

Seasonal Dinner Menu

Salads and Sides

- Field green salad with fresh strawberries, toasted pumpkin seeds, shaved radish & poppy seed dressing[DF] [GF] [VEGAN] [VG]
- Moroccan spiced red garnet sweet potato “fries”[DF] [GF] [VEGAN] [VG]
- Simply grilled asparagus with whole grain mustard-tarragon vinaigrette[DF] [GF] [VEGAN] [VG]
- Sautéed sugar snap peas with garlic & grated Parmesan[GF] [VG]
- Roasted Brussels sprouts with aged balsamic glaze & crispy bacon[DF] [GF]
- Vegan roasted Brussels sprouts with aged balsamic glaze[DF] [GF] [VEGAN] [VG]
- French lentil salad with crispy roasted mushrooms, frisee, fingerling potatoes & creamy roasted garlic-chive vinaigrette[VG]
- Field green salad with kohlrabi-radish slaw, fresh grapes, toasted pumpkin seeds & pink peppercorn vinaigrette[DF] [GF] [VEGAN] [VG]
- Sautéed rainbow Swiss chard with dried cranberries & toasted pine nuts[DF] [GF] [VEGAN] [VG]
- Simply grilled asparagus with charred orange[DF] [GF] [VEGAN] [VG]
- Sautéed haricot vert with fried thyme & roasted garlic[DF] [GF] [VEGAN] [VG]
- Grilled zucchini, squash, & red onion with lemon-basil dressing[DF] [GF] [VEGAN] [VG]

-Ras el hanout roasted carrots and bulgar grain salad with roasted spring onions, fresh herbs, black sesame & turmeric-tahini dressing[DF] [VEGAN] [VG]

-Spanish saffron brown rice[DF] [GF] [VEGAN] [VG]

ENTREES

-Poppy crusted salmon with fresh dill[DF] [GF]

-Bowtie pasta salad with grilled artichoke hearts, golden tomatoes, English peas, cucumber & shaved Pecorino[VG]

-Gluten free penne pasta salad with grilled artichoke hearts, golden tomatoes, English peas, cucumber & shaved Pecorino[GF] [VG]

-“Caramel” braised chicken legs with broccoli, ginger, & scallion[DF] [GF]

-Whole grain mustard-roasted garlic crusted pork loin with cider braised cabbage[DF] [GF]

-Pan roasted market fish with marinated olive, shaved fennel, & citrus salad[DF] [GF]

-Breaded sesame chicken cutlets with Sriracha aioli

-Penne pasta with broccoli, fresh English peas, pomodoro primavera sauce & lemon-herb bread crumbs[DF] [VG] [VEGAN]

-Braised beef short ribs with chickpeas, shallots, & apricots[DF] [GF]

-Free Range chicken & roasted root vegetables and Roasted garlic chicken jus]DF] [GF]

- Pan seared lamb chops, roasted root vegetables with Rosemary sauce

[DF] [GF]

- Roasemary crusted Whole Filet Mignon with herb potato's and Red wine

sauce[DF] [GF]