

"Holding It All Together"

Introduction

- Show the group a button.
 - Ask: “*What’s the purpose of a button?*”
 - To hold things together.
 - To keep clothes from falling apart.
 - Point: Just like buttons hold fabric together, God holds our lives together when we trust Him.
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Scripture & Teaching

1. God Holds Us Together

- *Colossians 1:17* — “He is before all things, and in him all things hold together.”
- Just as buttons keep clothes from coming apart, Jesus holds our lives, families, and world together.

2. Buttons Come in Different Shapes & Sizes

- *1 Corinthians 12:4-6* — “There are different kinds of gifts, but the same Spirit distributes them.”
- Buttons may look different—big, small, colorful—but each has a purpose.
- Likewise, every believer is important in the body of Christ.

3. A Missing Button Leaves a Gap

- *Ecclesiastes 4:9-10* — “Two are better than one... If either of them falls down, one can help the other up.”
- When a button falls off, it leaves a gap. In the same way, when someone drifts from the body of Christ, their absence is felt. We need each other.

4. Securely Fastened in Christ

- *John 15:5* — “I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit.”
 - A button isn’t useful unless it’s fastened. We must “fasten” ourselves to Jesus through prayer, His Word, and obedience.
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Activity

- Pass out buttons to each person.
 - Ask: *“What kind of button do you have? Big, small, plain, colorful?”*
 - Challenge: *Think about how your ‘button’ represents you in God’s kingdom.*
 - Maybe you feel small—yet you still serve an important role.
 - Maybe you stand out—God can use your uniqueness.
 - Invite each person to share one thought briefly.
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Reflection & Closing Prayer

- Reflection Questions:
 1. Who or what is God holding together in my life right now?
 2. Am I securely fastened to Christ, or am I drifting?
 3. How can I help “hold together” others in my church or family?
- Closing Prayer:

“Lord, thank You for being the One who holds all things together. Help us to stay connected to You and to each other, so that we may be strong in faith and in love. Use each of us, in our uniqueness, to build Your kingdom. In Jesus’ name, Amen.”