

# Values List

Humour	Accomplishment	Active	Individuality
Participation	Empathy	Sacrifice	Awareness
Honesty	Self-expression	Courage	Positivity
Performance	Direction	Excitement	Loyalty
Partnership	Orderliness	Change	Equality
Productivity	Integrity	Curiosity	Value
Collaboration	Creativity	Security/Safety	Family
Community	Art	Learning	Ambition
Service to others	Independence	Kindness	Leisure
Personal power	Nurturing	Intelligence	Stoicism
Contribution	Accuracy	Challenges	Resilience
Freedom	Adventure	Logic	Generosity
Purpose	Beauty	Dignity	Dependability
Responsibility	Authenticity	Insight	Humility
Connectedness	Zest	Balance	Spontaneity
Excellence	Risk-taking	Compassion	Development
Money	Traditions	Certainty	Control
Fun	Peace	Religion	Discipline
Meaningfulness	Respect	Significance	
Focus	Elegance	Legacy	<i>(Add your own)</i>
Simplicity	Growth	Selflessness	
Romance	Vitality	Novelty	
Recognition	Trust	Charity	
Mindfulness	Fame	Hope	
Harmony	Success	Skilled	
Empowerment	Love	Self-care	
Spirituality	Fairness/Justice	Education	