

HOW CAN I BE INVOLVED?

There are many opportunities for you to be involved in Hands and Feet.

- ❖ Volunteers are welcome from any of the local churches, as well as individuals who aren't currently affiliated with any specific church or denomination.
- ❖ Community groups and businesses can make monetary donations or supply building materials. Meal supplies and small gift certificates for treats such as ice cream and cold beverages are also very useful.
- ❖ Social Service Agencies and churches can make referrals of potential clients and promote community awareness for the Hands and Feet Ministry program. We might not be able to help everyone who has a need; however, we will certainly help as many people as we can!



The work of HANDS and FEET provides an opportunity to practice Christian faith and love through action.

TYPE OF WORK WE DO NOT DO

- Electrical wiring
- Plumbing
- Major roofing repairs
- New home construction
- Third story painting
- Appliance repair
- Rental property repairs



HANDS and FEET

Hands and Feet
Shiremanstown United Methodist Church
125 E. Main St.
Shiremanstown, PA 10711
(717) 737-6621
www.sumc.info/hands&feet



OUR MISSION

We will humbly serve others as the Hands & Feet of Jesus

WHAT IS HANDS AND FEET?

Hands and Feet is an opportunity for people of all ages to experience Christian growth through service to others. Participants combine their talents to meet the needs of individuals in the community.

Guiding Scripture

Matthew 25:35-40

For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in, I needed clothes and you clothed me, I was sick and you looked after me, I was in prison and you came to visit me.' ... 'I tell you the truth, whatever you did for one of the least of these brothers of mine, you did for me.' NIV

GOAL

The work of HANDS and FEET provides an opportunity to practice Christian faith and love through action. Through helping others, we also grow in our walk with the Lord.

Participants witness their faith and obedience when they reach out to those in need through home repair. This loving action touches some clients deeply. Participants are encouraged to make a personal connection with the clients. This personal connection will be remembered long after the paint begins to fade and the grass grows back.

Participants are divided into work teams. Work Teams will be grouped together by area of specialty (i.e. construction, painting, light work, clean up, etc.). Each day will start out with a worship service and light breakfast. Each team will pack a lunch for themselves and their clients before heading out to the work site. The day will end when each team is done with their assigned work, clean up is completed and checkout with the Director is completed.

TYPE OF WORK WE DO

Small (one day) construction projects
Yard work
Painting

Housecleaning

General "handyman" type jobs
Visitation and meals
Running errands



FUNDING

Hands and Feet is a community outreach program initiated by Shiremanstown United Methodist Church. All participants are volunteers. Donations for materials come from the church and various community groups. Hands and Feet will supply all materials needed; however, clients may provide any materials they wish so they feel a part of the work being done.



By serving others, HANDS and FEET volunteers demonstrate an unspoken gospel that is stronger than words.