



Free courses in Finglas and Cabra September 2025

For information on how to register for one of our courses, ask your tutor or any member of staff.

Reading, Writing, Spelling and Maths

- English Language
- Everyday Communication and Digital Skills QQI Level 3
- Spelling (Beginners and Improvers)
- Dyslexia Support
- Supporting a Child with Reading and Writing
- Maths for Beginners
- Everyday Maths QQI Level 4
- Maths for Trades

Life and Leisure and Wellbeing

- Gardening
- Irish (Beginners, Improvers, and Advanced)
- Creative Writing
- Singing for fun
- Photography
- Geography
- Yoga
- Tai Chi
- Mindfulness
- Guitar and Singing
- DIY
- Climate Justice QQI Level 3

Digital Skills

- Using a Smartphone
- Computers for Retired
- Internet Skills QQI Level 2 and Level 3
- Word Processing QQI Level 3, 4, and 5
- Digital Media QQI Level 3
- Excel QQI Level 4

Returning to Education

- Psychology of Human Growth and Development QQI Level 5
- Social Justice QQI Level 5
- Philosophy QQI Level 5
- Special Needs Assisting QQI Level 5
- Healthcare QQI Level 5
- Environmental Studies QQI Level 4
- Animal Welfare QQI Level 4
- Animal Behaviour QQI Level 5
- Social Studies QQI Level 5

Creativity and the Art

- Hobby Painting
- Painting QQI Level 4
- Drawing QQI Level 3
- Mosaics
- Ceramics QQI Level 3
- Sewing QQI Level 3

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