.
- **Acceptance:** Embracing others as they are, without judgment or prejudice.
- **Accountability:** Taking responsibility for one's actions and their consequences.
- **Adventure:** Seeking new experiences, challenges, and excitement in life.
- **Appreciation:** Recognizing and expressing gratitude for the people, things, and experiences that bring joy and value to our lives.
- **Adaptability:** Being flexible and open-minded in the face of change or challenges.
- **Authentic Relationships:** Building genuine connections based on trust, honesty, and mutual respect.
- **Autonomy:** Valuing independence and the ability to make decisions for oneself.
- **Balance:** Striving for harmony and equilibrium in various aspects of life, such as work and personal life.
- **Belonging:** Creating a sense of inclusion and belonging for oneself and others.
- **Boldness:** Having the courage to take risks and pursue one's dreams and aspirations.
- **Compassion:** Showing kindness, empathy, and understanding towards others.
- **Curiosity:** Having a thirst for knowledge and a desire to explore and learn new things.
- **Creativity:** Expressing oneself through innovative thinking, imagination, and artistic endeavours.
- **Continuous Learning:** Committing to lifelong learning and personal growth.
- **Consistency:** Demonstrating reliability and dependability in one's words and actions.
- **Courage:** Facing fears and challenges with bravery and resilience.
- **Community:** Valuing and actively participating in the well-being of one's community and society.
- **Communication:** Effectively conveying thoughts, ideas, and feelings to others through various forms of communication.
- **Cleanliness:** Maintaining personal hygiene and cleanliness in one's surroundings.
- **Commitment:** Fulfilling promises and dedicating oneself to a cause or goal.
- **Courtesy:** Showing politeness, respect, and consideration towards others.
- **Creativity:** Thinking outside the box and finding innovative solutions to problems.
- **Confidence:** Believing in oneself and one's abilities.
- **Cooperation:** Working collaboratively with others towards a common goal.
- **Calmness:** Maintaining a sense of calm and composure in stressful situations.
- **Cheerfulness:** Spreading joy and positivity to others through one's words and actions.
- **Consolation:** Providing comfort and support to those in need.
- **Consideration:** Thinking about the needs and feelings of others before acting.
- **Control:** Maintaining self-control and discipline in one's thoughts and actions.
- **Conviction:** Holding strong beliefs and principles and standing up for them.
- **Creativity:** Expressing oneself through various creative outlets, such as art, music, or writing.
- **Caring:** Showing empathy and concern for the well-being of others.
- **Cultural Awareness:** Being aware and respectful of different cultures and customs.
- **Challenge:** Embracing challenges and using them as opportunities for growth and development.

- Clarity: Communicating clearly and concisely to avoid misunderstanding.
- Composure: Maintaining a calm and collected demeanor in difficult situations.
- Celebration: Celebrating achievements and milestones, both big and small.
- Dedication: Showing commitment and devotion to a task, goal, or purpose.
- Discipline: Practicing self-control, focus, and adherence to rules or principles.
- Diversity: Embracing and respecting the differences and uniqueness of individuals and cultures.
- Empathy: Understanding and sharing the feelings and perspectives of others.
- Equality: Believing in and promoting fairness, justice, and equal opportunities for all.
- Excellence: Striving for the highest standards of quality and achievement in all endeavours.
- Flexibility: Adapting and adjusting to changing circumstances or perspectives.
- Forgiveness: Letting go of resentment and granting pardon to oneself and others.
- Freedom: Valuing and upholding individual liberties and autonomy.
- Generosity: Being kind, giving, and generous with one's time, resources, and compassion.
- Gratitude: Recognizing and appreciating the blessings and positive aspects of life.
- Growth: Embracing personal and intellectual development through continuous learning and self-improvement.
- Harmony: Seeking and promoting peace, balance, and harmony in relationships and the environment.
- Honesty: Being truthful, sincere, and transparent in words, actions, and dealings with others.
- Humility: Having a modest and humble demeanor, acknowledging one's limitations and valuing others' contributions.
- Independence: Valuing self-reliance and autonomy in thoughts and actions.
- Innovation: Encouraging and embracing new ideas, creativity, and inventive thinking.
- Integrity: Upholding strong moral and ethical principles and acting with honesty and integrity.
- Joy: Cultivating a sense of happiness, contentment, and enjoyment in life.
- Kindness: Demonstrating compassion, benevolence, and acts of goodwill towards others.
- Leadership: Taking initiative, inspiring others, and guiding them towards a common goal.
- Love: Nurturing and fostering deep affection, care, and compassion for oneself and others.
- Loyalty: Remaining faithful, committed, and supportive to individuals, causes, or organizations.
- Mindfulness: Cultivating present-moment awareness and being fully engaged in the here and now.
- Open-mindedness: Being receptive to new ideas, perspectives, and experiences without judgment.
- Optimism: Maintaining a positive outlook, emphasizing possibilities, and expecting favourable outcomes.
- Patience: Demonstrating calmness, tolerance, and understanding in challenging or difficult situations.

- Perseverance: Persisting with determination, resilience, and effort in the face of obstacles or setbacks.
- Respect: Valuing and treating others with dignity, courtesy, and esteem.
- Responsibility: Being accountable and reliable for one's obligations, actions, and choices.
 - Self-care: Prioritizing and nurturing one's physical, mental, and emotional well-being.
- Service: Engaging in acts of kindness, support, and assistance to others and the community.
 - Simplicity: Embracing a minimalistic and uncomplicated lifestyle, focusing on what truly matters.
- Spirituality: Exploring and nurturing a sense of connection to God
 - Teamwork: Collaborating and cooperating with others towards a shared objective or goal.
- Trustworthiness: Building trust through honesty, reliability, and keeping one's commitments.
 - Understanding: Seeking comprehension and empathy towards different perspectives and experiences.
- Wisdom: Applying knowledge, experience, and discernment to make sound judgments and decisions.
- Work Ethic: Demonstrating a strong sense of dedication, diligence, and professionalism in work-related endeavours.
- Zeal: Approaching life with enthusiasm, passion, and energy.

Note that, personal values are unique to each individual and may evolve or change over time. It's important to regularly reflect on and reassess your values to ensure they align with your authentic self and guide your actions and choices.

Appendix 2: Limiting Beliefs

- “I’m not good enough”: This belief stems from feelings of self-doubt and a lack of self-esteem. It can prevent individuals from taking risks or pursuing their goals because they believe they are unworthy or incapable of success.
- “I don’t deserve success”: Some people have a belief that they don’t deserve to be successful or happy. This belief often arises from feelings of guilt or low self-worth and can sabotage efforts to achieve personal and professional goals.
- “I’m afraid of failure”: Fear of failure can hold individuals back from taking risks and trying new things. The belief that failure is a reflection of personal inadequacy can prevent individuals from learning from their mistakes and moving forward.
- “I’m too old/young”: Believing that age is a barrier to success can limit opportunities for growth and development. Whether someone considers themselves too young or too old, this belief can create self-imposed limitations on what they can achieve.
- “Money is the root of all evil”: This belief associates wealth with negative things and can create a subconscious aversion to financial success. It can hinder individuals from pursuing opportunities that could lead to financial abundance.
- “I can’t change”: This belief suggests that personal growth and change are not possible. It can discourage individuals from seeking personal development, learning new skills, or making positive changes in their lives.
- “Others’ opinions matter more than mine”: Placing too much importance on the opinions of others can lead to a fear of judgment and a reluctance to express oneself authentically. This belief can hinder personal freedom and limit self-expression.
- “Success is only for lucky people”: This belief attributes success solely to luck and discounts the importance of hard work, perseverance, and personal agency. It can discourage individuals from setting ambitious goals or taking proactive steps towards success.
- “I have to do everything perfectly”: The belief that perfection is the only acceptable outcome can create intense pressure and fear of making mistakes. It can lead to procrastination, self-criticism, and an inability to embrace imperfection.
- “I can’t change my circumstances”: This belief assumes that external circumstances are fixed and unchangeable. It can lead to a sense of helplessness and resignation, preventing individuals from taking action to improve their situations.
- “I’m not talented enough”: This belief suggests that individuals lack inherent talent or abilities necessary for success. It can discourage them from pursuing their passions or developing new skills.
- “I must always put others’ needs before my own”: This belief prioritizes the needs of others at the expense of one’s own well-being. It can lead to self-neglect and prevent individuals from taking care of themselves or pursuing their own goals and desires.
- “I must work hard to the point of exhaustion”: This belief equates success with constant hustle and overworking. It can lead to burnout, neglect of personal relationships, and an imbalance in various areas of life.
- “I’m a victim of circumstances”: This belief places external circumstances or other people as the sole cause of one’s problems or limitations. It can create a mindset of powerlessness and prevent individuals from taking responsibility for their own lives.

- “I have to fit in and be like everyone else”: This belief drives individuals to conform to societal expectations and norms, stifling their true selves and unique qualities. It can hinder personal authenticity and limit individual expression.
- “I can’t trust others”: This belief stems from past negative experiences and can create a fear of vulnerability and forming meaningful connections with others. It can lead to isolation and hinder personal and professional relationships.
- “Success requires sacrificing my personal life”: This belief assumes that achieving success necessitates sacrificing personal relationships, hobbies, or self-care. It can lead to an imbalance between work and personal life and negatively impact overall well-being.
- “I must know everything before I can start”: This belief creates a perfectionistic mindset that requires having all the answers before taking action. It can lead to analysis paralysis and prevent individuals from taking the necessary steps toward their goals.
- “I shouldn’t ask for help”: This belief stems from a fear of appearing weak or dependent. It can prevent individuals from seeking support, guidance, or mentorship, limiting their ability to learn and grow.
 - “I’m defined by my past mistakes”: This belief fixates on past failures and mistakes, creating a self-limiting narrative. It can hinder self-forgiveness, personal growth, and the ability to embrace new opportunities.

Recognizing and challenging these limiting beliefs is essential for personal transformation and achieving one’s full potential. By replacing them with empowering beliefs and adopting a growth mindset, individuals can break free from self-imposed limitations and create a path towards success and fulfillment.

Appendix 3: Empowering Beliefs

Positive and empowering beliefs that can support personal growth and success:

- “I am capable of achieving my goals”: This belief acknowledges personal competence and empowers individuals to pursue their aspirations with confidence and determination.
- “I deserve success and happiness”: This belief recognizes one’s inherent worthiness and cultivates a positive mindset that embraces abundance and fulfillment in all aspects of life.
 - “Mistakes are opportunities for learning and growth”: This belief reframes failures as valuable lessons and encourages individuals to embrace challenges, learn from setbacks, and continuously improve.
 - “I am in control of my own destiny”: This belief emphasizes personal agency and responsibility, empowering individuals to take proactive steps towards creating the life they desire.
 - “I am constantly growing and evolving”: This belief fosters a growth mindset and encourages individuals to seek continuous self-improvement, expand their knowledge and skills, and embrace personal development opportunities.
 - “I am worthy of love and belonging”: This belief acknowledges the importance of self-acceptance and nurturing healthy relationships, fostering a sense of connection and belonging.
- “I have the power to create positive change”: This belief recognizes the impact individuals can have on their surroundings and encourages them to make a difference through their actions, big or small.
- “I embrace challenges as opportunities for growth”: This belief reframes challenges as stepping stones toward personal development and resilience, encouraging individuals to approach difficulties with a positive and proactive mindset.
 - “I am surrounded by abundance and opportunities”: This belief cultivates a mindset of abundance, recognizing that there are plentiful opportunities and resources available to support personal growth and success.
- “I am worthy of self-care and prioritizing my well-being”: This belief emphasizes the importance of self-care, self-compassion, and setting boundaries to maintain overall well-being and balance in life.
 - “I am supported and can seek help when needed”: This belief acknowledges the value of seeking support from others, whether through mentorship, collaboration, or seeking guidance from trusted individuals.
 - “I am open to new possibilities and embrace change”: This belief encourages individuals to embrace change, step out of their comfort zones, and remain open to new opportunities for personal and professional growth.
 - “I am responsible for my own happiness”: This belief empowers individuals to take ownership of their happiness and well-being, recognizing that they have the power to create joy and fulfillment in their lives.
 - “I am resilient and can overcome any challenge”: This belief instills a sense of resilience and inner strength, reminding individuals that they have the capacity to navigate and overcome difficult situations.

- “I am worthy of success and abundance in all areas of my life”: This belief embraces a holistic view of success, encompassing not just career achievements but also fulfilment in relationships, health, and personal growth.

- “I am surrounded by a supportive and positive network”: This belief acknowledges the importance of cultivating a supportive network of family, friends, and mentors who uplift and encourage personal growth.

- “I am constantly learning and expanding my knowledge”: This belief emphasizes the value of lifelong learning and personal growth, recognizing that acquiring new skills and knowledge is a continuous journey.

- “I am free to be my authentic self”: This belief encourages individuals to embrace and express their true selves, honouring their unique qualities, values, and passions.

- “I am deserving of self-care and self-love”: This belief emphasizes the importance of self-care, self-compassion, and nurturing a positive relationship with oneself.

- “I am making a meaningful contribution to the world”: This belief recognizes the inherent value individuals bring to the world and encourages them to make a positive impact, whether through their work, relationships, or actions.

Empowering beliefs are personal and can vary from person to person. It’s important to identify beliefs that resonate with you and align with your values and aspirations. Cultivating empowering beliefs can help you overcome limitations, unlock your potential, and create a more fulfilling and successful life.

About the Legacy Mastermind Accountability Group

The Legacy Mastermind is for budding coaches, mentors, Authors and Legacy thinking individuals who are passionate about making a positive impact in their world.

You can ask any successful person in any field of life and they will tell you that they did not achieve success alone.

It is no secret that many great men and women you know had top-notch mentors who showed them the way.

But there are times when great and inspired people are left in the dark, feeling hopeless, lost, and unqualified.

At this point in every great life, masterminds provide solace and relief from the pressure of purpose pursuit.

Masterminds are a haven for people looking to expand their skills and learn, while at the same time networking with some of the most brilliant minds on the same journey to greatness.

Napoleon Hill performed hundreds of interviews with effective and successful people while conducting research for his famous book, Think and Grow Rich.

Napoleon Hill learned that the main reason why many entrepreneurs are hugely successful while other entrepreneurs are not is that the successful ones were part of a mastermind program.

What Is The Power Of Being Part Of A Mastermind Group?

You probably know that forming positive relationships with other passionate and purpose driven people is crucial in developing and maintaining a fruitful purpose driven life.

Making the right connection and surrounding yourself with positive and like-minded individuals can help your passion as well as you as an individual to grow and develop and thrive.

Here are two benefits of being part the Legacy Mastermind group:

1. It stimulates creativity

2. It creates accountability

There is no doubt that creativity and innovation are essential for success in today's world. While nothing is actually new, you can improve things by bouncing ideas off of one another, using that synergy in order to spark new and creative ideas.

Having the right people keep you accountable is one of the best ways to move you into action.

Being in a group where you can collaborate as well as connect with the same people on a daily basis is an excellent way to hold yourself accountable.

The Legacy Mastermind is a Peer to Peer group of purpose driven individuals passionate about leaving a positive legacy in their world.

Be Intentional about your Legacy, make your life count.

Join the Legacy Mastermind Group for Idea generation, Inspiration, Motivation, Accountability and Continuous Self Growth.

Duration: 12 months

December - November

Your commitment fee:

#150,000/\$200 Once or

#80,000/\$100 Twice

Our Commitment: You are guaranteed to exceed every SMART goal you'll set for 2024 if you put in the work required.

Sign Up or Join the Wait List Here: <https://selar.co/LegacyMastermind2024>

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To Learn About Our Resources and Impact

Faiththin Resource: www.faiththinresources.com

Pdac Foundation: www.pdacfoundation.org

Superkid Academy: <https://konect.to/superkidacademy23>

Pdac Foundation: <https://konect.to/pdacfoundation>

Instagram, Facebook & Twitter: @pdacfoundatpdac @superkidacad

To Give to Support Project Personal Development

Account Name: Foundation for the Personal Development of African Children

Bank Name: Access Bank

Account Number: 1647572842

Give Online in Different Currencies: bit.ly/pdacfoundation

Scan QR Code to Give

QR Code



***“Your Legacy starts from the way you choose to live your life.
You must define your Legacy, and live/leave it on purpose.
That is why we set goals.”***

~Ogo Ogbueli

About the Author

Meet Ogo Ogbueli, a visionary leader, author, speaker, and life legacy coach dedicated to transforming lives and inspiring change.

Ogo is the Co-founder of FaiththinZ Resources, an informal educational company that provides platforms, resources, and systems for consistent personal and spiritual development. Her passion for empowering African children led her to become the Chairman of the board of trustees of the Foundation for the Personal Development of African Children (Pdac Foundation), a registered non-profit in Nigeria. Through Pdac Foundation, she and her dedicated team inspires and equips African children to discover, develop, and unleash their God-given potentials.

Ogo is also the talented author of an inspirational memoir “Growth is Personal,” and the Dear Child Book Series, a foremost personal development book series focused on personal development for children. Her commitment to nurturing young minds is truly inspiring. Despite her many accomplishments, Ogo remains dedicated to her family and is a loving wife and mother of five children. Her impact on the world is both profound and enduring, leaving a legacy of personal empowerment and transformation.

About



FaiththinZ Resources... is a an informal educational company that provides platforms and resources for spiritual and personal development for both adults and children.

The vision of FaiththinZ Resources... is to bridge the knowledge gap in Africa.

To Educate and Empower people, so they can live a life of true success and be a Blessing to their families, communities, nation and the world at large.

We are on a mission to empower One Million children through the **DEAR CHILD BOOK SERIES**.

About the Author

Ogo Ogbueli is an Inspirational Reading Coach and Co-founder of FaiththinZ Resources...

She is passionate about Personal and Spiritual Development in both Children and Adults.

She is married with 5 Children, and resides in Lagos Nigeria.



Ogo Ogbueli