

Dear all,

Hereby, we all invite you to the I-Karate Global

1 st OPEN INCLUSIVE KARATE LITHUANIAN CHAMPIONSHIP

February 15 th, 2025 Vilnius, Lithuania

This special event emphasizes inclusivity and welcoming participants from all backgrounds and abilities.

Inclusive Participation: The competition is open to individuals of all skill levels and any disability. The philosophy for I-karate is: "participation is winning."

Unique Trophies: Each athlete will receive a special trophy, highlighting our commitment to making every participant feel valued.

Diverse Categories: With over 40 categories, participants can showcase various aspects of karate, including individual kata, demo kata, kata pairs with a buddy, kata teams, and safe kumite.

We are constantly striving and introducing 2 new exciting categories: <u>Countries Pairs</u>, initiative aimed at promoting inclusion and fostering international collaboration. 2 athletes from 2 different countries can perform a kata together.

<u>Demo Kata</u>, specially designed for newcomers to build confidence, this category provides participants the opportunity to perform any free kata, receive points (not calculated), and be awarded a gold medal.

I hope to welcome you all in Lithuania,

Yours sincerely,

Eric Bortels,

Chairman I-Karate-Global











I-Karate GLOBAL non profit Slangbeekstraat 21 B-3511 KURINGEN

C

e-mail: info@i-k-f.net Website: www.i-k-f.net I-Karate Global I-Karate Global - YouTube





Here is a design agenda along with the necessary documents for your registration. The deadline for registration is February 10, 2025.

To register, click here:

https://docs.google.com/forms/d/e/1FAIpQLSeeS4z8LI5cWYJYIN18yvcIzbIr4p1PWTN3HDUJm69ujMeYA/viewform

How to register for the competition:

Complete the registration form.

Refer to the program for the 1 st Open Inclusive Lithuanian Championship, Vilnius (page 3). Provide the necessary payment details (page 4).

Include classification information (page 5).

Review detailed information about all IKF I-Karate Global categories in the attachment.

Send or email the required information to I-Karate GLOBAL before October 19, 2024. Email: info@i-k-f.net

Note: Part 4 can also be sent directly to the medical team of I-Karate-GLOBAL via Carlo Oud (MD), Nobellaan 5, 3500 Hasselt, Belgium. Email: carlo.oud@telenet.be

If you have any questions or need more information, please feel free to contact us via email: laura.kazilione@i-k-f.net (International) diana.borger@i-k-f.net (Belgium)

I-Karate GLOBAL non profit Slangbeekstraat 21 B-3511 KURINGEN

C

e-mail: info@i-k-f.net Website: www.i-k-f.net f I-Karate Global I-Karate Global - YouTube



Program 1 st Open Inclusive Karate Lithuanian Championship 2025

CHAMPIONSHIP LOCATION: Vilnius

Thursday, February 13 th, 2024 (education by Eric Bortels)

9:00-12:00 karate	Introduction and theorethical part of the methodology of inclusive
12:00-13:00	Lunch
13:00-16:00	Methodology of inclusive karate – practical part
Friday, February 14th, 2024	
10:00 – 13:00 Examination of the education of inclusive karate	
Saturday, February 15 th, 2024	
8:00-9:15	Registration and briefing for referees.
9:30-10:10	Opening Ceremony and start of competition part one.
10.20-13:00	All individual categories kata-kumite competitions.
12:30	Medal ceremony all individual categories part 1.
13:00-14:00	Break.
14:00	Demonstration.
14:00-17:00: 17:00	Start of competition part two PAIRS kata-kumite, and TEAMS. Medal ceremony part 2.





Registration and Payment

Please open this link below and apply.

https://docs.google.com/forms/d/e/1FAIpQLSeeS4z8LI5cWYJYIN18yvcIzbIr4p1PWTN3HDUJm69ujMeYA/viewform

Your registration is complete once we have received all parts of the registration and the transfer has been made to our account below, before February 10, 2024.

All payments for participation must be transferred to the following bank account: (no payment = no participation)

IBAN BE 78 0689 0208 6586 BIC: GKCCBEBB (IKF I-Karate Global) Please indicate on the transfer: COUNTRY PARTICIPANT(S) Demo kata or individual kata 15 euro IKF KUMITE (no free sparring): 5 euro Pairs KATA with buddy: 5 euro Pairs KUMITE with buddy (5 free exercises): 5 euro Pairs kata 2 countries: 0 euro pp Teams KATA: 5 euro pp

Foreign participants must arrange their own insurance for participation in the competition. IKF I-Karate GLOBAL is not responsible for incidents during the competition. By participating in the competition, you agree that the organization may use all audiovisual material. If this is not the case, please inform the I-Karate GLOBAL team by checking the box 0.

Bring your countryflag!

Please date and sign this agreement to complete your registration. If under 18 years old, it must be signed by a family member/caretaker. Athlete's signature Date:/2024 Family member/caretaker's signature:

(Printed name)

I-Karate GLOBAL non profit Slangbeekstraat 21 B-3511 KURINGEN



e-mail: info@i-k-f.net Website: www.i-k-f.net f I-Karate Global I-Karate Global - YouTube



BASIC RULES IKF

- 1 It's important to note that multiple levels in the classifications will be created as each category attracts more participants.
- 2 You are required to have an IKF I-karate Global classification on the day of or before the competition. (except for the demo kata)
- 3 A category can be further divided by age, gender, or belt. A category must have enough participants to make a competition viable. The minimum is 3. If there are fewer than 3, athletes will be placed in a higher category suitable for them, according to the technical classifier.
- 4 Inform yourself! In kumite for pairs, the buddy will demonstrate 5 attacks together with the athlete. The athlete is free to block and counterattack. Points will be given for the realistic execution and choreography of both the buddy and the athlete.
- 5 Complaints can only be submitted at the table by the officially registered coach of the team.
 - a. The table will discuss the issue with the comfort referee responsible for that specific floor.
 - b. Together they make a decision, if no decision can be made, the head comfort referee will be involved and will make the final decision.
 - c. "We kindly request coaches and parents not to interfere with the ranking or the order of when the athlete should perform."
 - d. We understand that each athlete with a disability is unique, and we strive to carefully classify them into the appropriate categories. We apologize if this is not entirely successful, as no extra points are awarded to athletes with a higher degree of disability. We rely on the assessment skills of the IKF judges. Any inappropriate behavior, both verbal and physical, from the participant, coach, or spectator towards someone from the organizing team (judge, table staff, entrance security, comfort referee), will result in exclusion, both of the participant concerned and possibly even the entire team.
 - e. Note: all styles are allowed, i.e., belts can sometimes be different, high for us but low for another style group!

6 Changes:

- a. category 501-502 a mandatory 2 katas and start with kata SHORIN 1st round.
- b. category 504-505 kata with only the four directions instead of mini kata. Katas: RIN ICHI - RIN NI - RIN SAN - RIN YON
- c. New category: Pairs kata international, 2 athletes from different countries performing a free kata.
- d. Demo kata 1 kata of free choice, no participation possible in other categories.
- 7 Point system:

5 referees give points, highest and lowest score are dropped. The remaining 3 points are added together. In case of a tie, the lowest point is counted first. The first participant is judged between 7.7 and 8.2. These points are then compared with each subsequent participant.

8 All participants (except demo kata) must have a valid IKF license.

I-Karate GLOBAL non profit Slangbeekstraat 21 B-3511 KURINGEN

