

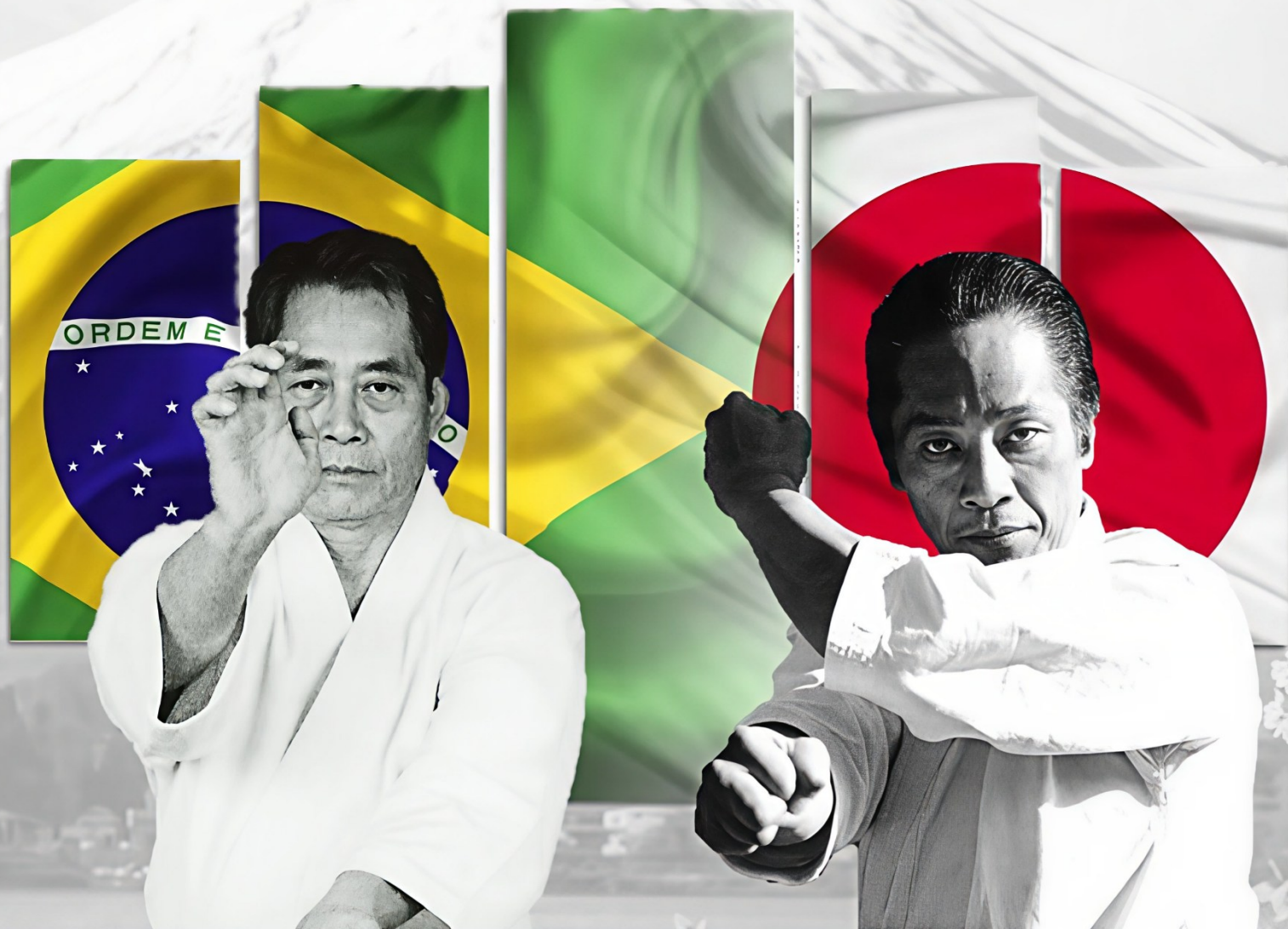
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7th JKS Karate-do International Cup 2026 JKS Karate-do International Para Cup 2026

August 20th to 23rd · Vitória · Espírito Santo

BRAZIL

in memory of Sadamu Uriu sensei



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The 7th JKS Karate-do International Cup 2026
The 7th JKS Karate-do International Para Cup 2026

Ginásio Tancredão

Adress: Street Rosilda Falcão dos Anjos, s/nº, Mario Cypreste.

Vitória – Espírito Santo – Brasil

2026 August, 20th to 23rd

Information: WhatsApp: + 55 27 99806-8983 E-mail: michelcutisc@gmail.com

Where tradition meets the future

"Someone whose spirit and mental fortitude have been strengthened through struggles, with an attitude of never giving up, should have no difficulty facing any challenge, no matter how great."

(Gichin Funakoshi sensei).

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Dear JKS Branch Leaders,

We are pleased to announce that the 7th JKS Karate-Do International Cup and the Para Cup of JKS Shotokan Karate will be held in the city of Vitória, Espírito Santo, Brazil.

JKS Brazil invites all countries affiliated with JKS Japan to this great event. This championship will be unforgettable for all enthusiasts of JKS Shotokan Karate as a martial art, characterized by respect, discipline, reason, ethics, and technical knowledge. We will have many new features at our event.

JKS members from around the world are cordially invited.

Vitoria is an island with 400,000 inhabitants and the capital of the state of Espírito Santo, located in southeastern Brazil, a one-hour flight from Rio de Janeiro and an hour and a half from São Paulo. Vitoria is the second-best city in Brazil for quality of life and fifth in HDI, according to the United Nations. Currently, Vitoria is the safest capital in Brazil, boasting numerous tourist attractions, excellent hotels with room rates starting at US\$35, plentiful and affordable food, an excellent public transportation system, and the convenience of everything being within 20 minutes. The city's airport is Eurico da Aguiar Salles (VIX).

Visit Espírito Santo:

https://www.youtube.com/watch?v=hXU9bx eosfU&list=RDhXU9bx eosfU&start_radio=1

Visit Vitória:

<https://www.youtube.com/watch?v=q1tGlyQMdg8>

Everyone will be very welcome and I am at your disposal for further information and help with whatever you need so you can have a great stay in Brazil and feel at home.

We will be very happy to see you all in Vitória and we welcome you in advance!

Best Regards

Michel Cutis – President

JKS Brazil

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SCHEDULE

August 20th – Accreditation, weighing, delivery of t-shirts, financial arrangements, technical classification for para-athletes etc. Branch Leaders' welcome dinner.

August 21st – 09:00am to 11:00am international seminar.
11:30am to 12:30pm Dan and a Qualification test.
01:00pm to 02:30pm referee seminar
02:45pm to 04:00pm Judge qualification test
04:00pm to 05:00pm referee and coach meetings
06:00pm to 07:30pm opening ceremony.

August 22nd – 09:00am to 08:00pm competitions

August 23rd – 09:00am to 06:00pm competitions and close ceremony
08:00pm to 11:00pm dinner and sayonara party

If necessary, the schedule may be changed without prior notice.

The awards and medal ceremony will take place immediately after each final.

All participants in this event (officials, referees, coaches, and competitors) must have a valid 2026 JKS membership.

We will consider the participant's age as of **August 21st**, not by the birth year. For example, a 7-year-old athlete who will turn 8 by August 21st will compete in the 8-year-old category. Categories with fewer than 5 athletes will be reassigned to the immediately higher or lower category.

Individual Events: There is no limit on the number of participants per country, but Brazil's representatives must be those who participated in the 2025 national championship.

Team Events: Two teams per country in each category.

One Head Coach and two Coaches (4 Coaches for teams with 40 participants and up).

All competitors and countries are responsible for their own insurance coverage. JKS Brazil will provide medical care to athletes only during competitions and assumes no responsibility after the event.

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Registration must be completed through the link provided until may 10th, and the registration deadline is July 10, 2026, Brazil time.

Participation Fee:

Seminar fee €30 per person

Individual events: €40 Euro per person per event.

Team events: **€60,00** per team per event

Spectator admission fee: €5 per person

Official T- Shirt: €15,00 orders accepted until July 10th

Payment for the participation fee will be made via bank transfer. Members from countries who have difficulty making bank payments should contact Sensei Michel Cutis, president of JKS Brazil, to arrange an alternative payment method.

On the day and at the time of the seminar, spectators will not be allowed to enter, except for participants.

Teams in Kata and Kumite will receive 1 trophy per team and medals for each member, including the substitute.

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KATA

Important: In the preliminaries, **the Kata will be chosen by the competitor, not the referee.**

The competitor may perform the same Kata selected during the preliminaries. In categories with more than 16 athletes, the first round will always be repeated; in categories with fewer than 16 athletes, the lowest round will always be considered.

Individual Kata Events

Category under 17 years old (men and women separately)

	Preliminaries (flag) kata chosen by competitor		Finals by point (tensu) last 4
	Until 16 competitors	last 8	
under 7 years	Heian 2 a Tekki 1	Junro 1	Free kata (Tokui)*1
8-9 years	Heian 2 to Tekki 1	Junro 1	Free kata (Tokui)*1
10-11 years	Heian 2 to Tekki 1	Junro 1 to Junro 2	Free kata (Tokui)*1
12-13 years	Heian 2 to Tekki 1	Junro 1 to Junro 3	Free kata (Tokui)*1
14-15 years	Heian 2 to Tekki 1	Junro 1 to Junro 4	Free kata (Tokui)*1
16-17 years	Heian 2 to Tekki 1	Junro 1 to Junro 5	Free kata (Tokui)*1

*1) free kata list: Bassai-dai, Kanku-dai, Enpi, Jion, Tekki-nidan, Tekki-sandan, Bassai-sho, Kanku-sho, Jiin, Chinte, Unsu, Meikyo, Wankan, Jitte, Gankaku, Hangetsu, Souchin, Nijyushiho, Gojyushiho-dai, Gojyushiho-sho.

Category of 18 to 39 years old (men and women separately)

	Preliminaries (flag) kata chosen by competitor			Finals by points (tensu) last 4
	Until 32 competitors	last 16	last 8	
18-20 years	Heian 2 to Tekki 1	Junro 1 to 5	Bassai-dai, Kanku-dai, Enpi, Jion	Free kata (Tokui)*2
21-39 years	Heian 2 to Tekki 1	Junro 1 to 5	Bassai-dai, Kanku-dai, Enpi, Jion	Free kata (Tokui)*2

*2) free kata list: Tekki-nidan, Tekki-sandan, Bassai-sho, Kanku-sho, Jiin, Chinte, Unsu, Meikyo, Wankan, Jitte, Gankaku, Hangetsu, Souchin, Nijyushiho, Gojyushiho-dai, Gojyushiho-sho.

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Category of 40 years and older (men and women separately)

	Preliminaries (flag) kata chosen by competitor	Finals by points (tensu) - last 4
40-44 years	Heian 2 to Tekki 1 and Junro 1 to 5	Free Kata (Tokui)*3
45-49 years	Heian 2 to Tekki 1 and Junro 1 to 5	Free Kata (Tokui)*3
50-54 years	Heian 2 to Tekki 1 and e Junro 1 to 5	Free Kata (Tokui)*3
55-59 years	Heian 2 to Tekki 1 and Junro 1 to 5	Free Kata (Tokui)*3
60-64 years	Heian 2 to Tekki 1 and Junro 1 to 5	Free Kata (Tokui)*3
65-69 years	Heian 2 to Tekki 1 and Junro 1 to 5	Free Kata (Tokui)*3
70 years +	Heian 2 to Tekki 1 and Junro 1 to 5	Free Kata (Tokui)*3

*3) free kata list: Bassai-dai, Kanku-dai, Enpi, Jion, Tekki-nidan, Tekki-sandan, Bassai-sho, Kanku-sho, Jiin, Chinte, Unsu, Meikyo, Wankan, Jitte, Gankaku, Hangetsu, Souchin, Nijyushiho, Gojyushiho-dai, Gojyushiho-sho.

Koten Kata men and women separately

	Preliminaries (flag) kata chosen by competitor	Finals by points - last 4
8-12 years	Kakuyoku-shodan, Kakuyoku-nidan, Kakuyoku-sandan	Free Kata (Tokui)*4
13-17 years	Kakuyoku-shodan, Kakuyoku-nidan, Kakuyoku-sandan	Free Kata (Tokui)*4
18-49 years	Kakuyoku-shodan, Kakuyoku-nidan, Kakuyoku-sandan	Free Kata (Tokui)*4
50-59 years	Kakuyoku-shodan, Kakuyoku-nidan, Kakuyoku-sandan	Free Kata (Tokui)*4
60 years +	Kakuyoku-shodan, Kakuyoku-nidan, Kakuyoku-sandan	Free Kata (Tokui)*4

*4) free kata list: Suishu, Kashu, Roushu, Jukou-issei, Jukou-nisei, Jukou-sansei, Jukou-yonsei, Jukou-gosei, Kyakusen, Rantai, Hachimon, Sensho, Kibaken, Meikyo-nidan.

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Team kata (men and women separately, except family kata)

	Preliminaries (flag)	Finals by points (tensu) - last 4
8-10 years	Free Kata *4	Free Kata *5
11-13 years	Free Kata *4	Free Kata *5
14-16 years	Free Kata *4	Free Kata *5
17-19 years	Free Kata *4	Free Kata *5
20 years +	Free Kata *4	Free Kata *5
Family (mixed)	Free Kata *4	Free Kata *5

*5) free kata list: Heian-shodan, Heian-nidan, Heian-sandan, Heian-yondan, Heian-godan, Tekki-shodan, Tekki-nidan, Tekki-sandan, Bassai-dai, Bassai-sho, Kanku-dai, Kanku-sho, Enpi, Jion, Jiin, Chinte, Unsu, Meikyo, Wankan, Jitte, Gankaku, Hangetsu, Souchin, Nijyushiho, Gojyushiho-dai, Gojyushiho-sho.

Team Kata Rules:

- 2 Teams per country.
- 3 people per team.
- Preliminaries and Final rounds will be judged by Points.
- The Kata performed in the preliminary rounds cannot be repeated in the finals. However, the Kata performed during a tie-break in the preliminary rounds can be repeated in the finals.
- Bunkai is not required in any rounds.
- Male & Female separate except Family Kata.
- Family team (3 direct family members from 2 generations per team).

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KUMITE

Kumite Competitor's Protective Gear

- The protective gear is compulsory, and the responsibility for the gear is on the competitor. All protective equipment is to be WKF style (Red & Blue).
 - Aka should wear red hand pads, red shin & foot guards, and a red belt.
 - Ao should wear blue hand pads, blue shin & footguards, and a blue belt.
- Mouthpieces are necessary, no restriction on color.
- Body protectors for all age categories, male & female competitors. Approved by WKF or by each national federation.
- Groin Protector for male competitors.

In the weight categories (senior), there is a 1kg tolerance, either more or less.

Individual Kumite events

Categories under 20 years old (men and women separately)

	Preliminaries up to semifinals	Finals
under 7 years old	1 min 30 s. Nihon Shobu	2 min. Nihon Shobu
8-9 years	1 min 30 s. Nihon Shobu	2 min. Nihon Shobu
10-11 years	1 min 30 s. Nihon Shobu	2 min. Nihon Shobu
12-13 years	1 min 30 s. Nihon Shobu	2 min. Nihon Shobu
14-15 years	1 min 30 s. Nihon Shobu	2 min. Nihon Shobu
16-17 years	1 min 30 s. Nihon Shobu	2 min. Nihon Shobu
18-20 years	1 min 30 s. Nihon Shobu	2 min. Nihon Shobu

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Senior Categories (men and women separately)

	Preliminaries up to semifinals	Finals
21-39 years female -55kg	2 min. Nihon Shobu	3 min. Nihon Shobu
21-39 years female -61kg	2 min. Nihon Shobu	3 min. Nihon Shobu
21-39 years female +61kg	2 min. Nihon Shobu	3 min. Nihon Shobu
21-39 years male -67kg	2 min. Nihon Shobu	3 min. Nihon Shobu
21-39 years male -75kg	2 min. Nihon Shobu	3 min. Nihon Shobu
21-39 years male +75kg	2 min. Nihon Shobu	3 min. Nihon Shobu

40+ age categories (men and women separately)

	All rounds (preliminaries – Finals)
40-44 years	2min. Ippon Shobu
45-49 years	2min. Ippon Shobu
50-54 years	2min. Ippon Shobu
55-59 years	2min. Ippon Shobu
60-64 years	2min. Ippon Shobu
65-69 years	2min. Ippon Shobu
70 years +	2min. Ippon Shobu

Kumite team (men and women separately) 3 people per team and 1 substitute.

	All rounds (preliminaries – Finals)
8-10 years	1 min 30 s. Nihon Shobu
11-13 years	1 min 30 s. Nihon Shobu
14-16 years	1 min 30 s. Nihon Shobu
17-19 years	2min. Nihon Shobu
20 years +	2min. Nihon Shobu

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The 7th JKS Karate-do International Para Cup 2026

1 Individual Wheelchair KATA

- Available to disabled individuals only.
- All-age participants, male and female, participate together. male and female athletes will be separated if there are four or more participants.
- Judgement by Points will be used in the first and second rounds.
- The total score would be combined. Shorin or Nirin must be performed in the first round. In the second round, the Kata is to be chosen from the following: Shorin, Nirin, Sanrin, Yonrin, Gorin, Shorin-dai, Nirin-dai, any Shotokan Kata.

2 Individual KATA

- Available to Down syndrome, autism, and/or other physical disabilities
- All-age participants, male and female, participate together.
If four or more participants register, competitors will be separated to impairment divisions.
- Judgement by Points will be used in the preliminaries and final rounds.
- The Kata is to be chosen from the Shotokan kata list.

3 Individual Wheelchair KUMITE

- Available to lower limbs disabled individuals only. Male and female participants are separate.
- 1 minute 30 seconds – Nihon Shobu
- Available wheelchair type is self-propelled. An electric-powered (motor-driven) wheelchair is not allowed.
- Aka should wear red hand pads; Ao should wear blue hand pads.
- Mouthpieces are necessary, no restriction on color.
- Shoes are necessary as safeguards.

Yours sincerely,

Michel Cutis da Silva – President

Confederação Brasileira de Karate Shotokan – CBKS

Japan Karate Shotofederation Brasil – JKS Brasil

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TOURISM PLACES

Catedral Metropolitana de Vitória



Parque Pedra da Cebola



Praça dos Namorados



Convento da Penha



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Parque da Fonte Grande



Terceira Ponte



Parque Moscoso



Sambão do Povo



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Praça do Papa



Praia de Camburi (beach / the Hoteis)



Praia Curva da Jurema



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Praia da Costa



All the tourist attractions can be visited by bus, taxi, or Uber, about 5 to 20 minutes from the hotels.

USEFUL LINKS

Visit Vitória

<https://www.youtube.com/watch?v=5CDpEKvcdhU>

<https://www.youtube.com/watch?v=hLrNckEmcAc>

Visit Espírito Santo

<https://www.youtube.com/watch?v=hXU9bxeosfU>

Travel using Taxi, Uber, and easily accessible public transportation. With just one bus, you can get from the airport to the hotel and from the hotel to the gym. If your team needs a van or bus to take them from the airport to the hotel, I can tell you who provides this service and the total cost.