



Reset Family Solutions

Online Class List

CLASS NAME	THEORY	HRs	AUDIENCE		
			Youth	Adult	Parent
Co-Parenting (CARE)	FST, CBT, AT, DT	2hr			✓
		4hr			✓
		6hr			✓
		8hr			✓
		10hr			✓
		12hr			✓
		16hr			✓
High-Conflict Co-Parenting (Co-Parenting Without Conflict)	CA, DI, HCP	6hr			✓
		8hr			✓
		12hr			✓
		16hr			✓
New Ways for Families (Parenting Without Conflict)	DBT, CBT	6hr			✓
		8hr			✓
		12hr			✓
		16hr			✓
Fundamental Parenting Skills (FOUNDATIONS) Ages: 0-5, 5-13, 13-18, 0-18	AT, CBT, DT	12hr			✓
		24hr			✓
Parenting Skills for At-Risk Families (THRIVE) Ages: 0-18	FST, CBT, AT, DT	12hr			✓
		52hr			✓
Kinship Care (LINKS)	AT, FST, TIC, GLT	4hr		✓	✓
Anger Management (Behavioral Skills) (*) Weekly Options available.	CBT, MT, SLT	*12hr	✓	✓	✓
		*24hr	✓	✓	✓
Batterers Intervention Program (BIP) Behavioral Skills Plus+ (*) Weekly Options available.	DM, CBT, PT, TIC	*16hr		✓	
		*26hr		✓	
		*32hr		✓	
		36hr		✓	
		*52hr		✓	
				✓	
Victim Impact (HOPE)	CBT, MDT	6hr	✓	✓	
Healthy Families & Relationships (ROOTS)	FST	4hr		✓	✓
Single Parent Empowerment	FST, CBT	6hr			✓
Parent/Child Class	AT, CBT, DT, FST	4hr			✓
Children and Youth (CoD-CoD)	AT, CBT, DT	4hr	✓		
Tribal Resilience (HERITAGE)	ITT, CBT, AT, DT	4hr	✓	✓	✓

ENRICHMENT INTERVENTION MODULES (EIMs)

CLASS NAME (2-5 Hours)	THEORY	AUDIENCE			
		Youth	Adult	Parent	Workforce
Accountability	CBT, BARJ	✓	✓	✓	✓
Addictive Behaviors	DM*, CBT, SLT	✓	✓	✓	
Beyond Abuse and Neglect	AT, PT, TIC	✓		✓	
Building Resilience	PST, PT, TIC	✓	✓	✓	✓
Child Abuse Prevention	AT, CBT			✓	
Children and Transition	AT, DT, SLT			✓	
Child Welfare	FST			✓	
Collaboration	CA, PST				✓
Coping With Disabilities	FST, RT		✓	✓	
Dating Violence Prevention	CBT, SLT	✓			
Dealing With Loss	AT, GL	✓	✓	✓	
Effective Communication	CBT, MI	✓	✓	✓	✓
Emotional Control	CBT, DBT	✓	✓	✓	✓
Flexibility	CBT, RT				✓
Foster Care	AT, FST, TIC			✓	
Gang Violence	CBT, PT, SLT	✓	✓		
Health and Wellness	CBT, DT	✓	✓	✓	
Healthy Boundaries	AT, CBT, FST	✓	✓	✓	✓
Honor and Integrity	MDT, SLT	✓	✓	✓	✓
Impulse Control	CBT	✓	✓	✓	✓
Managing Conflict	CA, CRT	✓	✓	✓	✓
Motivation Mindset	MI, PST	✓	✓		✓
Negative influences	CBT, SLT	✓	✓	✓	
Negotiating Without Escalating	AT, FST	✓	✓	✓	✓
Reunification	AT, FST, TIC	✓		✓	
Safety Concerns	CBT			✓	
Self-Advocacy	RT	✓	✓	✓	✓
Social Media Use & Misuse	CBT	✓	✓	✓	
Teamwork	VST				✓
Theft and Shoplifting	CBT, SLT	✓	✓		
Truancy	CBT, SLT	✓		✓	
Understanding Mental Health	CBT, PT	✓	✓	✓	
Victim Awareness	BARJ, SLT	✓	✓		
Your Digital World	CBT	✓	✓	✓	
Your Resources	RT		✓	✓	
Youth and Sexuality	CBT, DT	✓		✓	
Wise Decision-Making	CBT, MDT	✓	✓	✓	✓
EXCLUSIVE: DUI/DWI (Level 1: 12 Hour)	CBT, DM, SLT		✓		