**Nanoose Bay Pickleball Club** March 16, 2025

**Types of Sessions**

The Club offers the following types of sessions (at various times as per the Club’s schedule):

**Group Play** – these sessions are for play between members of the same assigned Group (of which there are four, namely (in ascending order of skill) Group 1, Group 2, Group 3 and Group 4), typically on a round-robin basis).

**Open Play** **(Paddles Up)** – these sessions are open to players of all levels, and a “paddles up” rotation system is used. Players waiting to play will place their paddles in the “Paddles Up” area, and once a foursome is formed then those players will play on the next available court. Paddles can be placed individually or can be “stacked” (in a set of 2, 3 or 4) so that waiting players can choose to stay together.

**Intermediate** – these sessions are a chance for members who feel they are at an intermediate level (regardless of what Group they are in) to play, typically on a round-robin basis.

**Doubles**– these sessions are open to doubles teams (whether same-sex or mixed) of all levels, and play will typically be on a round-robin basis (sometimes divided into A and B tiers).

**Mixed Doubles**– these sessions are open to mixed-doubles teams of all levels, and play will typically be on a round-robin basis (sometimes divided into A and B tiers).

**Ladies**– these sessions are open to ladies of all levels, and play will be organized on either a round-robin basis or a Paddles-Up basis.

**Reservable**– these sessions are a chance for a member to reserve an entire court for other members that he or she is organizing to play.

**Skills and Drills** – these sessions will be offered when leaders are available, and some sessions may be limited to players in particular assigned Groups. The leader will provide drills to players with opportunities for practice to develop their skills.

Members will receive an email each week setting out the following week’s schedule, and can then use the SignUpGenius app to sign up in advance for available sessions.

Play during Club time is limited to Club Members only, except non-members can play occasionally if they have signed and provided the Club’s Waiver form (which can be found on the Club’s website under “More” -- “F.A.Q.” -- “Policies, Procedures & Forms”).

NBPC’s Groups generally reflect the following skill-levels:   
 - Group 1: new players up to a 3.0 USAPA rating.  
 - Group 2: 3.0 to 3.5 USAPA rating.  
 - Group 3: 3.5 to 4.0 USAPA rating.  
 - Group 4: 4.0 and above USAPA rating.  
Initially, members are assigned to one of these four Groups based on the self-assessment form they completed when registering (so members should take care when completing the self-assessment). Once in a Group, players can try to move to a higher Group by going through a Challenge-Up process.