

# MEMBER AGENDA



THE SUMMIT  
2026 HEALTH FIRST NETWORK  
CONFERENCE & AGM

## Health First Network

### 2026 Conference & Annual General Meeting

Whistler, British Columbia

#### THURSDAY, MAY 28, 2026

#### LOCATION

9:00 am - 2:00 pm	<b>Optional Excursion – Zipline Eagle Tour &amp; lunch – with AquaOmega</b>	Meet in the Westin Hotel Lobby “pre-registration required”
1:00 pm – 5:00 pm	<b>Registration</b> – pick up your Conference Kit	Hotel Lobby
6:00 pm – 7:00 pm	<b>Mentoring Reception</b> ( <i>mentors &amp; mentees only</i> )	FireRock Lounge – Level 1
7:00 pm – 10:00 pm	<b>Welcome Reception</b> <b>Registration continues</b>	Outdoor Plaza – Level 1

#### FRIDAY, MAY 29, 2026

#### LOCATION

5:45 am – 7:30 am	<b>Optional Excursion - Guided Herb Walk with Harmonic Arts</b>	Meet at the Outdoor Plaza – Level 1 “pre-registration required”
6:30 am – 8:30 am	<i>Member / Vendor Breakfast</i>	Emerald Ballroom C
8:30 am	<b>Members Welcome: Davide &amp; Sofia</b>	Emerald Ballroom A
8:45 am	<b>Vendor Spotlight Series:</b> <ul style="list-style-type: none"><li>• Provita Nutrition</li><li>• CanPrev</li><li>• Prairie Naturals</li></ul>	Emerald Ballroom A
10:15 am	<i>Refreshment Break</i>	Emerald Foyer
10:30 am	<b>Speed Dating Sessions</b>	Emerald Ballroom A, B & C Alpine Rooms A, B & Glacier – Level 2
12:00 pm	<i>Member / Vendor Group Photo</i>	Outdoor Plaza – Level 1
12:15 pm	<i>Member / Vendor Lunch</i>	Emerald Ballroom C
1:00 pm	<b>Vendor Spotlight Series:</b> <ul style="list-style-type: none"><li>• Purity Life Health Products</li><li>• Natural Factors Nutritional Products</li><li>• Assured Natural Distribution</li></ul>	Emerald Ballroom A
2:30 pm	<b>HFN Trade Show</b>	Alpine Rooms – Level 2
5:30 pm	<b>Trade Show ends</b>	
7:00 pm	<b>Reception</b>	Emerald Foyer
7:45 pm	<b>Vendor Award Night Dinner</b>	Emerald Ballroom A
11:30 pm	<b>Evening Concludes</b>	

**SATURDAY, MAY 30, 2026****LOCATION**

6:30 am – 8:30 am	<i>Member Only Breakfast</i>	Emerald Ballroom C
7:00 am – 7:45 am	<b>Yoga Session</b> – with Niyama & Younited Wellness	Outlook Point “pre-registration required”
8:30 am	<b>CEO Welcome &amp; Address – Davide Viola</b>	Emerald Ballroom A
9:45 am	<b>CHFA Update – Aaron Skelton</b>	Emerald Ballroom A
10:15 am	<i>Refreshment Break</i>	Emerald Foyer
10:30 am	<b>Health First Network sessions:</b> <ul style="list-style-type: none"> <li>• <b>Category Update</b> – Jason Marsh</li> <li>• <b>Marketing Update</b> – Tawnya Ritco</li> <li>• <b>Health First Brand Update</b> – Sofia Constantinou</li> </ul>	Emerald Ballroom A
12:00 pm	<i>Member Only Lunch</i>	Emerald Ballroom C
1:00 pm	<b>HFN Round Table Discussions:</b> <ol style="list-style-type: none"> <li>1) Operations – Chris Schutz</li> <li>2) Marketing – Tawnya Ritco</li> <li>3) Health First Brand – Sofia Constantinou</li> </ol>	Emerald Ballroom A
3:00 pm	<i>Refreshment Break &amp; AGM Registration</i>	Emerald Foyer
3:30 pm	<b>HFN Association Inc. Formal Annual General Meeting Presentations, Panel Discussion</b>	Emerald Ballroom A
4:30 pm	<b>Wrap Up &amp; Closing Remarks</b> <ul style="list-style-type: none"> <li>• Davide Viola</li> </ul>	Emerald Ballroom A
4:45 pm	<b>Adjourn</b>	
6:30 pm	<b>Reception</b>	Meet at the Outdoor Plaza - Level 1
7:30 pm	<b>Member Awards Presentation</b>	Garibaldi Lift Company
8:00 pm	<b>“Bohemian, Health Revival” Dinner/Dance -</b> <i>Sponsored by our Platinum Sponsor – Natural Factors</i>	
Midnight	<b>Evening concludes</b>	