

DEMONSTRATIONS AND TASTER SESSIONS



We can come to you ...

Hands on Books Project has been designed to be a hub for supporting ongoing creative practice. Anyone is welcome to join our fortnightly sessions at the Castle Centre in Barnstaple but we can also come to you ...

If you run regular coffee mornings, community groups or wellbeing support, why not get in touch and find out more about our two hour demonstrations and taster sessions.

Our hands on activities have many positive benefits, including helping those of us with anxiety, befriending the lonely and empowering anyone with long term health conditions. Finding joy in the making process is for everyone ...

CONTACT CLARE ON THE EMAIL BELOW FOR MORE INFORMATION



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