**Suggested Lesson Plan**

**Subject:** English **Topic:** Feelings and Thoughts **Age Group:** Yr1/2

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| **Lesson Objectives:**To be able to identify different feelings To be able to identify feelings of others based on events and descriptions  | **Standards:**1. Making inferences based on what is said and done.2. Drawing inferences about characters thoughts feelings and motives.  |
| **Resources Needed:**Thoughts and Feelings Worksheet and pencils. Feelings and Emotions Identifier.  |
| **Lesson Structure:** Choose a simple story to read to the children – e.g. The Adventures of Penfold and Mossop – The Missing Food.Provide the children with the Feelings and Emotions Identifier. Discuss:* How Vinnie feel’s when his food goes missing
* How the Hedgehogs feel being lost
* How Penfold and Mossop feel when they see the Hedgehogs eating Vinnie’s food
* How the Hedgehogs feel when Vinnie shares his food with them
* How Penfold and Mossop feel when they help the Hedgehogs find their way home.

Complete the Thoughts and Feelings worksheet. N.B. Discussions around thoughts and feelings can lead to conversations that may trigger safeguarding considerations. Review of the school’s safeguarding policy and procedure should be undertaken first.  | **Differentiation:** **Extra Assistance:** Teaching assistant to work with a group to complete worksheet. **Further Development:** Drama exercise - Class to make faces to represent some of the emotions.  |