

# COMMISSION FOR THE DEAF AND THE HARD OF HEARING



Christy Abrams  
Hard of Hearing Specialist  
[c.abrams@acdhh.az.gov](mailto:c.abrams@acdhh.az.gov)

When we are hard of hearing we often isolate ourselves. It's beneficial to connect with other hard of hearing people through support groups either in-person or online. Learning as much as possible through books, blogs, TedTalks and documentaries is empowering.

[Hard of Hearing Resources | ACDHH](#)

[AzTEDP | ACDHH](#)

- ACDHH's Arizona Telecommunications Equipment Distribution Program (AzTEDP) provides FREE telecommunications equipment such as amplified phones, Bluetooth options, TTYs, speech devices, and signaling/flashing/vibrating alerting devices. This equipment is provided at no cost to U.S. citizens who reside in the state of Arizona and are Deaf, Hard of Hearing, DeafBlind/CVHL, or Speech-Impaired, regardless of income.

[Hearing Loss Association of America](#) and <https://www.hearingloss.org/find-help/>

[Communication Access Realtime Translation \(CART\) "Captions"](#)

[Best Practices and Guidelines for Ensuring Accessible Telehealth for the Deaf and the Hard of Hearing](#)

[Center for Hearing Access](#)

Apps for Smartphones (some apps are available only to persons who are hard of hearing or Deaf, per the FCC, others are available to anyone regardless of hearing status):

- [InnoCaption](#)
- [Nagish](#)
- [Speech-to-text apps for iOS and Android](#)

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- [Caption Phone Services | Hard-of-Hearing Captioning Assistance](#)

## Hearing Assistive Technology (HAT)

- [Hearing Assistive Technology - Hearing Loss Association of America](#)
- [Pocketalker Personal Amplifiers - Williams AV](#)

## Books, Blogs, and Videos for living well with Hearing Loss:

- [Hear & Beyond: Live Skillfully with Hearing Loss](#)
- [Shouting Won't Help: Bouton, Katherine: 9781250043566: Amazon.com: Books](#)
- [A Quiet World: Living with Hearing Loss - Books](#)
- [The Way I Hear It: A Life with Hearing Loss: Hannan, Gael: 9781460263648](#)
- [Living With Hearing Loss: Subscribe to Blog](#)
- [Hearing Loss LIVE! \(Podcasts / Online Talks / Classes / Newsletter](#)
- [We Hear You](#) Watch the documentary about hearing loss
- [What you don't know about hearing aids | Juliëtte Sterkens | TEDxOshkosh](#)

## Emotional Impact:

- [The link between depression and untreated hearing loss](#)
- [Hearing Loss Creates a Complicated Relationship With Sound | Psychology Today](#)

## Navigating Life with Hearing Loss (Tools):

- [Blogs — Healthcare with Hearing Loss](#)
- [Health Care Communication Access Plan - Hearing Loss Association of America](#)
- [Purchasing a Hearing Aid Consumer Checklist](#)
- [ASU Living Well with Hearing Loss](#)
- [Hearing Services: Living Well with Hearing Loss | Speech, Language, and Hearing Sciences University of Arizona](#)
- [NAU Speech and Hearing Clinic](#)
- [MAMA HU HEARS Empowering Families With Hearing Loss](#)
- [Tina Childress Resources More Apps & Resources](#)

## Increase Understanding:

- [The speech 'banana': Why some words are harder to hear](#)
- [Hearing Loss Simulator - Find Out What Hearing Loss is Like](#)
- [Hearing Loss Creates a Complicated Relationship With Sound | Psychology Today](#)

