



Actor and Award-Winning Film Producer Mem Ferda Captivates with Standout Poetry Anthology ‘HAPPYAGONY’

Drawing from the dramatic highs and lows of his life, actor and producer Mem Ferda is now sharing for the first time his poetical talents, in the soon-to-be-released collection HAPPYAGONY – A Collection of Poems by Mem Ferda. With his poems eliciting a gamut of emotions, this creative force captivates as he reflects on subjects that affect us all – youth, love, grief, society and wealth.

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With its intriguing title, HAPPYAGONY, Mem Ferda’s poetic tour de force was unveiled on November 28, 2024. This collection not only showcases Ferda’s boundless creativity but also delves into the profound themes that inspired him to release his poetry for the first time.

Transitioning flawlessly from the visual to the written word, a multitude of descriptive adjectives come to mind, attempting to convey the immense power behind Ferda’s verse. At the top of the list are inspiring, gritty, vivid, and raw.

After experiencing a devastating accident, Mem found solace and release in the art of writing verse. It became an integral part of his healing process and provided him with catharsis. This remarkable collection beautifully presents fifty poems and illustrations that were inspired by his journey towards recovery.

In praise of HAPPYAGONY, reviews include:

“A heartfelt collection that offers a meaningful cathartic reading experience. The pages bleed with feeling” - INDEPENDENT BOOK REVIEW

“HAPPYAGONY is an exceptional and thoughtful collection of modern poetry. Very highly recommended” - READERS’ FAVORITE

“An enterprising anthology exploring many facets of the human experience” – KIRKUS REVIEWS

“HAPPYAGONY is an emotional rollercoaster, perfect for anyone who enjoys introspective poetry and isn’t afraid to explore vulnerability and complex feelings” – LITERARY TITAN

“Mem Ferda’s poetry collection HAPPYAGONY has an air of Ernest Hemingway about them” – REEDSY

“Ferda’s poems are imbued with pervasive melancholy and hard-won wisdom, leavened by flashes of wry humour and searing insight into the human condition” – INDIEREADER

“HAPPYAGONY offers creative and unique autobiographical insight that feels more intimate than a memoir. A worthwhile read for poetry fans” – LOVEREADING

“Emotionally charged, it moved me to tears. The poems give an intense insight into the author’s soul. The perfect poetry collection” – ONLINEBOOK CLUB

Synopsis

Life can be a tumultuous journey, filled with both heartache and joy. Since his teenage years, the actor Mem Ferda has poured his soul into crafting poetry, and now feels compelled to share these words with the world. Through these verses, he strives to awaken deep emotions, ignite inspiration, and spread positivity, all the while offering a glimpse into the tapestry of reality, as seen through his own introspection and experiences.

These poems are like kaleidoscopes, each revealing a unique pattern, open to interpretation based on one’s worldview, values, and principles. They emanate from the depths of the author’s being, bearing the weight of true-life encounters. As readers immerse themselves in these words, they will, hopefully, find solace and delight, just as he has found solace and delight in their creation. If these poems can elicit such a response, then they will have accomplished their purpose.

Published by Troubador Publishing on 28th November 2024, HAPPYAGONY is available to pre-order in hardcover (ISBN No: 978-1836280385) priced £12.65 and paperback (ISBN No: 978-1836280392) priced £9.39 on Amazon at <https://t.ly/NKGai>

It is also available to pre-order at [Waterstones](#) / [WH Smith](#) / [Foyles](#) and all other major bookstores

About the author:



Mem Ferda is a celebrated British actor and award-winning film producer, and now poet, whose profound life journey resonates through every facet of his creativity.

Born in London to a Turkish agricultural minister father and polyglot mother, he developed a passion for acting from a very young age. After achieving a BSc psychology honours degree and an MBA in business administration, he pursued acting training at both LAMDA and RADA.

With over 200 film and TV credits, he has starred alongside Hollywood heavyweights, often portraying heroic and villainous characters. His performances are imbued with authenticity from a life that includes witnessing an assassination attempt and brushes with crime. Alongside his acting career, Mem is a dedicated philanthropist, supporting various international charities.