HEALTH FIRST NETWORK

2026 Conference & Annual General Meeting

Whistler, British Columbia
May 28 – May 30, 2026

ATTENDEES BY CATEGORY

MEMBERS: ***(alphabetical by store name)***

Member Store	Name	Title	Prov.
A Fleur de Vie	Emilie Belleville	Co-Owner	QC
A Fleur de Vie	Elizabeth Bissonnette	Sales Associate	QC
Amaranth Whole Foods Market	Brendan Klatt	Owner & General Manager	AB
Amaranth Whole Foods Market	Kyra Schlotter	Supplements Pricing Manager	AB
Amaranth Whole Foods Market	Tami Thomas	Operations Manager	AB
Ave Maria Health	Chris Matte	Manager	BC
Ave Maria Health	Dawn Matte	General Manager	BC
Ave Maria Health	Marie O'Callaghan	Supplement Manager	BC
Ave Maria Health	Emy Pinera	Team Manager	BC
Bio Terre	Anika Daigneault	Owner	QC
Bio Terre	Isabelle Larabée	Owner	QC
Body Fuel Organics	Lana Van Dijk	Managing Partner	SK
Body Fuel Organics	Ryan Van Dijk	Partner	SK
Causeway Natural Health	Cathy McAnally	Owner	SK
Causeway Natural Health	Julie Yungmann	Merchandiser	SK
Charlene's Nutrition Centre	Charlene Anderson	Owner	NS
Charlene's Nutrition Centre	Robert Anderson	Manager	NS
Dandelion Foods	Meghan Pettipas	Owner	ON
Dandelion Foods	Farhat Sultana	Owner	ON
Dawson Creek Health Food Centre	Devyn Griffith	Owner	BC
Dawson Creek Health Food Centre	Steph Royer	Owner	BC
Fiddleheads Health & Nutrition	Kimberly Boril	President	ON
Fiddleheads Health & Nutrition	Otto Boril	General Manager	ON
Foodsmiths	Bill Watts	Co-Owner	ON
Foodsmiths	Tammy Watts	Co-Owner	ON
Gaïa épicerie Santé	Judith Cloutier	Owner	QC
Gaïa épicerie Santé	Leevan Tremblay	Project Manager	QC
Good Earths Shop	Chris Kachur	Co-Owner	SK
Good Earths Shop	Jayden Kachur	Employee	SK
Good Earths Shop	Laura Kachur	Owner	SK
Good Health Mart - Hamilton	Nicole Hachey	Sales Associate	ON
Good Health Mart - Hamilton	Vicky Hachey	Owner	ON
Good Health Mart – Corporate	Andy Goodman	VP, Development	ON
Good Health Mart – Corporate	Debbie Goodman	Partner	ON
Good Health Mart – Corporate	Eunice McMahon	CEO	ON
Good Health Mart - Corporate	Murray McMahon	CEO	ON
Grand'Mère Nature	Stéphane Duchesneau	Co-Owner	QC

Member Store	Name	Title	Prov.
Grand'Mère Nature	Susy Gervais	Co-Owner	QC
Greentree Wellness	Avery Waller	Customer Sales	AB
Greentree Wellness	Britney Waller	Customer Sales	AB
Happy House Healing Roots Ltd.	Larissa Rivard	Owner	AB
Happy House Healing Roots Ltd.	Natalie Ezio	Associate	AB
Harmony Whole Foods Market	David Bernhardt	Grocery Manager	ON
Harmony Whole Foods Market	Julia Bernhardt	Spouse	ON
Harmony Whole Foods Market	Rowan Lalonde	Owner	ON
Health Matters Store	Lisa Goerz	Inventory Manager	AB
Health Matters Store	Paul Moffat	Coordinator	AB
Health Service Centre	Norman Buss	Owner	ON
Heartland Foods & Wellness	Cassandra Morrish	Owner/Manager	AB
Heartland Foods & Wellness	Carmel Squires	Vitamin Manager	AB
Hedley's Health Hut	Kristina Janzen	Store Manager	MB
Hedley's Health Hut	Michelle Kuz	Owner	MB
Hedley's Health Hut	Randy Kuz	Partner	MB
Heritage Food & Health Group Inc.	Sherraine Crapo	Owner	AB
Heritage Food & Health Group Inc.	Liz Kerner	Manager	AB
Homegrown Foods Ltd.	Corrie Coombs	Store Manager	AB
Homegrown Foods Ltd.	Donna Outtrim	Social Media Coordinator	AB
Honey & Ginger	Barb Brennan	Owner	NS
Honey & Ginger	Aimee Brown	Purchasing Manager	NS
House of Nutrition	Ian Rich	Partner	BC
House of Nutrition	Pamela Rich	General Manager	BC
Inside U	Erin Bott	Operations, Marketing, Orders	ON
Inside U	Dave Nelson	Industry Consultant	ON
Inside U	Cindy Velthove	Owner	ON
Inside U	Steve Velthove	Owner	ON
Kelly’s Health Shop	Dan Forrest	Spouse	BC
Kelly's Health Shop	Nicole Rumley	Owner	BC
Ki Nature et Santé	Paola Wong	Owner	QC
Ki Nature et Santé	Sebastian Wong	Owner	QC
La Boite à Grains	Alexandre Savard	President	QC
L'Amie de la Santé	Joel-Jean Beauchemin	Consultant	ON
L'Amie de la Santé	Steven Golden	Owner	ON
Lawson's Health Foods	Julia MacDonald	Owner	ON
Lawson's Health Foods	Paul MacDonald	Owner	ON
Le Capucin	Denise Leblanc	Sales Development	QC
Le Capucin	Marilène Perreault	Owner	QC
Le Chrysanthème	Rémi Bissonnette	Sales Associate	QC
Le Chrysanthème	Rosalie Crevier	Advisor	QC
Le Chrysanthème	Roxanne Cyr	Partner	QC
Le Chrysanthème	Victor-Alexandre Laprade	Entrepreneur	QC
Le Jardin des Sages	René Bilodeau	Advisor	QC
Le Jardin des Sages	Alice Maheux	Owner / Naturopath	QC
Lifeplus Natural Health	Weiyan Dong	Office Manager	BC

Member Store	Name	Title	Prov.
Lifeplus Natural Health	Tim Zhand	Owner	BC
Lifestyle Naturals	Karin Lowen	Manager	BC
Muskoka Natural Food Market	Jeff Leslie	FOH & Retail Manager	ON
Naterro	Yvan Bourgault	Co-Owner	QC
Naterro	Miryam Gharbi	Buyer	QC
Naterro	Josée Moisan	Co-Owner	QC
Natural Focus - Health Food & Wellness	Alex Ovies	Owner	BC
Natural Focus - Health Food & Wellness	Carolyn Ovies	Owner	BC
Natural Life Health Market	Kyla Bell	Buyer	ON
Natural Life Health Market	Murray Bell	Buyer	ON
Natures Way Select Food Inc.	Haresh Sabnani	Owner	ON
Natures Way Select Food Inc.	Priyanka Sabnani	Owner	ON
New Beginnings Apothecary	Christina Boschmann	Owner	BC
New Beginnings Apothecary	Jim Boschmann	Owner	BC
New Outlook Health Centre	Rheanne Haines	Owner	SK
Okotoks Natural Foods	Brenda Shaw	Owner	AB
Okotoks Natural Foods	James Shaw	Owner	AB
Oliver Health Foods	Ryan Oliver	Co-Owner	AB
Ottawa Valley Supplements	Kate Page	Owner	ON
Panier Santé Drummondville	Béatrice Bossé	Co-Owner	QC
Panier Santé Drummondville	Jade Lamarche	Co-Owner	QC
Pantry Plus Health Foods	Eric Beauchamp	Consultant	ON
Pantry Plus Health Foods	Natalie Chenier	Owner	ON
Pura Vida Nutrition Store	Joe Fontes	Owner	ON
Pura Vida Nutrition Store	Kathleen Lofthouse	Owner	ON
Quarter Master Natural Foods	Jessy Deroneth	Supplement Manager	ON
Quarter Master Natural Foods	Tim MacMillan	President	ON
Sardis Health Foods	Boyd Yamamoto	Owner	BC
Sardis Health Foods	Emily Yamamoto	Sales Associate	BC
Saskatoon Herbs 'n Health	Robyn Thurlow	Owner	SK
Saskatoon Herbs 'n Health	Val (Chic) Thurlow	Manager	SK
Seaweeds Health Food Store	Deborah Geoffrion	Owner	BC
Seaweeds Health Food Store	John Geoffrion	Owner	BC
Surrey Natural Foods	Daniel Camfferman	Manager	BC
Surrey Natural Foods	Dean Camfferman	Owner	BC
Tara Natural Foods	Rudi Mogl	Vice President	ON
Tara Natural Foods	Anna Schlor-MacLean	Owner	ON
The Healthy Bug Health Food Store Ltd.	Jeff Wiest	Owner	NS
The Healthy Bug Health Food Store Ltd.	Sandra Wiest	Owner	NS
The Peanut Mill Natural Foods Market	Zinnia Crawford	Store Manager	ON
The Peanut Mill Natural Foods Market	Tatjana Djorkovic	Wellness Advisor	ON
The Peanut Mill Natural Foods Market	Marion Griese	Co-Owner	ON
The Peanut Mill Natural Foods Market	Jason Sebeslav	Owner	ON
The Stone Store Natural Foods	Erin Copeland	Owner	ON
The Stone Store Natural Foods	Tessa Davidson	Manager	ON
Vita Health Fresh Market	David Forde	Director of Finance & Technology	MB

Member Store	Name	Title	Prov.
Vita Health Fresh Market	Mathew Holtmann	President	MB
Vitamin House	Derrick Yamanaka	Owner	BC
Vitamin King	Sirena Bird	Owner	BC
Vitamin King	Vanessa Bird	Owner	BC
Vitamins First	Audra Savage	Owner	AB
Vitamins First	Andrew Savage	Owner	AB
Wellness Market	Brittney Durham	Manager	ON
Wellness Market	Kaila Seguin	Owner	ON
Whistler Quantum Health	Bob Currie	Owner	BC
Whistler Quantum Health	Anna Grier	Nutritionist/ Sales Associate	BC
Whistler Quantum Health	Michelle Pascal	Owner/ Operator	BC
WillowGrove Pharmacy	Danita Olafson	Owner	SK
WillowGrove Pharmacy	Darren Olafson	Owner	SK

VENDORS: *(alphabetical by company name)*

Company	Name	Title
A.Vogel/Bioforce Canada	Tracy Creighton	National Sales Director
A.Vogel/Bioforce Canada	Mélanie Vacquier	Key Account Manager
Alive Publishing Group	Jane Griffiths	VP of Education & Administration
Alive Publishing Group	Ellen Wheeler	VP Partnerships & Associate CNHR Publisher
AquaOmega	Cameron Cogswell	Key Account Manager
AquaOmega	Max Marion	President
Assured Natural Distribution	Jennifer Brix	Naturopathic Physician
Assured Natural Distribution	Deb Larocque	National Sales Manager
Assured Natural Distribution	Joanne McDonald	Key Account Manager
Assured Natural Distribution	Nikki Moir	Sales Representative
Assured Natural Distribution	Ariella Turner	Account Manager
Boiron Laboratories	Krista Andrews	Regional Account Manager
Boiron Laboratories	Tanya Winchester	Director of Sales
CanPrev	Cristina Guglielmi	National Sales Director
CanPrev	Frank Silva	Medical Director
CHFA	Aaron Skelton	President & CEO
CNHR Magazine	Bruce Cole	Editor
Ecotrend Ecologics (DoMatcha)	Cory Forrest	Director of Business Development Retail
Ecotrend Ecologics (SierraSil)	Nicholas McMonagle	Senior Manager Business Development
Flora Manufacturing & Distributing Ltd	Leanne Bryden	Senior VP, Sales
Genuine Health	Nathalie Lefebvre	Sales Director
Genuine Health	Jasmin Rautert	Head of Sales
Harmonic Arts	Miranda Harvey	Inside Sales Representative
Harmonic Arts	Amanda Pickett	Inside Sales & Customer Service Mgr.
Harmonic Arts	Bree Procter	Marketing Manager
Harmonic Arts	Angela Willard	Co-Founder
Harmonic Arts	Yarrow Willard	Co-Founder
ITL Health	Jordan Cabral	Ontario Sales Manager

Company	Name	Title
ITL Health	Leanne Wright	National Sales Manager
Jamieson Wellness	Omar Jundi	Account Manager
Jamieson Wellness	Arnie Licas	Territory Manager
LeafSource	Elise de Villiers	Sales & Growth Lead
LeafSource	Brad King	President
LeBeau Excel	Natasha Fahel	Key Account Manager
LeBeau Excel	Matt LeBeau	President
LeBeau Excel	Jennifer Walker	Vice President of Marketing
LeBeau Excel (Good Protein)	Frédéric Lefebvre	Retail Sales Manager
LeBeau Excel (joni)	Krista Iris	Retail Sales Manager
LeBeau Excel (Ohydration)	Joanie Bergeron	Customer Experience
LeBeau Excel (Ohydration)	Cassandra Pichette	Founder & CEO
LeBeau Excel (Stash Tea)	Akiko Yarita	Sr. Customer Development Manager
LeBeau Excel (SUKU Vitamins)	Alexandra Azouri	Vice President
LeBeau Excel (SUKU Vitamins)	Marlee Guy	Naturopathic Doctor
LeBeau Excel (SUKU Vitamins)	Ju Young Yoo	CEO
Martin & Pleasance North America	Tanya Marchetto	Sales Representative
Martin & Pleasance North America	Dave Young	Canadian Sales Manager
Natra	Peter Muller	Director of Business Development
Natra	Robert Pierce	Owner
Natural Factors Nutritional Products	Joanne Aldridge	National Key Account Manager
Natural Factors Nutritional Products	Ryan Brandt	Regional Sales Manager
Natural Factors Nutritional Products	Harmony Farina	Account Manager
Natural Factors Nutritional Products	Heather Johnston	Client Relations
Natural Factors Nutritional Products	Kate Rhéaume	Naturopathic Doctor
Natural Factors Nutritional Products	Rod Sidoroff	Senior Director
Nature's Way Canada	Cheryl Pretty-Gaspar	Regional Sales Manager
Nestle Health Science	Shannon Dinner	Key Account Sales Assistant
Nestle Health Science	Tony Morrone	Director of Sales, SVMHS
Nestle Health Science	William Roberts	Key Account Manager – FDM
New Chapter	Sara Boisclair	Account Executive
New Chapter	Jana McLean	National Sales & Key Account Manager
New Roots Herbal	Rob Boddez	Sales Representative
New Roots Herbal	Alain Charbonneau	National Sales Director
NOW / Puresource Natural Products	Andrea Benson	President/Country Leader
NOW / Puresource Natural Products	Richard Drydak	National Key Account Manager
NOW / Puresource Natural Products	Jenn Slattery	National Sales Manager
NOW / Puresource Natural Products (Sipology)	Tonia Jahshan	Founder / President
Omega Alpha	Rubbi Matharu	Account Manager
Omega Alpha	Trina Morwood	Key Account Manager
Optimize Brands	Jessica Cosby	Account Manager
Optimize Brands	Chantel Delaney	National Sales Manager
Optimize Brands	Michel Montreuil	President
Peak Performance Products	Jason Spring	Account Manager, BC & Lower Mainland
Peak Performance Products	John Stoikos	President

Company	Name	Title
Prairie Naturals Health Products Inc.	Kathleen Bird-Ekman	Director of Sales
Prairie Naturals Health Products Inc.	Gina Choi	Project Manager
Prairie Naturals Health Products Inc.	Nermine Fekry	Account Manager
Prairie Naturals Health Products Inc.	Dennis Fong	President & CFO
Prairie Naturals Health Products Inc.	Richard Jang	Operations
Prairie Naturals Health Products Inc.	Trevor Linden	Prairie Naturals Spokesperson
Prairie Naturals Health Products Inc.	Jewel Tran	Chairman & CEO
Propel Natural Brands	Nicole Gordon	Brand Manager
Propel Natural Brands	Tricia Punchard	Account Manager
Provita Nutrition	Colin Charles	Chief Strategy & Growth Officer
Provita Nutrition	Mark Vasil	VP Product Innovation & Education
Purity Life Health Products	Carly Clews	Regional Sales Manager
Purity Life Health Products	Julie Drapeau	Senior VP of Sales & Marketing
Purity Life Health Products	Matthew James	President & CEO
Purity Life Health Products	Allison Torris	Hybrid & HFN Sales Representative
Purity Life Health Products (Aeryon Wellness)	Aeryon Ashlie	CEO
ReBoot Sales	Jillian Mariani	Founder Niyama Wellness
ReBoot Sales	Renzo Mariani	Founder ReBoot Sales
ReBoot Sales	Gary Masse	National Sales Manager
Sproos	Patricia Grassa	Director of Sales
St Francis Herb Farm	Andrea Baxter	Account Manager - Vancouver Island
St Francis Herb Farm	Alycia Goodwin	National Key Account Manager
St Francis Herb Farm	Johnny Larocque	Director of Sales
St Francis Herb Farm	Pinki Mattu	Account Manager - BC Mainland
SURO	Jacinthe Desmarai	Vice President
SURO	Naomi Kolesnikoff	National Sales Manager
TallGrass Natural Health	Matt Breech	CEO
TallGrass Natural Health	Andrea Hoff	Director of Sales
TallGrass Natural Health	Amanda Lepik	Eastern Regional Sales Manager
Vega	Alana Caldarola	Team Lead Natural Channel
Vega	Chris Harrington	Vice President Sales, Canada/USA
Wedderspoon	Sonja White	Canadian Sales Manager

HFN Team: *(alphabetical by last name)*

Company	Name	Title
Health First Network	Kelly Beech	Associate Manager, Admin & Vendor Relations
Health First Network	Sian Benoit	Brand Lead
Health First Network	Shawn Bond	Business Development Representative
Health First Network	Michelle Burnie	Manager, Marketing Programs
Health First Network	Sofia Constantinou	Director Business & Member Development
Health First Network	Katherine Flores	Business Development Representative
Health First Network	Maher Hanna	Senior Director of Finance
Health First Network	Jason Marsh	Senior Manager, Vendor Partners
Health First Network	Kathy Micallef	Conference Planner
Health First Network	Adam O'Brien	Warehouse Procurement Specialist

Company	Name	Title
Health First Network	Tawnya Ritco	Director of Marketing
Health First Network	Steve Rouse	Warehouse Manager
Health First Network	Chris Schutz	Director of Operations
Health First Network	Davide Viola	President & CEO